



## Wednesday, March 1, 2023

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### Workout Studio (Various Dates/Times)

Date and Time: Wednesday, March 1 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### Pickleball - Various Levels/Dates/Times

Date and Time: Wednesday, March 1 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Wednesday, March 1 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Older Adult Health & Wellness Programs (Various Programs)

Date and Time: Wednesday, March 1 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

### Adult Health & Wellness Programs (Various Programs)

Date and Time: Wednesday, March 1 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

## Preschool Programs (Various Programs/Date/Time)

Date and Time: Wednesday, March 1 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Children's Programs (Various Programs)

Date and Time: Wednesday, March 1 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Youth Room (Various Dates/Times)

Date and Time: Wednesday, March 1 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Lane Swim - 6:00 - 6:55 a.m.

Date and Time: Wednesday, March 1 06:00 a.m. - 6:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Lane Swim - 7:00 - 7:55 a.m.

Date and Time: Wednesday, March 1 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)

Date and Time: Wednesday, March 1 07:00 a.m. - 8:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### Lane Swim - 8:00 - 8:45 a.m.

Date and Time: Wednesday, March 1 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### 50+ Centre Programs (Various Programs)

Date and Time: Wednesday, March 1 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here.](#)

### Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)

Date and Time: Wednesday, March 1 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### Bay of Quinte Boys Hockey

Date and Time: Wednesday, March 1 10:00 a.m. - 3:30 p.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Bay of Quinte Boys Hockey, March 1, 10:00 a.m. (Mackay) 10:15 a.m. (FDC), bronze medal game 1:00 p.m. (Mackay) and gold medal game 1:15 p.m. (Wally Dever)**

- Snow date is March 2, 2023

## Thursday, March 2, 2023

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### Youth Room (Various Dates/Times)

Date and Time: Thursday, March 2 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website](#).

### **Workout Studio (Various Dates/Times)**

Date and Time: Thursday, March 2 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### **Drop-in Sports & Games - Various Levels/Dates/Times**

Date and Time: Thursday, March 2 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Pickleball - Various Levels/Dates/Times**

Date and Time: Thursday, March 2 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Children's Programs (Various Programs)**

Date and Time: Thursday, March 2 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Preschool Programs (Various Programs/Date/Time)**

Date and Time: Thursday, March 2 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Adult Health & Wellness Programs (Various Programs)**

Date and Time: Thursday, March 2 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Older Adult Health & Wellness Programs (Various Programs)

Date and Time: Thursday, March 2 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Lane Swim - 7:00 - 7:55 a.m.

Date and Time: Thursday, March 2 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)

Date and Time: Thursday, March 2 07:00 a.m. - 8:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### Lane Swim - 8:00 - 8:45 a.m.

Date and Time: Thursday, March 2 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Lane Swim - 9:00 - 9:55 a.m.

Date and Time: Thursday, March 2 09:00 a.m. - 9:55 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## 50+ Centre Programs (Various Programs)

Date and Time: Thursday, March 2 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here](#).

### **Lane Swim - 10:00 - 10:45 a.m.**

Date and Time: Thursday, March 2 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Family Swim - 10:00 - 10:45 a.m. (Main Pool Only)**

Date and Time: Thursday, March 2 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## **Friday, March 3, 2023**

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### **Youth Room (Various Dates/Times)**

Date and Time: Friday, March 3 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

### **Lane Swim - 6:00 - 6:55 a.m.**

Date and Time: Friday, March 3 06:00 a.m. - 6:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Workout Studio (Various Dates/Times)**

Date and Time: Friday, March 3 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### **Pickleball - Various Levels/Dates/Times**

Date and Time: Friday, March 3 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Drop-in Sports & Games - Various Levels/Dates/Times**

Date and Time: Friday, March 3 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Older Adult Health & Wellness Programs (Various Programs)**

Date and Time: Friday, March 3 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Adult Health & Wellness Programs (Various Programs)**

Date and Time: Friday, March 3 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Preschool Programs (Various Programs/Date/Time)**

Date and Time: Friday, March 3 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Children's Programs (Various Programs)**

Date and Time: Friday, March 3 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Lane Swim - 7:00 - 7:55 a.m.**

Date and Time: Friday, March 3 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Lane Swim - 8:00 - 8:45 a.m.**

Date and Time: Friday, March 3 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **50+ Centre Programs (Various Programs)**

Date and Time: Friday, March 3 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here](#).

