



Generated July 26, 2024

June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:00 Rehabilitation Swim 10:00 Open Gym 10:00 Youth Room Drop-in (Grade 6-12) 12:00 Badminton 1:00 Public Swim (All Pools) 1:00 Lane Swim 2:00 Open Gym 2:15 Public Swim (All Pools) 2:15 Lane Swim 4:00 Family Futsal 6:00 Teen/Youth Futsal
2 8:00 Rehabilitation	3 6:00 Lane Swim	4 7:00 Lane Swim	5 6:00 Lane Swim	6 7:00 Lane Swim	7 6:00 Lane Swim	8 8:00

Swim	7:00 Lane Swim	7:00 Rehabilitation Swim	7:00 Lane Swim	7:00 Rehabilitation Swim	7:00 Lane Swim	Rehabilitation Swim
9:00 Lane Swim	7:00 Rehabilitation Swim	8:00 Lane Swim	7:00 Rehabilitation Swim	8:00 Lane Swim	7:00 Rehabilitation Swim	10:00 Open Gym
11:00 Aqua Cross Training	8:00 Lane Swim	8:00 Aqua Fitness	8:00 Lane Swim	8:00 Aqua Fitness	8:00 Lane Swim	10:00 Youth Room Drop-in (Grade 6-12)
12:10 Aqua Mind and Body	8:45 Pickleball - Advanced	8:45 Older Adult Yoga	8:45 Pickleball - Intermediate	8:45 Learn to Speak French - Beginners "Vacation in Quebec"	8:45 Pickleball - Advanced	12:00 Badminton
12:15 Family/Open Gym	8:45 Learn to Speak French - Beginners "Basic Vocabulary"	9:00 Move N' Groove (18 months to 4 Years)	9:00 Stitches	9:00 Family Swim (All Pools)	9:00 Family Swim (All Pools)	1:00 Public Swim (All Pools)
1:00 Public Swim (All Pools)	9:00 Art-Muck & Mess (18 months to 3 Years)	9:00 Artist Collective	9:00 Aqua Fitness	8:45 Pickleball - Beginner	9:00 ABC's & 1,2,3's (18 months to 3 Years)	1:00 Lane Swim
1:00 Lane Swim	9:00 Strong Seniors	9:00 Lane Swim	9:15 Strong Seniors	8:45 Older Adult Flow Yoga	9:15 Mom & Baby Fitness	2:00 Open Gym
2:15 Public Swim (All Pools)	9:00 Aqua Fitness	9:00 Therapy Fitness	9:30 Senior Gentle Fitness	9:00 Women's Weight Training	9:30 Older Adult Yoga	2:15 Public Swim (All Pools)
2:15 Lane Swim	9:00 Family Swim (All Pools)	9:30 Pen & Ink Wash - Art Workshop	10:00 Aqua Fitness	9:00 Lane Swim	10:00 Mover's & Shakers (18 months to 3 Years)	2:15 Lane Swim
2:15 Pickleball (Recreational)	10:00 Aqua Fitness	9:30 Senior Shinny (50+)	10:45 Stretch and Balance Fit	9:00 Therapy Fitness	10:15 Mix It Up	4:00 Family Futsal
4:30 Open Gym	10:00 Older Adult Yoga	10:00 Older Adult Yoga	11:00 Chair Yoga	9:30 Shuffleboard 9:30am-12:00pm	10:45 Pickleball - Intermediate	6:00 Teen/Youth Futsal
6:30 Basketball	10:00 Deaf Seniors	10:00 Mix It Up	11:00 Lane Swim	10:00 Older Adult Yoga	11:00 Figure Skating Ticket Ice	
	10:00 Mini Scientists (18 months to 3 Years)	10:00 Older Adult Yoga	11:15 Public Swim (All Pools)	10:00 Stretch and Strengthen	11:00 Lane Swim	
	10:15 Gentle Core Strengthening	10:00 Paint & Play (18 months to 4 Years)	12:00 Adult Recreational Skating (16+)	10:00 Older Adult Yoga	11:15 Public Swim (All Pools)	
