

# Quinte Sports and Wellness Centre Calendar



Generated April 24, 2024

## September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 6:00 Templeman Aquatic Centre Closed For Annual Maintenance 7:00 Workout Studio (Various time slots) 8:00 Summer Spectacular Camp (6-11 years) 8:00 Summer Extravaganza Camp (4-11 years) 8:00 Wacky Water Sports Camp (8-13 years) 8:30 Fall Program Registration for Non-City Taxpayers 4:00 Quinte Exhibition Fall Fair 4:15 Open Gym 5:15 Open Gym 7:15 Volleyball - Recreational/Beginner	2 12:00 Quinte Exhibition Fall Fair 6:00 Templeman Aquatic Centre Closed For Annual Maintenance 7:00 Workout Studio (Various time slots) 8:00 Summer Spectacular Camp (6-11 years) 8:00 Wacky Water Sports Camp (8-13 years) 8:00 Summer Extravaganza Camp (4-11 years) 8:45 Pickleball - Intermediate	3 12:00 Quinte Exhibition Fall Fair 6:00 Templeman Aquatic Centre Closed For Annual Maintenance
4 12:00 Quinte Exhibition Fall Fair 6:00 Templeman Aquatic Centre Closed For Annual Maintenance	5 5:00 QSWC Closed for Labour Day 6:00 Templeman Aquatic Centre Closed For Annual Maintenance	6 6:00 Templeman Aquatic Centre Closed For Annual Maintenance	7 6:00 Templeman Aquatic Centre Closed For Annual Maintenance 12:00 Registration for Recreational Swims and Aquafit Begins	8 6:00 Templeman Aquatic Centre Closed For Annual Maintenance	9 6:00 Templeman Aquatic Centre Closed For Annual Maintenance	10 6:00 Templeman Aquatic Centre Closed For Annual Maintenance 1:00 Belleville Sports Hall of Fame 25th Induction Ceremony
11 6:00 Templeman Aquatic Centre Closed For Annual	12 6:00 Templeman Aquatic Centre Closed For Annual	13 6:00 Templeman Aquatic Centre Closed For Annual	14 6:00 Templeman Aquatic Centre Closed For Annual	15 7:00 Rehabilitation Swim 7:00-8:00am (Therapy Pool)	16 6:00 Lane Swim - 6:00-6:55am (Main Pool)	17 8:00 Rehabilitation Swim 8:00-

