



Generated April 26, 2024

## November 2022

Programs)

Sunday Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
	12:00 Workout Studio (Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 6:00 Lane Swim (Various Dates/Times) 6:00 Lane Swim (Various Dates/Times) 6:00 Preschool Programs (Various Programs/Date/Time) 6:00 Youth Programs (Various Programs) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Rehabilitation Swim (Various Dates/Times) 6:00 Public Swim (Various Dates/Times) 6:00 Skating Programs (Learn to Skate/Power Skating/Private Lessons - Various Dates/Times) 6:00 Aqua Fitness (Various Programs/Dates/Times) 6:00 Children's Programs (Various Programs) 6:00 Children's Programs (Various Programs) 6:00 Family Swim (Various Programs) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Open Gym (Various Dates/Times) 6:00 Open Gym (Various Dates/Times) 6:00 Open Gym (Various Dates/Times) 6:00 Older Adult Health & Wellness Programs (Various Programs) 9:00 50+ Centre Programs (Various	6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Family Swim (Various Dates/Times) 6:00 Children's Programs (Various Programs) 6:00 Aqua Fitness (Various Programs/Dates/Times) 6:00 Public Swim (Various Dates/Times) 6:00 Rehabilitation Swim (Various Dates/Times) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Youth Programs (Various Programs) 6:00 Preschool Programs (Various Programs/Date/Time) 6:00 Lane Swim (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 6:00 Workout Studio (Various Dates/Times) 9:00 50+ Centre Programs (Various Programs)	6:00 Rehabilitation Swim (Various Dates/Times) 6:00 Public Swim (Various Dates/Times) 6:00 Lane Swim (Various Dates/Times) 6:00 Preschool Programs (Various Programs/Date/Time) 6:00 Youth Programs (Various Programs) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Aqua Fitness (Various Programs) 6:00 Children's Programs/Dates/Times) 6:00 Children's Programs (Various Programs) 6:00 Family Swim (Various Dates/Times) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Open Gym (Various Dates/Times) 6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Older Adult Health & Wellness Programs (Various Dates/Times) 6:00 Parent & Tot (Various Dates/Times) 6:00 Workout Studio (Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 9:00 50+ Centre Programs 4:00 Youth Room Drop-in (Free. Pre- registration required)	6:00 Workout Studio (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 6:00 Rehabilitation Swim (Various Dates/Times) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Lane Swim (Various Dates/Times) 6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Open Gym (Various Dates/Times) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Family Swim (Various Dates/Times) 6:00 Aqua Fitness (Various Programs/Dates/Times) 7:00 Belleville Minor Hockey Mid Season Tilt Rep U10-U13 9:00 50+ Centre Programs (Various Programs) 7:00 Belleville Senators vs. Lehigh Valley Phantoms	6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Open Gym (Various Dates/Times) 6:00 Children's Programs (Various Programs (Various Programs) 6:00 Skating Programs (Learn to Skate/Power Skating/Private Lessons - Various Dates/Times) 6:00 Rehabilitation Swim (Various Dates/Times) 6:00 Public Swim (Various Dates/Times) 6:00 Lane Swim (Various Dates/Times) 6:00 Programs (Various Programs (Various Programs/Date/Time) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Youth Programs (Various Programs) 6:00 Youth Room (Various Dates/Times) 7:00 Belleville Minor Hockey Mid Season Tilt Rep U10-U13 7:00 Belleville Senators vs. Toronto Marlies

