



August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
31	1	2	3	4	5	6	
	<p>QSWC Operations - Regular Ice/FDC Track Open (no programs, customer service desk/admin offices closed) 5:00 a.m. - 11:00 p.m.</p>	<p>Lane Swim 7:00 a.m. - 8:00 a.m.</p> <p>Rehabilitation Swim 7:00 a.m. - 8:45 a.m.</p> <p>Workout Studio (Various time slots) 7:00 a.m.</p> <p>Aqua Fitness 8:00 a.m. - 8:45 a.m.</p> <p>Lane Swim 8:00 a.m. - 8:45 a.m.</p> <p>Summer Spectacular Camp (6-11years) 8:00 a.m. - 5:00 p.m.</p> <p>Wacky Water Sports Camp (8-13years) 8:00 a.m. - 5:00 p.m.</p> <p>Summer Extravaganza Camp (4-11years) 8:00 a.m. - 5:00 p.m.</p> <p>Family Swim (Main Pool Only) 8:45 a.m. - 10:00 a.m.</p> <p>Therapy Fitness 9:00 a.m. - 9:50 a.m.</p> <p>Lane Swim 9:00 a.m. - 10:00 a.m.</p> <p>Aqua Fitness 10:00 a.m. - 10:50 a.m.</p> <p>Lane Swim 12:00 p.m. - 1:00 p.m.</p> <p>Pickleball - Beginner 1:00 p.m. - 3:00 p.m.</p>	<p>Lane Swim 6:00 a.m. - 7:00 a.m.</p> <p>Rehabilitation Swim 6:30 a.m. - 8:45 a.m.</p> <p>Lane Swim 7:00 a.m. - 8:00 a.m.</p> <p>Workout Studio (Various time slots) 7:00 a.m.</p> <p>Summer Spectacular Camp (6-11years) 8:00 a.m. - 5:00 p.m.</p> <p>Lane Swim 8:00 a.m. - 8:45 a.m.</p> <p>Wacky Water Sports Camp (8-13years) 8:00 a.m. - 5:00 p.m.</p> <p>Summer Extravaganza Camp (4-11years) 8:00 a.m. - 5:00 p.m.</p> <p>Family Swim 8:45 a.m. - 10:00 a.m.</p> <p>Pickleball - Intermediate 8:45 a.m. - 10:30 a.m.</p> <p>Aqua Fitness 9:00 a.m. - 9:50 a.m.</p> <p>Aqua Fitness 10:00 a.m. - 10:50 a.m.</p>	<p>Lane Swim 7:00 a.m. - 8:00 a.m.</p> <p>Rehabilitation Swim 7:00 a.m. - 8:45 a.m.</p> <p>Workout Studio (Various time slots) 7:00 a.m.</p> <p>Aqua Fitness 8:00 a.m. - 8:45 a.m.</p> <p>Lane Swim 8:00 a.m. - 8:45 a.m.</p> <p>Summer Spectacular Camp (6-11years) 8:00 a.m. - 5:00 p.m.</p> <p>Wacky Water Sports Camp (8-13years) 8:00 a.m. - 5:00 p.m.</p> <p>Summer Extravaganza Camp (4-11years) 8:00 a.m. - 5:00 p.m.</p> <p>Family Swim 8:45 a.m. - 10:00 a.m.</p> <p>Pickleball - Intermediate 8:45 a.m. - 10:30 a.m.</p> <p>Aqua Fitness 9:00 a.m. - 9:50 a.m.</p> <p>Family Swim (Main Pool Only) 8:45 a.m. -</p>	<p>Lane Swim 7:00 a.m. - 8:00 a.m.</p> <p>Rehabilitation Swim 7:00 a.m. - 8:45 a.m.</p> <p>Workout Studio (Various time slots) 7:00 a.m.</p> <p>Aqua Fitness 8:00 a.m. - 8:45 a.m.</p> <p>Lane Swim 8:00 a.m. - 8:45 a.m.</p> <p>Summer Spectacular Camp (6-11years) 8:00 a.m. - 5:00 p.m.</p> <p>Wacky Water Sports Camp (8-13years) 8:00 a.m. - 5:00 p.m.</p> <p>Summer Extravaganza Camp (4-11years) 8:00 a.m. - 5:00 p.m.</p> <p>Family Swim 8:45 a.m. -</p>	<p>Lane Swim 6:00 a.m. - 7:00 a.m.</p> <p>Rehabilitation Swim 6:30 a.m. - 8:45 a.m.</p> <p>Workout Studio (Various time slots) 7:00 a.m.</p> <p>Lane Swim 7:00 a.m. - 8:00 a.m.</p> <p>Wacky Water Sports Camp (8-13years) 8:00 a.m. - 5:00 p.m.</p> <p>Summer Extravaganza Camp (4-11years) 8:00 a.m. - 5:00 p.m.</p> <p>Summer Spectacular Camp (6-11years) 8:00 a.m. - 5:00 p.m.</p> <p>Lane Swim 8:00 a.m. - 8:45 a.m.</p> <p>Family Swim 8:45 a.m. - 10:00 a.m.</p>	<p>Workout Studio (Various time slots) 7:00 a.m.</p> <p>Badminton 9:45 a.m. - 11:45 a.m.</p> <p>Open Gym 12:00 p.m. - 2:00 p.m.</p>