### **Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)**

Date and Time: Friday, March 3 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Family Swim - 10:00 - 11:00 a.m. (Therapy/Preschool Pool Only)**

Date and Time: Friday, March 3 10:00 a.m. - 11:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Senior's Swim - 2:00 - 2:55 p.m. (Therapy Pool Only)**

Date and Time: Friday, March 3 02:00 p.m. - 2:55 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

For ages 50+

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)



## Youth Room (Various Dates/Times)

Date and Time: Saturday, March 4 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Workout Studio (Various Dates/Times)

Date and Time: Saturday, March 4 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

## Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Saturday, March 4 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

## Children's Programs (Various Programs)

Date and Time: Saturday, March 4 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Preschool Programs (Various Programs/Date/Time)

Date and Time: Saturday, March 4 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Adult Health & Wellness Programs (Various Programs)

Date and Time: Saturday, March 4 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)

Date and Time: Saturday, March 4 08:00 a.m. - 9:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Lane Swim - 1:00 - 2:00 p.m.

Date and Time: Saturday, March 4 01:00 p.m. - 2:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Public Swim - 1:00 - 2:00 p.m. (Main Pool/Therapy & Preschool Pool)

Date and Time: Saturday, March 4 01:00 p.m. - 2:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately. This is an open swim time with limited equipment.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Open Gym - 2:00 - 3:45 p.m.

Date and Time: Saturday, March 4 02:00 p.m. - 3:45 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

## Public Swim - 2:15 - 3:15 p.m. (Main Pool/Therapy & Preschool Pool)

Date and Time: Saturday, March 4 02:15 p.m. - 3:15 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately. This is an open swim time with limited equipment.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Lane Swim - 2:15 - 3:15 p.m.

Date and Time: Saturday, March 4 02:15 p.m. - 3:15 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Belleville Senators vs. Rochester Americans

Date and Time: Saturday, March 4 07:00 p.m. - 10:00 p.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Visit [Belleville Senators](#) website for more information.

## Sunday, March 5, 2023

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### Preschool Programs (Various Programs/Date/Time)

Date and Time: Sunday, March 5 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

### Children's Programs (Various Programs)

Date and Time: Sunday, March 5 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

### Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Sunday, March 5 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Workout Studio (Various Dates/Times)

Date and Time: Sunday, March 5 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### Youth Room (Various Dates/Times)

Date and Time: Sunday, March 5 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Lane Swim - 8:00 - 8:55 a.m.**

Date and Time: Sunday, March 5 08:00 a.m. - 8:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)**

Date and Time: Sunday, March 5 08:00 a.m. - 9:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Lane Swim - 9:00 - 10:00 a.m.**

Date and Time: Sunday, March 5 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Family Swim - 9:00 - 10:15 a.m. (All pools)**

Date and Time: Sunday, March 5 09:00 a.m. - 10:15 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Public Swim - 1:00 - 2:00 p.m. (Main Pool/Therapy & Preschool Pool)**

Date and Time: Sunday, March 5 01:00 p.m. - 2:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately. This is an open swim time with limited equipment.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us

at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### Lane Swim - 1:00 - 2:00 p.m.

Date and Time: Sunday, March 5 01:00 p.m. - 2:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Open Gym - 1:30 - 3:15 p.m.

Date and Time: Sunday, March 5 01:30 p.m. - 3:15 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### Lane Swim - 2:15 - 3:15 p.m.

Date and Time: Sunday, March 5 02:15 p.m. - 3:15 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Public Swim - 2:15 - 3:15 p.m. (Main Pool/Therapy & Preschool Pool)

Date and Time: Sunday, March 5 02:15 p.m. - 3:15 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately. This is an open swim time with limited equipment.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### Open Gym - 3:15 - 5:00 p.m.

Date and Time: Sunday, March 5 03:15 p.m. - 5:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

## Monday, March 6, 2023

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### Youth Room (Various Dates/Times)

Date and Time: Monday, March 6 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website](#).