		10:00 Family Skating (Helmets Mandatory for all participants) 12:00 Adult				
		Recreational Skating (Helmets Strongly Recommended)				
6 6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Open Gym (Various Dates/Times) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Aqua Fitness (Various Programs/Dates/Times) 6:00 Family Swim (Various Dates/Times) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Lane Swim (Various Dates/Times) 6:00 Public Swim (Various Dates/Times) 6:00 Rehabilitation Swim (Various Dates/Times)	6:00 Workout Studio (Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 6:00 Rehabilitation Swim (Various Dates/Times) 6:00 Public Swim (Various Dates/Times) 6:00 Lane Swim (Various Dates/Times) 6:00 Preschool Programs (Various Programs/Date/Time) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Youth Programs (Various Programs) 6:00 Family Swim (Various Dates/Times)	6:00 Workout Studio (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 6:00 Skating Programs (Learn to Skate/Power Skating/Private Lessons - Various Dates/Times) 6:00 Public Swim (Various Dates/Times) 6:00 Rehabilitation Swim (Various Dates/Times) 6:00 Youth Programs (Various Programs) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Preschool Programs (Various	9 6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Aqua Fitness (Various Programs/Dates/Times) 6:00 Children's Programs (Various Programs) 6:00 Family Swim (Various Dates/Times) 6:00 Recreational Skating (Various Dates/Times) 6:00 Rehabilitation Swim (Various Dates/Times) 6:00 Public Swim (Various Dates/Times) 6:00 Public Swim (Various Dates/Times) 6:00 Lane Swim	6:00 Public Swim (Various Dates/Times) 6:00 Rehabilitation Swim (Various Dates/Times) 6:00 Youth Programs (Various Programs) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Preschool Programs (Various Programs/Date/Time) 6:00 Lane Swim (Various Dates/Times) 6:00 Family Swim (Various Dates/Times) 6:00 Children's Programs (Various Programs) 6:00 Aqua Fitness (Various Programs/Dates/Times)	5:00 Remembrance Day - No Recreation Programs or Pool Programs or Customer Service Desk (Regular Ice/FDC Track Open) 5:00 No Programs (including pool), Customer Service Desk Closed - Regular Ice and FDC Track Only	6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Open Gym (Various Dates/Times) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Children's Programs (Various Programs) 6:00 Recreational Skating (Various Dates/Times) 6:00 Skating Programs (Learn to Skatte/Power Skating/Private Lessons - Various Dates/Times) 6:00 Rehabilitation Swim (Various
6:00 Workout Studio (Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 2:00 Belleville NHL Alumni Hockey Game 7:00 Belleville Minor Hockey Mid Season Tilt Rep U10-U13	(Various Dates/Times) 6:00 Aqua Fitness (Various Programs/Dates/Times) 6:00 Children's Programs (Various Programs) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Open Gym (Various Dates/Times) 6:00 Older Adult Health & Wellness Programs (Various Programs) 9:00 Senior Shinny (50+ - Helmets are mandatory) 9:00 50+ Centre Programs (Various Programs) 12:00 Adult Shinny (16+ - Helmets are mandatory)	Programs/Date/Time) 6:00 Lane Swim (Various Dates/Times) 6:00 Family Swim (Various Dates/Times) 6:00 Children's Programs (Various Programs) 6:00 Aqua Fitness (Various Programs/Dates/Times) 6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Parent & Tot (Various Dates/Times) 6:00 Open Gym (Various Dates/Times) 6:00 Adult Health & Wellness Programs (Various Dates/Times) 6:00 Adult Health & Wellness Programs (Various Programs) 9:00 50+ Centre Programs (Various Programs) 10:00 Family Skating (Helmets Mandatory for all participants) 12:00 Adult Recreational Skating (Helmets Strongly Recommended)	(Various Dates/Times) 6:00 Preschool Programs (Various Programs/Date/Time) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Youth Programs (Various Programs) 6:00 Youth Room (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 6:00 Workout Studio (Various Dates/Times) 9:00 50+ Centre Programs (Various Programs)	6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Open Gym (Various Dates/Times) 6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Parent & Tot (Various Dates/Times) 6:00 Workout Studio (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 9:00 50+ Centre Programs (Various Programs)		Dates/Times) 6:00 Public Swim (Various Dates/Times) 6:00 Lane Swim (Various Dates/Times) 6:00 Preschool Programs (Various Programs/Date/Time) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Youth Programs (Various Programs) 6:00 Youth Room (Various Dates/Times) 11:00 Quinte Toycon 7:00 Belleville Senators vs. Rochester Americans
13 6:00 Public Swim	14 6:00 Youth Room (Various Dates/Times)	15 6:00 Skating Programs (Learn to Skate/Power	16 6:00 Rehabilitation Swim (Various	17 6:00 Workout Studio (Various Dates/Times)	18 6:00 Rehabilitation Swim (Various	6:00 Youth Room (Various