		<p><u>Lane Swim</u> 1:00 p.m. - 2:00 p.m.</p>	<p><u>Lane Swim</u> 12:00 p.m. - 1:00 p.m.</p> <p><u>Aqua Fitness</u> 12:00 p.m. - 12:45 p.m.</p> <p><u>Lane Swim</u> 1:00 p.m. - 2:00 p.m.</p>	<p>10:00 a.m.</p> <p><u>Therapy Fitness</u> 9:00 a.m. - 9:50 a.m.</p> <p><u>Lane Swim</u> 9:00 a.m. - 10:00 a.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 10:00 a.m. - 12:00 p.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 10:00 a.m. - 12:00 p.m.</p> <p><u>Lane Swim</u> 12:00 p.m. - 1:00 p.m.</p> <p><u>Lane Swim</u> 1:00 p.m. - 2:00 p.m.</p>	<p><u>Pickleball - Intermediate</u> 8:45 a.m. - 10:30 a.m.</p> <p><u>Aqua Fitness</u> 9:00 a.m. - 9:50 a.m.</p> <p><u>Lane Swim</u> 12:00 p.m. - 1:00 p.m.</p> <p><u>Lane Swim</u> 1:00 p.m. - 2:00 p.m.</p> <p><u>Senior Swim</u> 2:00 p.m. - 3:00 p.m.</p> <p><u>Rehabilitation Swim</u> 3:00 p.m. - 4:15 p.m.</p>
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7	8	9	10	11	12	13
<p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Open Gym</u> 2:30 p.m. - 4:30 p.m.</p> <p><u>Basketball</u> 4:45 p.m. - 6:30 p.m.</p>	<p><u>Lane Swim</u> 6:00 a.m. - 7:00 a.m.</p> <p><u>Rehabilitation Swim</u> 6:30 a.m. - 8:45 a.m.</p> <p><u>Lane Swim</u> 7:00 a.m. - 8:00 a.m.</p> <p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Lane Swim</u> 8:00 a.m. - 8:45 a.m.</p> <p><u>Summer Spectacular Camp (6-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Wacky Water Sports Camp (8-13years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Extravaganza Camp (4-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Aqua Fitness</u> 8:00 a.m. - 8:45 a.m.</p> <p><u>Summer Spectacular Camp (6-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Extravaganza Camp (4-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Family Swim</u> 8:45 a.m. - 10:00 a.m.</p> <p><u>Pickleball -</u></p>	<p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Rehabilitation Swim</u> 7:00 a.m. - 8:45 a.m.</p> <p><u>Lane Swim</u> 7:00 a.m. - 8:00 a.m.</p> <p><u>Wacky Water Sports Camp (8-13years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Extravaganza Camp (4-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Aqua Fitness</u> 8:00 a.m. - 8:45 a.m.</p> <p><u>Summer Spectacular Camp (6-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Spectacular Camp (6-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Family Swim (Main Pool Only)</u> 8:45 a.m. - 10:00 a.m.</p>	<p><u>Lane Swim</u> 6:00 a.m. - 7:00 a.m.</p> <p><u>Rehabilitation Swim</u> 6:30 a.m. - 8:45 a.m.</p> <p><u>Lane Swim</u> 7:00 a.m. - 8:00 a.m.</p> <p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Lane Swim</u> 8:00 a.m. - 8:45 a.m.</p> <p><u>Summer Spectacular Camp (6-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Wacky Water Sports Camp (8-13years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Extravaganza Camp (4-11years)</u> 8:00 a.m. - 5:00 p.m.</p>	<p><u>Lane Swim</u> 7:00 a.m. - 8:00 a.m.</p> <p><u>Rehabilitation Swim</u> 7:00 a.m. - 8:45 a.m.</p> <p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Aqua Fitness</u> 8:00 a.m. - 8:45 a.m.</p> <p><u>Summer Spectacular Camp (6-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Lane Swim</u> 8:00 a.m. - 8:45 a.m.</p> <p><u>Wacky Water Sports Camp</u></p>	<p><u>Lane Swim</u> 6:00 a.m. - 7:00 a.m.</p> <p><u>Rehabilitation Swim</u> 6:30 a.m. - 8:45 a.m.</p> <p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Lane Swim</u> 7:00 a.m. - 8:00 a.m.</p> <p><u>Wacky Water Sports Camp (8-13years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Extravaganza Camp (4-11years)</u> 8:00 a.m. - 5:00 p.m.</p>	<p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 9:00 a.m. - 1:00 p.m.</p> <p><u>Badminton</u> 9:45 a.m. - 11:45 a.m.</p> <p><u>Open Gym</u> 12:00 p.m. - 2:00 p.m.</p>