	10:45 Pickleball - Beginner	10:00 Therapy Fitness	12:15 Cardio Core	10:00 Family Skating (Helmets mandatory for all participants)	12:00 Lane Swim	
	11:00 Lane Swim	10:00 Family Swim (Main Pool Only)	1:00 Mah Jongg	10:30 Tech Talks & Tech Support with Jordan	12:00 Line Dancing - Beginner	
	11:15 Public Swim (All Pools)	11:00 Lane Swim	1:00 Chess Club	10:30 Cooking with Chef Jesse (Zoom)	12:00 Figure Skating Ticket Ice	
	11:15 Public Swim (All Pools)	11:00 Kindergarten Readiness (3 to 5 Years)	1:15 Pickleball - Advanced	10:45 Pickleball - Advanced	1:00 Bridge (Experienced)	
	11:15 Intro to Yoga	11:15 Parkinson's Keep Moving	1:30 Zumba Gold	11:00 Lane Swim	1:15 Pickleball - Beginner	
	11:30 Line Dancing - Experienced	11:15 Public Swim (All Pools)	2:00 Senior's Swim (All Pools)	11:15 Public Swim (All Pools)	1:30 Zumba Gold	
	12:15 Cardio Core	11:45 Parkinson's Social Hour	3:00 Lane Swim	10:00 Family Swim (Main Pool Only)	2:00 Senior's Swim (All Pools)	
	12:30 Balance Yoga: Mind & Body	12:15 TRX	3:15 Rehabilitation Swim	10:30 Tech Talks & Tech Support with Jordan	3:00 Lane Swim	
	1:00 Bid Euchre	1:00 Adult Recreational Skating (16+)	3:15 Family/Open Gym	10:30 Cooking with Chef Jesse (Zoom)	3:15 Rehabilitation Swim	
	1:00 Therapy Fitness	1:15 Pickleball - Beginner	3:45 Lane Swim	10:45 Pickleball - Advanced	3:15 Open Gym	
	1:15 Pickleball - Intermediate	2:00 Senior's Swim (All Pools)	5:00 Young Chefs (11 to 15 Years)	11:00 Lane Swim	5:30 Pickleball (Recreational)	
	1:30 Senior Gentle Fitness	3:00 Lane Swim	5:00 Yoga Fit	11:15 Public Swim (All Pools)		
	2:00 Senior's Swim (All Pools)	3:00 Youth Room Drop-in (Grade 6-12)	5:15 Line Dancing - Beginner	12:00 Adult Shinny		
	3:00 Lane Swim	3:15 Parent and Tot Swim (Therapy Pool Only)	5:15 Science Explorers (4 to 8 Years)	12:15 TRX		
	3:15 Rehabilitation Swim	3:30 Open Gym	5:15 Pickleball (Recreational)	1:00 Adult Recreational Skating (16+)		
	3:30 Open Gym	3:30 Open Gym	6:30 Line Dancing - Experienced	1:00 Carpet Bowling - 1:00-3:30pm		
	3:45 Lane Swim	5:00 Artist Hub (9 to 15 Years)	7:15 Badminton	1:00 Scrapbooking		
	4:00 Youth Room Drop-in (Grade 6-12)	6:00 Dancing for Adults - Beginner	8:00 Lane Swim	1:15 Pickleball - Intermediate		
	5:00 Gentle Flow Yoga	6:00 Aqua Fitness		2:00 Senior's Swim (All Pools)		
	5:00 Zumba	6:15 STEM-tastic (9 to 15 Years)		3:00 Lane Swim		
	5:30 Fit and Firm	6:30 Crokinole		3:00 Youth Room Drop-in (Grade 6-12)		