6:00 Rehabilitation	6:00 Senior's Swim	Skating/Private	Dates/Times)	6:00 Senior's Swim	Dates/Times)	Dates/Times)
Swim (Various	(Various Dates/Times)	Lessons - Various Dates/Times)	6:00 Public Swim	(Various Dates/Times)	6:00 Lane Swim	6:00 Older Adult
Dates/Times)	6:00 Workout Studio	6:00 Public Swim	(Various Dates/Times)	6:00 Youth Room	(Various Dates/Times)	Health & Wellness Programs (Various
6:00 Gymnasium, Sports & Games	(Various Dates/Times)	(Various Dates/Times)	6:00 Preschool Programs (Various	(Various Dates/Times)	6:00 Gymnasium, Sports & Games	Programs)
(Various Programs)	6:00 Older Adult Health & Wellness Programs	6:00 Rehabilitation	Programs/Date/Time)	6:00 Public Swim (Various Dates/Times)	(Various Programs)	6:00 Adult Health &
6:00 Lane Swim	(Various Programs)	Swim (Various Dates/Times)	6:00 Gymnasium,	6:00 Rehabilitation	6:00 Older Adult Health	Wellness Programs (Various Programs)
(Various Dates/Times)	6:00 Open Gym	6:00 Youth Programs	Sports & Games (Various Programs)	Swim (Various	& Wellness Programs (Various Programs)	6:00 Open Gym
6:00 Recreational	(Various Dates/Times)	(Various Programs)	`	Dates/Times)		(Various
Skating (Various Dates/Times)	6:00 Adult Health &	6:00 Gymnasium,	6:00 Youth Programs (Various Programs)	6:00 Youth Programs	6:00 Open Gym (Various Dates/Times)	Dates/Times)
6:00 Family Swim	Wellness Programs (Various Programs)	Sports & Games (Various Programs)	6:00 Older Adult Health	(Various Programs)	6:00 Adult Health &	6:00 Recreational
(Various Dates/Times)	6:00 Aqua Fitness	<b>,</b>	& Wellness Programs	6:00 Gymnasium, Sports & Games	Wellness Programs	Skating (Various Dates/Times)
6:00 Aqua Fitness	(Various	6:00 Preschool Programs (Various	(Various Programs)	(Various Programs)	(Various Programs)	6:00 Children's
(Various Programs/Dates/Times)	Programs/Dates/Times)	Programs/Date/Time)	6:00 Adult Health & Wellness Programs	6:00 Preschool	6:00 Aqua Fitness (Various	Programs (Various
6:00 Adult Health &	6:00 Children's Programs (Various	6:00 Lane Swim	(Various Programs)	Programs (Various Programs/Date/Time)	Programs/Dates/Times)	Programs)
Wellness Programs	Programs)	(Various Dates/Times)	6:00 Aqua Fitness	6:00 Lane Swim	6:00 Recreational	6:00 Skating Programs (Learn to
(Various Programs)	6:00 Family Swim	6:00 Recreational Skating (Various	(Various Programs/Dates/Times)	(Various Dates/Times)	Skating (Various Dates/Times)	Skate/Power
6:00 Open Gym (Various Dates/Times)	(Various Dates/Times)	Dates/Times)	6:00 Children's	6:00 Family Swim	6:00 Family Swim	Skating/Private Lessons - Various
`	6:00 Recreational	6:00 Family Swim	Programs (Various	(Various Dates/Times)	(Various Dates/Times)	Dates/Times)
6:00 Older Adult Health & Wellness Programs	Skating (Various Dates/Times)	(Various Dates/Times)	Programs)	6:00 Recreational	6:00 Youth Room	6:00 Rehabilitation
(Various Programs)	6:00 Lane Swim	6:00 Children's	6:00 Family Swim	Skating (Various Dates/Times)	(Various Dates/Times)	Swim (Various Dates/Times)
6:00 Workout Studio	(Various Dates/Times)	Programs (Various Programs)	(Various Dates/Times)	6:00 Children's	6:00 Senior's Swim	6:00 Public Swim
(Various Dates/Times)	6:00 Preschool	6:00 Aqua Fitness	6:00 Youth Room (Various Dates/Times)	Programs (Various	(Various Dates/Times)	(Various
6:00 Youth Room (Various Dates/Times)	Programs (Various Programs/Date/Time)	(Various	6:00 Senior's Swim	Programs)	6:00 Workout Studio (Various Dates/Times)	Dates/Times)
( various Butes Times)	6:00 Gymnasium,	Programs/Dates/Times)	(Various Dates/Times)	6:00 Aqua Fitness (Various	9:00 50+ Centre	6:00 Gymnasium,