	<p><u>Intermediate/Advanced</u> 8:45 a.m. - 11:15 a.m.</p> <p><u>Aqua Fitness</u> 9:00 a.m. - 9:50 a.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 9:30 a.m. - 1:30 p.m.</p> <p><u>Aqua Fitness</u> 10:00 a.m. - 10:50 a.m.</p> <p><u>Lane Swim</u> 12:00 p.m. - 1:00 p.m.</p> <p><u>Deep Water Aqua Fitness</u> 12:00 p.m. - 12:45 p.m.</p>	<p><u>Therapy Fitness</u> 9:00 a.m. - 9:50 a.m.</p> <p><u>Lane Swim</u> 9:00 a.m. - 10:00 a.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 9:30 a.m. - 1:30 p.m.</p> <p><u>Aqua Fitness</u> 10:00 a.m. - 10:50 a.m.</p> <p><u>Lane Swim</u> 12:00 p.m. - 1:00 p.m.</p> <p><u>Lane Swim</u> 1:00 p.m. - 2:00 p.m.</p>	<p><u>Family Swim</u> 8:45 a.m. - 10:00 a.m.</p> <p><u>Pickleball - Intermediate</u> 8:45 a.m. - 10:30 a.m.</p> <p><u>Aqua Fitness</u> 9:00 a.m. - 9:50 a.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 9:30 a.m. - 1:30 p.m.</p> <p><u>Aqua Fitness</u> 10:00 a.m. - 10:50 a.m.</p> <p><u>Lane Swim</u> 12:00 p.m. - 1:00 p.m.</p> <p><u>Aqua Fitness</u> 12:00 p.m. - 12:45 p.m.</p>	<p><u>(8-13years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Extravaganza Camp (4-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Family Swim (Main Pool Only)</u> 8:45 a.m. - 10:00 a.m.</p> <p><u>Therapy Fitness</u> 9:00 a.m. - 9:50 a.m.</p> <p><u>Lane Swim</u> 9:00 a.m. - 10:00 a.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 9:30 a.m. - 1:30 p.m.</p> <p><u>Lane Swim</u> 12:00 p.m. - 1:00 p.m.</p> <p><u>Lane Swim</u> 1:00 p.m. - 2:00 p.m.</p> <p><u>Senior Swim</u> 2:00 p.m. - 3:00 p.m.</p>	<p><u>Lane Swim</u> 8:00 a.m. - 8:45 a.m.</p> <p><u>Summer Spectacular Camp (6-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Family Swim</u> 8:45 a.m. - 10:00 a.m.</p> <p><u>Pickleball - Intermediate</u> 8:45 a.m. - 10:30 a.m.</p> <p><u>Aqua Fitness</u> 9:00 a.m. - 9:50 a.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 9:30 a.m. - 1:30 p.m.</p> <p><u>Lane Swim</u> 12:00 p.m. - 1:00 p.m.</p> <p><u>Lane Swim</u> 1:00 p.m. - 2:00 p.m.</p> <p><u>Senior Swim</u> 2:00 p.m. - 3:00 p.m.</p>	
14	15	16	17	18	19	20
<p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Open Gym</u> 2:30 p.m. - 4:30 p.m.</p> <p><u>Basketball</u> 4:45 p.m. - 6:30 p.m.</p>	<p><u>Lane Swim</u> 6:00 a.m. - 7:00 a.m.</p> <p><u>Rehabilitation Swim</u> 6:30 a.m. - 8:45 a.m.</p> <p><u>Lane Swim</u> 7:00 a.m. - 8:00 a.m.</p> <p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Summer Spectacular Camp (6-11years)</u></p>	<p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Rehabilitation Swim</u> 7:00 a.m. - 8:45 a.m.</p> <p><u>Lane Swim</u> 7:00 a.m. - 8:00 a.m.</p> <p><u>Wacky Water Sports Camp (8-13years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Extravaganza</u></p>	<p><u>Lane Swim</u> 6:00 a.m. - 7:00 a.m.</p> <p><u>Rehabilitation Swim</u> 6:30 a.m. - 8:45 a.m.</p> <p><u>Lane Swim</u> 7:00 a.m. - 8:00 a.m.</p> <p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Summer</u></p>	<p><u>FREE Lane Swim (7:00 - 8:00 a.m.)</u> 7:00 a.m. - 8:00 a.m.</p> <p><u>Lane Swim</u> 7:00 a.m. - 8:00 a.m.</p> <p><u>Rehabilitation Swim</u> 7:00 a.m. - 8:45 a.m.</p>	<p><u>Lane Swim</u> 6:00 a.m. - 7:00 a.m.</p> <p><u>Rehabilitation Swim</u> 6:30 a.m. - 8:45 a.m.</p> <p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p>	<p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 9:00 a.m. - 1:00 p.m.</p>