	<p>5:30 Jr. Soccer Skills & Drills (4 to 8 years)</p> <p>5:30 Artful Antics (4 to 8 years)</p> <p>6:45 Science Explorers (4 to 8 Years)</p> <p>6:45 Teen Recreational Volleyball (9 to 17 years)</p> <p>8:00 Lane Swim</p>	<p>7:00 Dancing for Adults - Intermediate</p> <p>7:30 Volleyball Intermediate/Advanced</p> <p>7:30 Table Tennis</p> <p>7:30 Public Swim (All Pools)</p> <p>8:00 Lane Swim</p>		<p>3:15 Open Gym</p> <p>3:15 Parent and Tot Swim (Therapy Pool Only)</p> <p>5:00 Boccia - adaptive sport</p> <p>5:00 Artful Antics (4 to 8 years)</p> <p>5:00 Kitchen Crew (8 to 11 Years) NEW</p> <p>5:15 Jr. Soccer Skills & Drills (4 to 8 years)</p> <p>5:45 Zumba</p> <p>6:15 Sr. Soccer Skills & Drills (9 to 13 Years)</p> <p>6:15 Girls Night Out (9 to 12 years)</p> <p>7:00 Aqua Fitness</p> <p>8:00 Lane Swim</p>		
<p>9</p> <p>8:00 Rehabilitation Swim</p> <p>9:00 Lane Swim</p> <p>10:00 Youth Room Drop-in (Grade 6-12)</p> <p>11:00 Aqua Cross Training</p> <p>12:10 Aqua Mind and Body</p> <p>12:15 Family/Open Gym</p> <p>1:00 Public Swim (All Pools)</p> <p>1:00 Lane Swim</p> <p>2:15 Public Swim (All Pools)</p> <p>2:15 Lane Swim</p> <p>2:15 Pickleball (Recreational)</p> <p>4:30 Open Gym</p> <p>6:30 Basketball</p>	<p>10</p> <p>6:00 Lane Swim</p> <p>7:00 Lane Swim</p> <p>7:00 Rehabilitation Swim</p> <p>8:00 Lane Swim</p> <p>8:45 Pickleball - Advanced</p> <p>8:45 Learn to Speak French - Beginners "Basic Vocabulary"</p> <p>9:00 Art-Muck & Mess (18 months to 3 Years)</p> <p>9:00 Strong Seniors</p> <p>9:00 Aqua Fitness</p> <p>9:00 Family Swim (All Pools)</p> <p>10:00 Aqua Fitness</p> <p>10:00 Older Adult Yoga</p> <p>10:00 Deaf Seniors</p> <p>10:00 Mini Scientists (18 months to 3 Years)</p> <p>10:15 Gentle Core Strengthening</p> <p>10:45 Pickleball - Beginner</p> <p>11:00 Lane Swim</p> <p>11:15 Public Swim (All Pools)</p>	<p>11</p> <p>7:00 Lane Swim</p> <p>7:00 Rehabilitation Swim</p> <p>8:00 Lane Swim</p> <p>8:00 Aqua Fitness</p> <p>8:45 Older Adult Yoga</p> <p>9:00 Move N' Groove (18 months to 4 Years)</p> <p>9:00 Artist Collective</p> <p>9:00 Lane Swim</p> <p>9:00 Therapy Fitness</p> <p>9:30 Senior Shinny (50+)</p> <p>10:00 Older Adult Yoga</p> <p>10:00 Mix It Up</p> <p>10:00 Older Adult Yoga</p> <p>10:00 Paint & Play (18 months to 4 Years)</p> <p>10:00 Therapy Fitness</p> <p>10:00 Family Swim (Main Pool Only)</p> <p>11:00 Lane Swim</p> <p>11:00 Kindergarten Readiness (3 to 5 Years)</p> <p>11:15 Parkinson's Keep Moving</p> <p>11:15 Public Swim (All</p>	<p>12</p> <p>6:00 Lane Swim</p> <p>7:00 Lane Swim</p> <p>7:00 Rehabilitation Swim</p> <p>8:00 Lane Swim</p> <p>8:45 Pickleball - Intermediate</p> <p>9:00 Stitches</p> <p>9:00 Family Swim (All Pools)</p> <p>9:00 Aqua Fitness</p> <p>9:15 Strong Seniors</p> <p>9:30 Senior Gentle Fitness</p> <p>10:00 Aqua Fitness</p> <p>10:45 Stretch and Balance Fit</p> <p>11:00 Chair Yoga</p> <p>11:00 Lane Swim</p> <p>11:15 Public Swim (All Pools)</p> <p>11:30 