	Sports & Games	6:00 Adult Health & Wellness Programs	6:00 Workout Studio	Programs/Dates/Times)	Programs (Various	Sports & Games (Various Programs)
	(Various Programs)	(Various Programs)	(Various Dates/Times)	6:00 Adult Health &	Programs)	6:00 Youth Programs
	6:00 Youth Programs	6:00 Open Gym	9:00 50+ Centre	Wellness Programs	5:00 Kids Pop-up Event	(Various Programs)
	(Various Programs)	(Various Dates/Times)	Programs (Various Programs)	(Various Programs)	- Ceramic Gnome Painting	6:00 Lane Swim
	6:00 Rehabilitation Swim (Various	6:00 Older Adult Health	7:00 Belleville Senators	6:00 Open Gym (Various Dates/Times)	6:30 Youth Pop-up	(Various Dates/Times)
	Dates/Times)	& Wellness Programs (Various Programs)	vs. Cleveland Monsters	6:00 Older Adult Health	Event - Cardinal Winter	6:00 Preschool
	6:00 Public Swim	6:00 Parent & Tot		& Wellness Programs	Scene Painting	Programs (Various
	(Various Dates/Times)	(Various Dates/Times)		(Various Programs)	7:00 Belleville Senators vs. Toronto Marlies	Programs/Date/Time)
	9:00 50+ Centre Programs (Various	6:00 Workout Studio		6:00 Parent & Tot (Various Dates/Times)		7:00 Belleville Senators vs.
	Programs)	(Various Dates/Times)		9:00 50+ Centre		Syracuse Crunch
		6:00 Senior's Swim (Various Dates/Times)		Programs (Various Programs)		
		6:00 Youth Room (Various Dates/Times)		,		
		9:00 50+ Centre				
		Programs (Various Programs)				
20	21	22	23	24	25	26
6:00 Workout Studio (Various Dates/Times)	6:00 Older Adult Health & Wellness Programs	6:00 Skating Programs (Learn to Skate/Power	6:00 Rehabilitation Swim (Various	6:00 Public Swim (Various Dates/Times)	6:00 Rehabilitation Swim (Various	6:00 Skating Programs (Learn to
`	(Various Programs)	Skating/Private	Dates/Times)	<b></b>	Dates/Times)	Skate/Power
6:00 Youth Room (Various Dates/Times)	6:00 Adult Health &	Lessons - Various Dates/Times)	6:00 Public Swim	6:00 Rehabilitation Swim (Various	6:00 Gymnasium,	Skating/Private Lessons - Various
6:00 Lane Swim	Wellness Programs	,	(Various Dates/Times)	Dates/Times)	Sports & Games	Dates/Times)
(Various Dates/Times)	(Various Programs)	6:00 Public Swim (Various Dates/Times)	6:00 Gymnasium,	6:00 Preschool	(Various Programs)	6:00 Preschool
6:00 Gymnasium,	6:00 Open Gym (Various Dates/Times)	6:00 Rehabilitation	Sports & Games (Various Programs)	Programs (Various Programs/Date/Time)	6:00 Lane Swim (Various Dates/Times)	Programs (Various
Sports & Games (Various Programs)	6:00 Family Swim	Swim (Various	6:00 Youth Programs	6:00 Lane Swim	6:00 Older Adult Health	Programs/Date/Time)
6:00 Public Swim	(Various Dates/Times)	Dates/Times)	(Various Programs)	(Various Dates/Times)	& Wellness Programs	6:00 Gymnasium, Sports & Games
(Various Dates/Times)	6:00 Recreational	6:00 Preschool Programs (Various	6:00 Lane Swim	6:00 Youth Programs	(Various Programs)	(Various Programs)
6:00 Rehabilitation	Skating (Various Dates/Times)	Programs/Date/Time)	(Various Dates/Times)	(Various Programs)	6:00 Open Gym (Various Dates/Times)	6:00 Youth Programs
Swim (Various Dates/Times)	6:00 Aqua Fitness	6:00 Lane Swim	6:00 Preschool Programs (Various	6:00 Gymnasium, Sports & Games	6:00 Adult Health &	(Various Programs)
6:00 Aqua Fitness	(Various	(Various Dates/Times)	Programs/Date/Time)	(Various Programs)	Wellness Programs	6:00 Templeman Aquatic Centre
(Various	Programs/Dates/Times)	6:00 Youth Programs (Various Programs)	6:00 Older Adult Health	6:00 Children's	(Various Programs)	Closed for Swim
Programs/Dates/Times)	6:00 Children's		& Wellness Programs	Programs (Various	6:00 Recreational	Meet