	<p>8:00 a.m. - 5:00 p.m.</p> <p><u>Lane Swim</u> 8:00 a.m. - 8:45 a.m.</p> <p><u>Wacky Water Sports Camp (8-13years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Extravaganza Camp (4-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Family Swim</u> 8:45 a.m. - 10:00 a.m.</p> <p><u>Pickleball - Intermediate/Advanced</u> 8:45 a.m. - 11:15 a.m.</p> <p><u>Aqua Fitness</u> 9:00 a.m. - 9:50 a.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 10:00 a.m. - 12:00 p.m.</p> <p><u>Aqua Fitness</u> 10:00 a.m. - 10:50 a.m.</p> <p><u>10th Anniversary Celebration Kick-Off (10:30 a.m. - 10:45 am.)</u> 10:30 a.m. - 10:45 a.m.</p> <p><u>FREE Pickleball - Beginner/Intermediate (10:45 a.m. - 11:15 a.m.)</u> 10:45 a.m. - 11:15 a.m.</p>	<p><u>Camp (4-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Aqua Fitness</u> 8:00 a.m. - 8:45 a.m.</p> <p><u>Lane Swim</u> 8:00 a.m. - 8:45 a.m.</p> <p><u>Summer Spectacular Camp (6-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Family Swim (Main Pool Only)</u> 8:45 a.m. - 10:00 a.m.</p> <p><u>Therapy Fitness</u> 9:00 a.m. - 9:50 a.m.</p> <p><u>FREE 50+ Art Class (9:00 a.m. - 12:00 p.m.)</u> 9:00 a.m. - 12:00 p.m.</p> <p><u>Lane Swim</u> 9:00 a.m. - 10:00 a.m.</p> <p><u>Aqua Fitness</u> 10:00 a.m. - 10:50 a.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 10:00 a.m. - 12:00 p.m.</p> <p><u>Lane Swim</u> 12:00 p.m. - 1:00 p.m.</p>	<p><u>Spectacular Camp (6-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Lane Swim</u> 8:00 a.m. - 8:45 a.m.</p> <p><u>Wacky Water Sports Camp (8-13years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Extravaganza Camp (4-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Family Swim</u> 8:45 a.m. - 10:00 a.m.</p> <p><u>Pickleball - Intermediate</u> 8:45 a.m. - 10:30 a.m.</p> <p><u>FREE Family Swim (1/2 Main Pool or Therapy/Preschool Pool)</u> 8:45 a.m. - 10:00 a.m.</p> <p><u>Aqua Fitness</u> 9:00 a.m. - 9:50 a.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 10:00 a.m. - 12:00 p.m.</p> <p><u>Aqua Fitness</u> 10:00 a.m. - 10:50 a.m.