Annual Strawberry Social & BBQ</p> <p>12:00 Adult Recreational Skating (16+)</p> <p>12:15 Cardio Core</p> <p>1:00 Mah Jongg</p> <p>1:00 Chess Club</p>	<p>13</p> <p>7:00 Lane Swim</p> <p>7:00 Rehabilitation Swim</p> <p>8:00 Lane Swim</p> <p>8:00 Aqua Fitness</p> <p>8:45 Learn to Speak French - Beginners "Vacation in Quebec"</p> <p>8:45 Pickleball - Beginner</p> <p>8:45 Older Adult Flow Yoga</p> <p>9:00 Women's Weight Training</p> <p>9:00 Lane Swim</p> <p>9:00 Therapy Fitness</p> <p>9:30 Shuffleboard 9:30am-12:00pm</p> <p>10:00 Older Adult Yoga</p> <p>10:00 Stretch and Strengthen</p> <p>10:00 Older Adult Yoga</p> <p>10:00 Family Skating (Helmets mandatory for all participants)</p> <p>10:00 Family Swim (Main Pool Only)</p>	<p>14</p> <p>6:00 Lane Swim</p> <p>7:00 Lane Swim</p> <p>7:00 Rehabilitation Swim</p> <p>8:00 Lane Swim</p> <p>8:45 Pickleball - Advanced</p> <p>9:00 Aqua Fitness</p> <p>9:00 Family Swim (All Pools)</p> <p>9:00 ABC's & 1,2,3's (18 months to 3 Years)</p> <p>9:15 Mom & Baby Fitness</p> <p>9:30 Older Adult Yoga</p> <p>10:00 Mover's & Shakers (18 months to 3 Years)</p> <p>10:15 Mix It Up</p> <p>10:45 Line Dancing - Beginner</p> <p>10:45 Pickleball - Intermediate</p> <p>11:00 Figure Skating Ticket Ice</p> <p>11:00 Lane Swim</p> <p>11:15 Public Swim (All Pools)</p> <p>12:00 Lane Swim</p>	<p>15</p> <p>8:00 Rehabilitation Swim</p> <p>10:00 Open Gym</p> <p>12:00 Badminton</p> <p>1:00 Public Swim (All Pools)</p> <p>1:00 Lane Swim</p> <p>2:00 Open Gym</p> <p>2:15 Public Swim (All Pools)</p> <p>2:15 Lane Swim</p> <p>4:00 Family Futsal</p> <p>6:00 Teen/Youth Futsal</p>

	11:15 Intro to Yoga 11:30 Line Dancing - Experienced 12:15 Cardio Core 12:30 Balance Yoga: Mind & Body 1:00 Bid Euchre 1:00 Therapy Fitness 1:15 Pickleball - Intermediate 1:30 Senior Gentle Fitness 2:00 Senior's Swim (All Pools) 3:00 Lane Swim 3:15 Rehabilitation Swim 3:30 Open Gym 3:45 Lane Swim 5:00 Gentle Flow Yoga 5:00 Zumba 5:30 Fit and Firm 5:30 Jr. Soccer Skills & Drills (4 to 8 years) 5:30 Artful Antics (4 to 8 years) 6:45 Science Explorers (4 to 8 Years) 6:45 Teen Recreational Volleyball (9 to 17 years) 8:00 Lane Swim	Pools) 11:45 Parkinson's Social Hour 12:15 TRX 1:00 Adult Recreational Skating (16+) 1:15 Pickleball - Beginner 2:00 Senior's Swim (All Pools) 2:00 CARP 3:00 Youth Room Drop-in (Grade 6-12) 3:00 Lane Swim 3:15 Parent and Tot Swim (Therapy Pool Only) 3:30 Open Gym 5:00 Artist Hub (9 to 15 Years) 5:30 Preschool Play Zone (18 months to 5 Years) 6:00 Dancing for Adults - Beginner 6:00 Aqua Fitness 6:15 Sporty Kids (6 to 9 Years) 6:15 STEM-tastic (9 to 15 Years) 6:30 Crokinole 7:00 Dancing for Adults - Intermediate 7:30 Table Tennis 7:30 