Maintenance	Maintenance	Maintenance	Maintenance	7:00 Lane Swim - 7:00-7:55am (Main Pool) 8:00 Lane Swim - 8:00-8:45am (1/2 Main Pool) 9:00 Lane Swim - 9:00-9:55am (Main Pool) 9:00 50+ Centre Programs (Various Programs) 10:00 Family Swim - 10:00-10:45am (Main Pool Only) 11:15 Public Swim 11:15-12:30pm (Main Pool Only) 2:00 Senior's Swim 2:00-3:00pm (Main Pool or Therapy Pool) 3:00 Lane Swim - 3:00-3:45pm (Main Pool) 3:15 Parent and Tot Swim 3:15-4:00pm (Therapy Pool/Preschool Pool) 8:00 Lane Swim - 8:00-8:45pm (Main Pool)	7:00 Lane Swim - 7:00-7:55am (Main Pool) 8:00 Lane Swim - 8:00-8:45am (Main Pool) 9:00 50+ Centre Programs (Various Programs) 9:00 Family Swim - 9:00-10:00am (Main Pool Only) 10:00 Family Swim - 10:00-11:00am (Therapy and Preschool Pool Only) 2:00 Senior's Swim 2:00-3:00pm (Therapy Pool) 3:00 Lane Swim - 3:00-3:45pm (Main Pool) 4:00 Rehabilitation Swim 4:00-5:00pm	9:00am (Therapy Pool) 10:00 Kinders in Action 1:00 Lane Swim - 1:00-2:00pm (1/2 Main Pool) 1:00 Public Swim 1:00-2:00pm (All pools) 2:15 Public Swim 2:15-3:15pm (All pools) 2:15 Lane Swim - 2:15-3:15pm (1/2 Main Pool)
18 8:00 Rehabilitation Swim 8:00-9:00am (Therapy Pool) 8:00 Lane Swim - 8:00-8:55 am (Main Pool) 9:00 Lane Swim - 9:00 - 10:00 am (1/2 Main Pool) 9:00 Family Swim - 9:00-10:15am (All Pools) 1:00 Lane Swim - 1:00-2:00pm (1/2 Main Pool) 1:00 Public Swim 1:00-2:00pm (All pools) 2:15 Public Swim 2:15-3:15pm (All pools) 2:15 Lane Swim - 2:15-3:15pm (1/2 Main Pool)	19 6:00 Lane Swim - 6:00-6:55am (Main Pool) 7:00 Lane Swim - 7:00-7:55am (Main Pool) 8:00 Rehabilitation Swim 8:00-9:00am (Therapy Pool) 9:00 Family Swim - 9:00-10:00am (Main Pool Only) 9:00 Aqua Fitness - 9:00-9:50am 9:00 50+ Centre Programs (Various Programs) 10:00 Aqua Fitness - 10:00-10:50am 11:00 Lane Swim - 11:00am-12:00pm (1/2 Main Pool) 11:15 Public Swim 11:15-12:30pm (Main Pool Only) 12:00 Deep Aqua Fitness 1:00 Arthritis & Fibromyalgia Fitness	20 7:00 Lane Swim - 7:00-7:55am (Main Pool) 7:00 Rehabilitation Swim 7:00-8:45am (Therapy Pool) 8:00 Lane Swim - 8:00-8:45am (1/2 Main Pool) 9:00 Lane Swim - 9:00-9:55am (Main Pool) 9:00 50+ Centre Programs (Various Programs) 10:00 Lane Swim - 10:00-10:45am (1/2 Main Pool) 11:15 Public Swim 11:15-12:30pm (Therapy & Preschool Pool Only) 2:00 Senior's Swim 2:00-3:00pm (Main Pool or Therapy Pool) 3:00 Lane Swim - 3:00-3:45pm (Main Pool) 3:15 Parent and Tot Swim 3:15-4:00pm	21 6:00 Lane Swim - 6:00-6:55am (Main Pool) 7:00 Lane Swim - 7:00-7:55am (Main Pool) 7:00 Rehabilitation Swim 7:00-8:00am (Therapy Pool) 8:00 Lane Swim - 8:00-8:45am (Main Pool) 9:00 50+ Centre Programs (Various Programs) 9:00 Family Swim - 9:00-10:00am (Main Pool Only) 11:00 Lane Swim - 11:00am-12:00pm (1/2 Main Pool) 11:15 Public Swim 11:15-12:30pm (Main Pool Only) 2:00 Senior's Swim 2:00-3:00pm (Main Pool or Therapy Pool) 3:00 Rehabilitation Swim 3:00-4:00pm (Therapy Pool)	22 7:00 Rehabilitation Swim 7:00-8:00am (Therapy Pool) 7:00 Lane Swim - 7:00-7:55am (Main Pool) 8:00 Lane Swim - 8:00-8:45am (1/2 Main Pool) 9:00 Lane Swim - 9:00-9:55am (Main Pool) 9:00 50+ Centre Programs (Various Programs) 11:15 Public Swim 11:15-12:30pm (Therapy & Preschool Pool Only) 2:00 Senior's Swim 2:00-3:00pm (Main Pool or Therapy Pool) 3:00 Lane Swim - 3:00-3:45pm (Main Pool) 3:15 Parent and Tot Swim 3:15-4:00pm (Therapy Pool/Preschool Pool) 8:00 Lane Swim -	23 6:00 Lane Swim - 6:00-6:55am (Main Pool) 7:00 Lane Swim - 7:00-7:55am (Main Pool) 8:00 Lane Swim - 8:00-8:45am (Main Pool) 9:00 50+ Centre Programs (Various Programs) 9:00 Family Swim - 9:00-10:00am (Main Pool Only) 10:00 Family Swim - 10:00-11:00am (Therapy and Preschool Pool Only) 2:00 Senior's Swim 2:00-3:00pm (Therapy Pool) 3:00 Lane Swim - 3:00-3:45pm (Main Pool) 4:00 Rehabilitation Swim 4:00-5:00pm 5:00 Kids Pop Up Event - Tissue Paper Lanterns	24 8:00 Rehabilitation Swim 8:00-9:00am (Therapy Pool) 9:00 Youth Room Drop-in (Free. Pre-registration required) 10:00 Kinders in Action 1:00 Lane Swim - 1:00-2:00pm (1/2 Main Pool) 1:00 Public Swim 1:00-2:00pm (All pools) 2:15 Public Swim 2:15-3:15pm (All pools) 2:15 Lane Swim - 2:15-3:15pm (1/2 Main Pool)

