

Wednesday, September 1, 2021

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Wednesday, September 1 6:00 am - 6:55 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Wednesday, September 1 7:00 am - 7:55 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

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The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Wednesday, September 1 8:00 am - 8:45 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

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This swim is in the Kinsmen Community Outdoor Pool.

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Wednesday, September 1 8:00 am - 8:45 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

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Be sure to read the **frequently asked questions and the new entrance guidelines**.

The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Family Swim at Kinsmen (Pre-registration required)

Date and Time: Wednesday, September 1 9:15 am - 10:25 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must **register online** or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the **frequently asked questions and the new entrance guidelines**.

All children under 16 must be accompanied by an adult who will remain in the pool with them. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Family Swim at Kinsmen (Pre-registration required)

Date and Time: Wednesday, September 1 10:30 am - 11:45 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must **register online** or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the **frequently asked questions and the new entrance guidelines**.

All children under 16 must be accompanied by an adult who will remain in the pool with them. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Wednesday, September 1 12:00 pm - 1:00 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Public Swim at Kinsmen (Pre-registration required)

Date and Time: Wednesday, September 1 1:30 pm - 2:45 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released on Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

For all ages, children under 10 must be accompanied by an adult. Children who do not pass the facility swim test must have an adult in the water within arm's reach at all times. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Public Swim at Kinsmen (Pre-registration required)

Date and Time: Wednesday, September 1 3:15 pm - 4:25 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released on Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

For all ages, children under 10 must be accompanied by an adult. Children who do not pass the facility swim test must have an adult in the water within arm's reach at all times. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Thursday, September 2, 2021

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Thursday, September 2 7:30 am - 8:30 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Aqua Fitness at Kinsmen

Date and Time: Thursday, September 2 9:00 am - 9:50 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. 2021 Waiver must be submitted.

Location: Kinsmen Community Outdoor Pool

Barcode for Tuesday: 12239

Barcode for Thursday: 12245

This class is taught in the Kinsmen pool and offers a full body workout. Equipment such as pool noodles and dumbbells may be used, as well as a variety of intensity levels for all fitness levels. Get ready to dance, jump and splash your way to a healthy lifestyle.

Family Swim at Kinsmen (Pre-registration required)

Date and Time: Thursday, September 2 9:15 am - 10:25 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

All children under 16 must be accompanied by an adult who will remain in the pool with them. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Family Swim at Kinsmen (Pre-registration required)

Date and Time: Thursday, September 2 10:30 am - 11:45 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

All children under 16 must be accompanied by an adult who will remain in the pool with them. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Thursday, September 2 12:00 pm - 1:00 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Aqua Fitness at Kinsmen

Date and Time: Thursday, September 2 12:30 pm - 1:15 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. 2021 Waiver must be submitted.

Location: Kinsmen Community Outdoor Pool

Barcode for Tuesday: 12241

Barcode for Thursday: 12247

This class is taught in the Kinsmen pool and offers a full body workout. Equipment such as pool noodles and dumbbells may be used, as well as a variety of intensity levels for all fitness levels. Get ready to dance, jump and splash your way to a healthy lifestyle.

Public Swim at Kinsmen (Pre-registration required)

Date and Time: Thursday, September 2 1:30 pm - 2:45 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released on Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

For all ages, children under 10 must be accompanied by an adult. Children who do not pass the facility swim test must have an adult in the water within arm's reach at all times. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Public Swim at Kinsmen (Pre-registration required)

Date and Time: Thursday, September 2 3:15 pm - 4:25 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released on Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

For all ages, children under 10 must be accompanied by an adult. Children who do not pass the facility swim test must have an adult in the water within arm's reach at all times. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Thursday, September 2 4:30 pm - 5:30 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Public Swim at Kinsmen (Pre-registration required)

Date and Time: Thursday, September 2 5:45 pm - 7:00 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released on Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

For all ages, children under 10 must be accompanied by an adult. Children who do not pass the facility swim test must have an adult in the water within arm's reach at all times. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Friday, September 3, 2021

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Friday, September 3 6:00 am - 6:55 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Friday, September 3 7:00 am - 7:55 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Friday, September 3 8:00 am - 8:45 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Friday, September 3 8:00 am - 8:45 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Friday, September 3 12:00 pm - 1:00 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Public Swim at Kinsmen (Pre-registration required)

Date and Time: Friday, September 3 1:30 pm - 2:45 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released on Tuesdays at 8:30am. 2021 Waiver must be submitted.

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For all ages, children under 10 must be accompanied by an adult. Children who do not pass the facility swim test must have an adult in the water within arm's reach at all times. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Public Swim at Kinsmen (Pre-registration required)

Date and Time: Friday, September 3 3:15 pm - 4:25 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released on Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

For all ages, children under 10 must be accompanied by an adult. Children who do not pass the facility swim test must have an adult in the water within arm's reach at all times. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Saturday, September 4, 2021

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Saturday, September 4 8:00 am - 8:45 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Saturday, September 4 9:15 am - 10:15 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Public Swim at Kinsmen (Pre-registration required)

Date and Time: Saturday, September 4 10:30 am - 12:00 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released on Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

For all ages, children under 10 must be accompanied by an adult. All children under 16 must be accompanied by an adult who will remain in the pool with them, or they must pass the facility swim test. Children who do not pass the facility swim test must have an adult in the water within arm's reach at all times. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Public Swim at Kinsmen (Pre-registration required)

Date and Time: Saturday, September 4 12:30 pm - 2:00 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released on Tuesdays at 8:30am. 2021 Waiver must be submitted.

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This swim is in the Kinsmen Community Outdoor Pool.

Public Swim at Kinsmen (Pre-registration required)

Date and Time: Saturday, September 4 2:30 pm - 3:55 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released on Tuesdays at 8:30am. 2021 Waiver must be submitted.

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This swim is in the Kinsmen Community Outdoor Pool.

Sunday, September 5, 2021

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Sunday, September 5 8:00 am - 8:45 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

Be sure to read the [frequently asked questions and the new entrance guidelines](#).

The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Lane Swim at Kinsmen (Pre-registration required)

Date and Time: Sunday, September 5 9:15 am - 10:15 am

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released Tuesdays at 8:30am. 2021 Waiver must be submitted.

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The number of lanes available will vary depending on other programs. Lanes are shared, with two people per lane. Equipment is limited in this opening phase; please bring your own equipment from home when possible.

This swim is in the Kinsmen Community Outdoor Pool.

Public Swim at Kinsmen (Pre-registration required)

Date and Time: Sunday, September 5 10:30 am - 12:00 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released on T

uesdays at 8:30am. 2021 Waiver must be submitted.

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This swim is in the Kinsmen Community Outdoor Pool.

Public Swim at Kinsmen (Pre-registration required)

Date and Time: Sunday, September 5 12:30 pm - 2:00 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released on Tuesdays at 8:30am. 2021 Waiver must be submitted.

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This swim is in the Kinsmen Community Outdoor Pool.

Public Swim at Kinsmen (Pre-registration required)

Date and Time: Sunday, September 5 2:30 pm - 3:55 pm

Address: 151 Dundas St. E., Belleville, ON K8N 1C3

Must [register online](#) or register by calling 613-966-4632. Registration is in one week increments released on Tuesdays at 8:30am. 2021 Waiver must be submitted.

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This swim is in the Kinsmen Community Outdoor Pool.

<https://calendar.quintesportsandwellnesscentre.ca>