Volleyball Intermediate/Advanced 7:30 Public Swim (All Pools) 8:00 Lane Swim	1:00 Diaper Fitness 1:15 Pickleball - Advanced 1:30 Parkinson's Aquatic Therapy Fitness 1:30 Zumba Gold 2:00 Senior's Swim (All Pools) 3:00 Lane Swim 3:00 Youth Room Drop-in (Grade 6-12) 3:15 Family/Open Gym 3:15 Rehabilitation Swim 3:45 Lane Swim 5:00 Young Chefs (11 to 15 Years) 5:00 Fitness Mix 5:00 Yoga Fit 5:15 Line Dancing - Beginner 5:15 Science Explorers (4 to 8 Years) 5:15 Pickleball (Recreational) 6:30 Line Dancing - Experienced 7:15 Badminton 8:00 Lane Swim	10:30 Cooking with Chef Jesse (Zoom) 10:30 Tech Talks & Tech Support with Jordan 10:45 Pickleball - Advanced 11:00 Lane Swim 11:15 Public Swim (All Pools) 11:15 Chair Fitness/ Chair Yoga Combo 12:00 Adult Shinny 12:15 TRX 1:00 Adult Recreational Skating (16+) 1:00 Carpet Bowling - 1:00-3:30pm 1:00 Scrapbooking 1:15 Pickleball - Intermediate 2:00 Senior's Swim (All Pools) 3:00 Lane Swim 3:00 Youth Room Drop-in (Grade 6-12) 3:15 Open Gym 3:15 Parent and Tot Swim (Therapy Pool Only) 5:00 Boccia - adaptive sport 5:00 Artful Antics (4 to 8 years) 5:00 Kitchen Crew (8 to 11 Years) NEW 5:15 Jr. Soccer Skills & Drills (4 to 8 years) 5:45 Zumba 6:15 Sr. Soccer Skills & Drills (9 to 13 Years) 6:15 Girls Night Out (9 to 12 years) 7:00 Aqua Fitness 8:00 Lane Swim	12:00 Line Dancing - Beginner 12:00 Figure Skating Ticket Ice 12:15 Total Body Strength 1:00 Bridge (Experienced) 1:15 Pickleball - Beginner 1:30 Zumba Gold 2:00 Senior's Swim (All Pools) 3:00 Lane Swim 3:15 Rehabilitation Swim 3:15 Open Gym 5:00 Kids Pop up Event - Clay Mushrooms (4-9 years) 5:30 Pickleball (Recreational)	
16 8:00 Rehabilitation Swim 9:00 Lane Swim	17 6:00 Lane Swim 7:00 Lane Swim 7:00 Rehabilitation	18 7:00 Lane Swim 7:00 Rehabilitation Swim	19 6:00 Lane Swim 7:00 Lane Swim 7:00 Rehabilitation	20 7:00 Lane Swim 7:00 Rehabilitation Swim	21 6:00 Lane Swim 7:00 Lane Swim 7:00 Rehabilitation	22 8:00 2024 Maddy Kort Invitational Swim Meet

10:00 Youth Room Drop-in (Grade 6-12)	Swim	8:00 Lane Swim	Swim	8:00 Lane Swim	Swim	8:00 Belleville Minor Ball Hockey Year End Tournament
11:00 Aqua Cross Training	8:00 Lane Swim	8:00 Aqua Fitness	8:00 Lane Swim	8:00 Aqua Fitness	8:00 Lane Swim	
12:10 Aqua Mind and Body	8:45 Pickleball - Advanced	9:00 Lane Swim	9:00 Family Swim (All Pools)	9:00 Lane Swim	9:00 Family Swim (All Pools)	
12:15 Family/Open Gym	8:45 Learn to Speak French - Beginners "Basic Vocabulary"	9:00 Therapy Fitness	9:00 Aqua Fitness	9:00 Therapy Fitness	9:00 Aqua Fitness	
1:00 Public Swim (All Pools)	9:00 Art-Muck & Mess (18 months to 3 Years)	9:30 Creating with Colour - Art Workshop	10:00 Aqua Fitness	10:00 Family Swim (Main Pool Only)	10:00 Financial Wellness - Seminar	