	2:00 Senior's Swim 2:00-3:00pm (Main Pool or Therapy Pool)  3:00 Rehabilitation Swim 3:00-4:30pm (Therapy Pool)  3:45 Lane Swim - 3:45-4:30pm (Main Pool)  3:45 Lane Swim - 3:45-4:30pm (Main Pool)  8:00 Lane Swim - 8:00-8:45pm (1/2 Main Pool)	(Therapy Pool/Preschool Pool)  7:30 Public Swim 7:30-8:55pm (All pools)  8:00 Lane Swim - 8:00-8:45pm (1/2 Main Pool)	3:45 Lane Swim - 3:45-4:30pm (Main Pool)  3:45 Lane Swim - 3:45-4:30pm (Main Pool)	8:00-8:45pm (Main Pool)	5:00 Kids Pop Up Event - Tissue Paper Lantern  6:30 Youth Pop-up Event - Tissue Paper Lanterns	
25  8:00 Rehabilitation Swim 8:00-9:00am (Therapy Pool)  8:00 Lane Swim - 8:00-8:55 am (Main Pool)  9:00 Lane Swim - 9:00 - 10:00 am (1/2 Main Pool)  9:00 Family Swim - 9:00-10:15am (All Pools)  10:00 Youth Room Drop-in (Free. Pre-registration required)  1:00 Lane Swim - 1:00-2:00pm (1/2 Main Pool)  1:00 Public Swim 1:00-2:00pm (All pools)  2:15 Public Swim 2:15-3:15pm (All pools)  2:15 Lane Swim - 2:15-3:15pm (1/2 Main Pool)	26  6:00 Lane Swim - 6:00-6:55am (Main Pool)  7:00 Lane Swim - 7:00-7:55am (Main Pool)  8:00 Rehabilitation Swim 8:00-9:00am (Therapy Pool)  8:00 PA Day Camps  9:00 Aqua Fitness - 9:00-9:50am  9:00 Family Swim - 9:00-10:00am (Main Pool Only)  9:00 50+ Centre Programs (Various Programs)  10:00 Aqua Fitness - 10:00-10:50am  11:00 Lane Swim - 11:00am-12:00pm (1/2 Main Pool)  11:15 Public Swim 11:15-12:30pm (Main Pool Only)  12:00 Deep Aqua Fitness  1:00 Arthritis & Fibromyalgia Fitness  2:00 Senior's Swim 2:00-3:00pm (Main Pool or Therapy Pool)  3:00 Rehabilitation Swim 3:00-4:30pm (Therapy Pool)  3:45 Lane Swim - 3:45-4:30pm (Main Pool)  3:45 Lane Swim - 3:45-4:30pm (Main Pool)  8:00 Lane Swim - 8:00-8:45pm (1/2 Main Pool)	27  7:00 Lane Swim - 7:00-7:55am (Main Pool)  7:00 Rehabilitation Swim 7:00-8:45am (Therapy Pool)  8:00 Lane Swim - 8:00-8:45am (1/2 Main Pool)  9:00 Lane Swim - 9:00-9:55am (Main Pool)  9:00 50+ Centre Programs (Various Programs)  10:00 Lane Swim - 10:00-10:45am (1/2 Main Pool)  10:00 Family Swim - 10:00-10:45am (Main Pool Only)  11:15 Public Swim 11:15-12:30pm (Therapy & Pre-school Pool Only)  2:00 Senior's Swim 2:00-3:00pm (Main Pool or Therapy Pool)  3:00 Lane Swim - 3:00-3:45pm (Main Pool)  3:15 Parent and Tot Swim 3:15-4:00pm (Therapy Pool/Preschool Pool)  3:30 Youth Room Drop-in (Free. Pre-registration required)  7:30 Public Swim 7:30-8:55pm (All pools)  8:00 Lane Swim - 8:00-8:45pm (1/2 Main Pool)	28  6:00 Lane Swim - 6:00-6:55am (Main Pool)  7:00 Lane Swim - 7:00-7:55am (Main Pool)  7:00 Rehabilitation Swim 7:00-8:00am (Therapy Pool)  8:00 Lane Swim - 8:00-8:45am (Main Pool)  9:00 50+ Centre Programs (Various Programs)  9:00 Family Swim - 9:00-10:00am (Main Pool Only)  11:00 Lane Swim - 11:00am-12:00pm (1/2 Main Pool)  11:15 Public Swim 11:15-12:30pm (Main Pool Only)  2:00 Senior's Swim 2:00-3:00pm (Main Pool or Therapy Pool)  3:00 Rehabilitation Swim 3:00-4:00pm (Therapy Pool)  3:45 Lane Swim - 3:45-4:30pm (Main Pool)  3:45 Lane Swim - 3:45-4:30pm (Main Pool)  5:30 Youth Room Drop-in (Free. Pre-registration required)	29  7:00 Rehabilitation Swim 7:00-8:00am (Therapy Pool)  7:00 Lane Swim - 7:00-7:55am (Main Pool)  8:00 Lane Swim - 8:00-8:45am (1/2 Main Pool)  9:00 Lane Swim - 9:00-9:55am (Main Pool)  9:00 50+ Centre Programs (Various Programs)  11:15 Public Swim 11:15-12:30pm (Therapy & Pre-school Pool Only)  2:00 Senior's Swim 2:00-3:00pm (Main Pool or Therapy Pool)  3:00 Lane Swim - 3:00-3:45pm (Main Pool)  3:15 Parent and Tot Swim 3:15-4:00pm (Therapy Pool/Preschool Pool)  5:30 Youth Room Drop-in (Free. Pre-registration required)  8:00 Lane Swim - 8:00-8:45pm (Main Pool)	30  5:00 Special Schedule for September 30 (National Day for Truth & Reconciliation)  9:00 BMHA Pre-Season Tilt  7:00 NHL Pre-Season Game - Ottawa Senators vs Toronto Maple Leafs	