</p> <p><u>Lane Swim</u> 12:00 p.m. - 1:00 p.m.</p>	<p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Aqua Fitness</u> 8:00 a.m. - 8:45 a.m.</p> <p><u>Lane Swim</u> 8:00 a.m. - 8:45 a.m.</p> <p><u>Summer Spectacular Camp (6-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Wacky Water Sports Camp (8-13years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Extravaganza Camp (4-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Family Swim (Main Pool Only)</u> 8:45 a.m. - 10:00 a.m.</p> <p><u>FREE Learn how to register online (11:00 a.m. - 12:00 p.m.)</u> 11:00 a.m. - 12:00 p.m.</p> <p><u>Lane Swim</u> 12:00 p.m. - 1:00 p.m.</p> <p><u>Lane Swim</u> 1:00 p.m. - 2:00 p.m.</p>	<p><u>Lane Swim</u> 7:00 a.m. - 8:00 a.m.</p> <p><u>Wacky Water Sports Camp (8-13years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Extravaganza Camp (4-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Spectacular Camp (6-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Wacky Water Sports Camp (8-13years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Lane Swim</u> 8:00 a.m. - 8:45 a.m.</p> <p><u>Family Swim</u> 8:45 a.m. - 10:00 a.m.</p> <p><u>FREE Pickleball - Intermediate (8:45 - 10:30 a.m.)</u> 8:45 a.m. - 10:30 a.m.</p> <p><u>Pickleball - Intermediate</u> 8:45 a.m. - 10:30 a.m.</p> <p><u>Aqua Fitness</u> 9:00 a.m. - 9:50 a.m.</p> <p><u>Lane Swim</u> 12:00 p.m. - 1:00 p.m.</p> <p><u>Lane Swim</u> 1:00 p.m. - 2:00 p.m.</p> <p><u>Senior Swim</u> 2:00 p.m. - 3:00 p.m.</p>	<p><u>FREE Youth Room Activities (9:00 a.m. - 1:00 p.m.)</u> 9:00 a.m. - 1:00 p.m.</p> <p><u>FREE Badminton 16+ (9:45 - 11:45 a.m.)</u> 9:45 a.m. - 11:45 a.m.</p> <p><u>Badminton</u> 9:45 a.m. - 11:45 a.m.</p> <p><u>FREE Open Gym (12:00 - 2:00 p.m.)</u> 12:00 p.m. - 2:00 p.m.</p> <p><u>Open Gym</u> 12:00 p.m. - 2:00 p.m.</p>
21	22	23	24	25	26	27
<u>Workout Studio</u>	<u>Lane Swim</u> 6:00 a.m. - 7:00 a.m.	<u>Workout Studio (Various time slots)</u>	<u>Lane Swim</u> 6:00 a.m. - 7:00 a.m.	<u>Lane Swim</u> 7:00 a.m. -	<u>Lane Swim</u> 6:00 a.m. -	<u>Workout Studio</u>