1:00 Lane Swim	9:00 Strong Seniors	9:30 Senior Shinny (50+)	11:00 Lane Swim	10:00 Family Skating (Helmets mandatory for all participants)	11:00 Figure Skating Ticket Ice	
2:15 Public Swim (All Pools)	9:00 Aqua Fitness	10:00 Therapy Fitness	11:15 Public Swim (All Pools)	11:00 Lane Swim	11:00 Lane Swim	
2:15 Lane Swim	9:00 Family Swim (All Pools)	10:00 Family Swim (Main Pool Only)	12:00 Adult Recreational Skating (16+)	11:15 Public Swim (All Pools)	11:15 Public Swim (All Pools)	
2:15 Pickleball (Recreational)	10:00 Aqua Fitness	11:00 Lane Swim	1:00 Diaper Fitness	12:00 Adult Shinny	12:00 Lane Swim	
4:30 Open Gym	10:00 Older Adult Yoga	11:15 Public Swim (All Pools)	1:30 Parkinson's Aquatic Therapy Fitness	1:00 Adult Recreational Skating (16+)	12:00 Figure Skating Ticket Ice	
6:30 Basketball	10:00 Deaf Seniors	1:00 Adult Recreational Skating (16+)	2:00 Senior's Swim (All Pools)	2:00 Senior's Swim (All Pools)	2:00 Senior's Swim (All Pools)	
	10:00 Mini Scientists (18 months to 3 Years)	1:15 Pickleball - Beginner	3:00 Lane Swim	3:00 Lane Swim	3:00 Lane Swim	
	10:15 Gentle Core Strengthening	2:00 Senior's Swim (All Pools)	3:15 Rehabilitation Swim	3:00 Youth Room Drop-in (Grade 6-12)	3:15 Rehabilitation Swim	
	10:45 Pickleball - Beginner	3:00 Lane Swim	3:45 Lane Swim	3:15 Parent and Tot Swim (Therapy Pool Only)	4:00 2024 Maddy Kort Invitational Swim Meet	
	11:00 Lane Swim	3:00 Youth Room Drop-in (Grade 6-12)	8:00 Lane Swim	7:00 Aqua Fitness		
	11:15 Public Swim (All Pools)	3:15 Parent and Tot Swim (Therapy Pool Only)		8:00 Lane Swim		
	11:15 Intro to Yoga	6:00 Aqua Fitness				
	11:30 Line Dancing - Experienced	7:30 Public Swim (All Pools)				
	12:15 Cardio Core	8:00 Lane Swim				
	12:30 Balance Yoga: Mind & Body					
	1:00 Bid Euchre					
	1:00 Therapy Fitness					
	1:15 Pickleball - Intermediate					
	1:30 Senior Gentle Fitness					
	2:00 Senior's Swim (All Pools)					
	3:00 Lane Swim					
	3:15 Rehabilitation Swim					
	3:30 Open Gym					
	3:45 Lane Swim					
	4:00 Youth Room Drop-in (Grade 6-12)					
	5:00 Gentle Flow Yoga					
	5:00 Zumba					
	5:30 Fit and Firm					
	5:30 Jr. Soccer Skills & Drills (4 to 8 years)					

	<p>5:30 Artful Antics (4 to 8 years)</p> <p>6:45 Science Explorers (4 to 8 Years)</p> <p>6:45 Teen Recreational Volleyball (9 to 17 years)</p> <p>8:00 Lane Swim</p>					