6:00 Recreational Skating (Various Dates/Times) 6:00 Family Swim (Various Dates/Times) 6:00 Open Gym (Various Dates/Times) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Older Adult Health & Wellness Programs (Various Programs)	Programs) 6:00 Rehabilitation Swim (Various Dates/Times) 6:00 Public Swim (Various Dates/Times) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Youth Programs (Various Programs) 6:00 Lane Swim (Various Dates/Times) 6:00 Preschool Programs (Various Programs/Date/Time) 6:00 Youth Room (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 6:00 Workout Studio (Various Dates/Times) 9:00 50+ Centre Programs (Various Programs)	Sports & Games (Various Programs)  6:00 Children's Programs (Various Programs)  6:00 Aqua Fitness (Various Programs/Dates/Times)  6:00 Recreational Skating (Various Dates/Times)  6:00 Family Swim (Various Dates/Times)  6:00 Open Gym (Various Dates/Times)  6:00 Adult Health & Wellness Programs (Various Programs)  6:00 Older Adult Health & Wellness Programs (Various Programs)  6:00 Parent & Tot (Various Dates/Times)  6:00 Workout Studio (Various Dates/Times)  6:00 Senior's Swim (Various Dates/Times)  6:00 Youth Room (Various Dates/Times)  9:00 50+ Centre Programs (Various Programs)	6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Family Swim (Various Dates/Times) 6:00 Aqua Fitness (Various Programs/Dates/Times) 6:00 Children's Programs (Various Programs) 6:00 Youth Room (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 6:00 Workout Studio (Various Dates/Times) 9:00 50+ Centre Programs (Various Programs) Programs)	6:00 Aqua Fitness (Various Programs/Dates/Times) 6:00 Family Swim (Various Dates/Times) 6:00 Recreational Skating (Various Dates/Times) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Open Gym (Various Dates/Times) 6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Parent & Tot (Various Dates/Times) 6:00 Workout Studio (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 9:00 50+ Centre Programs (Various Programs)	Dates/Times) 6:00 Family Swim (Various Dates/Times) 6:00 Aqua Fitness (Various Programs/Dates/Times) 6:00 Youth Room (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 6:00 Workout Studio (Various Dates/Times) 8:00 PA Day Camps 9:00 50+ Centre Programs (Various Programs) 2:55 Templeman Aquatic Centre Closed for Swim Meet 4:00 Belleville Beast Swim Team Fall Invitational 7:00 Belleville Senators vs. Laval Rocket	6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Open Gym (Various Dates/Times) 6:00 Children's Programs (Various Programs) 6:00 Recreational Skating (Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 8:00 Belleville Beast Swim Team Fall Invitational 7:00 Belleville Senators vs. Laval Rocket
6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Recreational Skating (Various Dates/Times) 6:00 Open Gym (Various Dates/Times) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Templeman Aquatic Centre Closed for Swim Meet 6:00 Workout Studio (Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 8:00 Belleville Beast Swim Team Fall Invitational	6:00 Pickleball - Various Levels/Dates/Times 6:00 Workout Studio (Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Open Gym (Various Dates/Times) 6:00 Recreational Skating (Various Dates/Times) 6:00 Family Swim (Various Dates/Times) 6:00 Children's Programs (Various Programs) 6:00 Aqua Fitness (Various Programs/Dates/Times) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Youth Programs (Various Programs)	6:00 Skating Programs (Learn to Skate/Power Skating/Private Lessons - Various Dates/Times) 6:00 Public Swim (Various Dates/Times) 6:00 Rehabilitation Swim (Various Dates/Times) 6:00 Lane Swim (Various Dates/Times) 6:00 Preschool Programs (Various Programs/Date/Time) 6:00 Youth Programs (Various Programs) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Aqua Fitness (Various Programs) 6:00 Aqua Fitness (Various Programs) 6:00 Children's Programs/Dates/Times) 6:00 Family Swim (Various Dates/Times) 6:00 Recreational Skating (Various Dates/Times) 6:00 Open Gym (Various Dates/Times)	6:00 Rehabilitation Swim (Various Dates/Times) 6:00 Public Swim (Various Dates/Times) 6:00 Gymnasium, Sports & Games (Various Programs) 6:00 Youth Programs (Various Programs) 6:00 Preschool Programs (Various Programs/Date/Time) 6:00 Lane Swim (Various Dates/Times) 6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Family Swim (Various Programs) 6:00 Family Swim (Various Dates/Times) 6:00 Children's Programs (Various Programs) 6:00 Aqua Fitness (Various Programs/Dates/Times) 6:00 Pickleball - Various Levels/Dates/Times 6:00 Workout Studio			

	6:00 Preschool Programs (Various Programs/Date/Time) 6:00 Lane Swim (Various Dates/Times) 6:00 Rehabilitation Swim (Various Dates/Times) 6:00 Public Swim (Various Dates/Times) 9:00 50+ Centre Programs (Various Programs)	6:00 Adult Health & Wellness Programs (Various Programs) 6:00 Older Adult Health & Wellness Programs (Various Programs) 6:00 Parent & Tot (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 6:00 Workout Studio (Various Dates/Times) 6:00 Pickleball - Various Levels/Dates/Times 9:00 50+ Centre	(Various Dates/Times) 6:00 Youth Room (Various Dates/Times) 6:00 Senior's Swim (Various Dates/Times) 9:00 50+ Centre Programs (Various Programs)		

 $\underline{https://calendar.quintesports and wellness centre.ca}$