(Various time slots)
7:00 a.m.

Youth Room Drop-in (Free. Pre-registration required)
10:00 a.m. - 1:00 p.m.

Open Gym
2:30 p.m. - 4:30 p.m.

Basketball
4:45 p.m. - 6:30 p.m.

Rehabilitation Swim
6:30 a.m. - 8:45 a.m.

Lane Swim
7:00 a.m. - 8:00 a.m.

Workout Studio (Various time slots)
7:00 a.m.

Lane Swim
8:00 a.m. - 8:45 a.m.

Summer Spectacular Camp (6-11years)
8:00 a.m. - 5:00 p.m.

Wacky Water Sports Camp (8-13years)
8:00 a.m. - 5:00 p.m.

Summer Extravaganza Camp (4-11years)
8:00 a.m. - 5:00 p.m.

Family Swim
8:45 a.m. - 10:00 a.m.

Pickleball - Intermediate/Advanced
8:45 a.m. - 11:15 a.m.

Aqua Fitness
9:00 a.m. - 9:50 a.m.

Youth Room Drop-in (Free. Pre-registration required)
10:00 a.m. - 12:00 p.m.

Aqua Fitness
10:00 a.m. - 10:50 a.m.

Lane Swim
12:00 p.m. - 1:00 p.m.

Deep Water Aqua Fitness
12:00 p.m. - 12:45 p.m.

7:00 a.m.

Rehabilitation Swim
7:00 a.m. - 8:45 a.m.

Lane Swim
7:00 a.m. - 8:00 a.m.

Wacky Water Sports Camp (8-13years)
8:00 a.m. - 5:00 p.m.

Summer Extravaganza Camp (4-11years)
8:00 a.m. - 5:00 p.m.

Aqua Fitness
8:00 a.m. - 8:45 a.m.

Summer Spectacular Camp (6-11years)
8:00 a.m. - 5:00 p.m.

Lane Swim
8:00 a.m. - 8:45 a.m.

Family Swim (Main Pool Only)
8:45 a.m. - 10:00 a.m.

Therapy Fitness
9:00 a.m. - 9:50 a.m.

Lane Swim
9:00 a.m. - 10:00 a.m.

Aqua Fitness
10:00 a.m. - 10:50 a.m.

Youth Room Drop-in (Free. Pre-registration required)
10:00 a.m. - 12:00 p.m.

Lane Swim
12:00 p.m. - 1:00 p.m.

Lane Swim
1:00 p.m. - 2:00 p.m.

Rehabilitation Swim
6:30 a.m. - 8:45 a.m.

Lane Swim
7:00 a.m. - 8:00 a.m.

Workout Studio (Various time slots)
7:00 a.m.

Lane Swim
8:00 a.m. - 8:45 a.m.

Summer Spectacular Camp (6-11years)
8:00 a.m. - 5:00 p.m.

Wacky Water Sports Camp (8-13years)
8:00 a.m. - 5:00 p.m.

Summer Extravaganza Camp (4-11years)
8:00 a.m. - 5:00 p.m.

Family Swim
8:45 a.m. - 10:00 a.m.

Pickleball - Intermediate
8:45 a.m. - 10:30 a.m.

Aqua Fitness
9:00 a.m. - 9:50 a.m.

Youth Room Drop-in (Free. Pre-registration required)
10:00 a.m. - 12:00 p.m.

Aqua Fitness
10:00 a.m. - 10:50 a.m.

Lane Swim
12:00 p.m. - 1:00 p.m.

Aqua Fitness
12:00 p.m. - 12:45 p.m.

8:00 a.m.

Rehabilitation Swim
7:00 a.m. - 8:45 a.m.

Workout Studio (Various time slots)
7:00 a.m.

Aqua Fitness
8:00 a.m. - 8:45 a.m.

Summer Spectacular Camp (6-11years)
8:00 a.m. - 5:00 p.m.

Lane Swim
8:00 a.m. - 8:45 a.m.

Wacky Water Sports Camp (8-13years)
8:00 a.m. - 5:00 p.m.

Summer Extravaganza Camp (4-11years)
8:00 a.m. - 5:00 p.m.