<p>23</p> <p>8:00 Belleville Minor Ball Hockey Year End Tournament</p>	<p>24</p> <p>6:00 Lane Swim</p> <p>7:00 Lane Swim</p> <p>7:00 Rehabilitation Swim</p> <p>8:00 Lane Swim</p> <p>9:00 Family Swim (All Pools)</p> <p>11:00 Lane Swim</p> <p>11:15 Public Swim (All Pools)</p> <p>2:00 Senior's Swim (All Pools)</p> <p>3:00 Lane Swim</p> <p>3:15 Rehabilitation Swim</p> <p>3:45 Lane Swim</p> <p>8:00 Lane Swim</p>	<p>25</p> <p>7:00 Lane Swim</p> <p>7:00 Rehabilitation Swim</p> <p>8:00 Lane Swim</p> <p>9:00 Lane Swim</p> <p>9:30 Senior Shinny (50+)</p> <p>10:00 Family Swim (Main Pool Only)</p> <p>11:00 Lane Swim</p> <p>11:15 Public Swim (All Pools)</p> <p>1:00 Adult Recreational Skating (16+)</p> <p>2:00 Senior's Swim (All Pools)</p> <p>2:00 Senior's Swim (All Pools)</p> <p>3:00 Lane Swim</p> <p>3:00 Youth Room Drop-in (Grade 6-12)</p> <p>3:15 Rehabilitation Swim</p> <p>3:45 Lane Swim</p> <p>8:00 Lane Swim</p>	<p>26</p> <p>6:00 Lane Swim</p> <p>7:00 Lane Swim</p> <p>7:00 Rehabilitation Swim</p> <p>8:00 Lane Swim</p> <p>9:00 Family Swim (All Pools)</p> <p>11:00 Lane Swim</p> <p>11:15 Public Swim (All Pools)</p> <p>12:00 Adult Recreational Skating (16+)</p> <p>2:00 Senior's Swim (All Pools)</p> <p>3:00 Lane Swim</p> <p>3:00 Youth Room Drop-in (Grade 6-12)</p> <p>3:15 Rehabilitation Swim</p> <p>3:45 Lane Swim</p> <p>8:00 Lane Swim</p>	<p>27</p> <p>7:00 Lane Swim</p> <p>7:00 Rehabilitation Swim</p> <p>8:00 Lane Swim</p> <p>9:00 Lane Swim</p> <p>10:00 Family Swim (Main Pool Only)</p> <p>11:00 Lane Swim</p> <p>11:15 Public Swim (All Pools)</p> <p>12:00 Adult Shinny</p> <p>1:00 Adult Recreational Skating (16+)</p> <p>2:00 Senior's Swim (All Pools)</p> <p>3:00 Lane Swim</p> <p>3:00 Youth Room Drop-in (Grade 6-12)</p> <p>3:15 Parent and Tot Swim (Therapy Pool Only)</p> <p>8:00 Lane Swim</p>	<p>28</p> <p>6:00 Lane Swim</p> <p>7:00 Lane Swim</p> <p>7:00 Rehabilitation Swim</p> <p>8:00 Lane Swim</p> <p>9:00 Family Swim (All Pools)</p> <p>9:00 Family Swim (Kinsmen) - 9:00 - 11:00 a.m.</p> <p>11:00 Lane Swim</p> <p>11:00 Figure Skating Ticket Ice</p> <p>11:15 Public Swim (All Pools)</p> <p>12:00 Lane Swim</p> <p>12:00 Figure Skating Ticket Ice</p> <p>1:30 Public Swim (Kinsmen) 1/2 pool - 1:30 - 2:55 p.m.</p> <p>2:00 Senior's Swim (All Pools)</p> <p>3:00 Lane Swim</p> <p>3:00 Public Swim (Kinsmen) 1/2 pool - 3:00 - 4:25 p.m.</p> <p>3:15 Rehabilitation Swim</p> <p>5:30 Public Swim (Kinsmen) - 5:30 - 7:30 p.m.</p>	<p>29</p> <p>8:30 Lane Swim (Kinsmen) - 8:30-10:00 a.m.</p> <p>10:00 Public Swim (Kinsmen) - 10:00 - 11:25 a.m.</p> <p>11:30 Public Swim (Kinsmen) - 11:30 a.m. - 1:00 p.m.</p> <p>1:30 Public Swim (Kinsmen) - 1:30 - 2:55 p.m.</p> <p>3:00 Public Swim (Kinsmen) - 3:00 - 4:25 p.m.</p>
<p>30</p> <p>8:30 Lane Swim (Kinsmen) - 8:30-10:00 a.m.</p> <p>10:00 Public Swim (Kinsmen) - 10:00 - 11:25 a.m.</p> <p>11:30 Public Swim (Kinsmen) - 11:30 a.m. - 1:00 p.m.</p> <p>1:30 Public Swim (Kinsmen) - 1:30 - 2:55 p.m.</p> <p>3:00 Public Swim (Kinsmen) - 3:00 - 4:25 p.m.</p>						