Family Swim (Main Pool Only)
8:45 a.m. - 10:00 a.m.

Therapy Fitness
9:00 a.m. - 9:50 a.m.

Lane Swim
9:00 a.m. - 10:00 a.m.

Lane Swim
12:00 p.m. - 1:00 p.m.

Lane Swim
1:00 p.m. - 2:00 p.m.

Youth Room Drop-in (Free. Pre-registration required)
2:00 p.m. -

7:00 a.m.

Rehabilitation Swim
6:30 a.m. - 8:45 a.m.

Workout Studio (Various time slots)
7:00 a.m.

Lane Swim
7:00 a.m. - 8:00 a.m.

Wacky Water Sports Camp (8-13years)
8:00 a.m. - 5:00 p.m.

Summer Extravaganza Camp (4-11years)
8:00 a.m. - 5:00 p.m.

Lane Swim
8:00 a.m. - 8:45 a.m.

Summer Spectacular Camp (6-11years)
8:00 a.m. - 5:00 p.m.

Family Swim
8:45 a.m. - 10:00 a.m.

Pickleball - Intermediate
8:45 a.m. - 10:30 a.m.

Aqua Fitness
9:00 a.m. - 9:50 a.m.

Youth Room Drop-in (Free. Pre-registration required)
10:00 a.m. - 12:00 p.m.

Lane Swim
12:00 p.m. - 1:00 p.m.

Lane Swim
1:00 p.m. - 2:00 p.m.

(Various time slots)
7:00 a.m.

Youth Room Drop-in (Free. Pre-registration required)
9:00 a.m. - 1:00 p.m.

Badminton
9:45 a.m. - 11:45 a.m.

Open Gym
12:00 p.m. - 2:00 p.m.

				4:00 p.m. Senior Swim 2:00 p.m. - 3:00 p.m.	Senior Swim 2:00 p.m. - 3:00 p.m.	
28	29	30	31	1	2	3
<p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 10:00 a.m. - 1:00 p.m.</p> <p><u>Open Gym</u> 2:30 p.m. - 4:30 p.m.</p> <p><u>Basketball</u> 4:45 p.m. - 6:30 p.m.</p>	<p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Summer Spectacular Camp (6-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Wacky Water Sports Camp (8-13years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Extravaganza Camp (4-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Pickleball - Intermediate/Advanced</u> 8:45 a.m. - 11:15 a.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 9:00 a.m. - 1:00 p.m.</p> <p><u>Open Gym</u> 4:15 p.m. - 7:00 p.m.</p>	<p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Summer Spectacular Camp (6-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Extravaganza Camp (4-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Wacky Water Sports Camp (8-13years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 9:00 a.m. - 1:00 p.m.</p> <p><u>Pickleball - Beginner</u> 1:00 p.m. - 3:00 p.m.</p> <p><u>Open Gym</u> 4:15 p.m. - 5:00 p.m.</p> <p><u>Soccer Skills & Drills (4-8yrs)</u> 5:15 p.m. - 6:00 p.m.</p> <p><u>Open Gym</u> 5:15 p.m. - 7:00 p.m.</p> <p><u>Soccer Skills & Drills (9+yrs)</u> 6:00 p.m. - 7:00 p.m.</p> <p><u>Volleyball - Intermediate/Advanced</u> 7:15 p.m. - 9:00 p.m.</p>	<p><u>Workout Studio (Various time slots)</u> 7:00 a.m.</p> <p><u>Summer Spectacular Camp (6-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Wacky Water Sports Camp (8-13years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Summer Extravaganza Camp (4-11years)</u> 8:00 a.m. - 5:00 p.m.</p> <p><u>Pickleball - Intermediate</u> 8:45 a.m. - 10:30 a.m.</p> <p><u>Youth Room Drop-in (Free. Pre-registration required)</u> 10:00 a.m. - 12:00 p.m.</p> <p><u>Child/Youth Basketball</u> 3:30 p.m. - 4:45 p.m.</p> <p><u>Pickleball - Recreational</u> 5:00 p.m. - 7:00 p.m.</p> <p><u>Badminton</u> 7:15 p.m. - 9:00 p.m.</p>			