### Lane Swim - 6:00 - 6:55 a.m.

Date and Time: Monday, March 6 06:00 a.m. - 6:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Workout Studio (Various Dates/Times)

Date and Time: Monday, March 6 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

### Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Monday, March 6 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Pickleball - Various Levels/Dates/Times

Date and Time: Monday, March 6 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Children's Programs (Various Programs)

Date and Time: Monday, March 6 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Preschool Programs (Various Programs/Date/Time)

Date and Time: Monday, March 6 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Adult Health & Wellness Programs (Various Programs)

Date and Time: Monday, March 6 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Older Adult Health & Wellness Programs (Various Programs)**

Date and Time: Monday, March 6 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Lane Swim - 7:00 - 7:55 a.m.**

Date and Time: Monday, March 6 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## **Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)**

Date and Time: Monday, March 6 08:00 a.m. - 9:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## **Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)**

Date and Time: Monday, March 6 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## **50+ Centre Programs (Various Programs)**

Date and Time: Monday, March 6 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here](#).

## C.O.S.S.A. Boys Hockey

Date and Time: Monday, March 6 10:00 a.m. - 3:30 p.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**C.O.S.S.A. Boys Hockey, March 6, 10:00 a.m. & 1:00 p.m. (Mackay) 10:15 a.m. & 1:15 p.m. (FDC)**

- Snow date is March 7, 2023

## Lane Swim - 11:00 a.m. - 12:00 p.m.

Date and Time: Monday, March 6 11:00 a.m. - 12:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Tuesday, March 7, 2023

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### Youth Room (Various Dates/Times)

Date and Time: Tuesday, March 7 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Workout Studio (Various Dates/Times)

Date and Time: Tuesday, March 7 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

### Pickleball - Various Levels/Dates/Times

Date and Time: Tuesday, March 7 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Tuesday, March 7 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.



## Older Adult Health & Wellness Programs (Various Programs)

Date and Time: Tuesday, March 7 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Adult Health & Wellness Programs (Various Programs)

Date and Time: Tuesday, March 7 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Preschool Programs (Various Programs/Date/Time)

Date and Time: Tuesday, March 7 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Children's Programs (Various Programs)

Date and Time: Tuesday, March 7 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Lane Swim - 7:00 - 7:55 a.m.

Date and Time: Tuesday, March 7 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Rehabilitation Swim - 7:00 - 8:45 a.m. (Therapy Pool)

Date and Time: Tuesday, March 7 07:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Lane Swim - 8:00 - 8:45 a.m.**

Date and Time: Tuesday, March 7 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Lane Swim - 9:00 - 9:55 a.m.**

Date and Time: Tuesday, March 7 09:00 a.m. - 9:55 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **50+ Centre Programs (Various Programs)**

Date and Time: Tuesday, March 7 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here.](#)

### **Lane Swim - 10:00 - 10:45 a.m.**

Date and Time: Tuesday, March 7 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Family Swim - 10:00 - 10:45 a.m. (Main Pool Only)**

Date and Time: Tuesday, March 7 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## **Wednesday, March 8, 2023**

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## Youth Room (Various Dates/Times)

Date and Time: Wednesday, March 8 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Lane Swim - 6:00 - 6:55 a.m.

Date and Time: Wednesday, March 8 06:00 a.m. - 6:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Gymnasium Closed for Special Events

Date and Time: Wednesday, March 8 06:00 a.m. - 9:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

## Workout Studio (Various Dates/Times)

Date and Time: Wednesday, March 8 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

## Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Wednesday, March 8 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

## Pickleball - Various Levels/Dates/Times

Date and Time: Wednesday, March 8 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

## Children's Programs (Various Programs)

Date and Time: Wednesday, March 8 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Preschool Programs (Various Programs/Date/Time)

Date and Time: Wednesday, March 8 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Older Adult Health & Wellness Programs (Various Programs)

Date and Time: Wednesday, March 8 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Lane Swim - 7:00 - 7:55 a.m.

Date and Time: Wednesday, March 8 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)

Date and Time: Wednesday, March 8 07:00 a.m. - 8:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Lane Swim - 8:00 - 8:45 a.m.

Date and Time: Wednesday, March 8 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## 50+ Centre Programs (Various Programs)

Date and Time: Wednesday, March 8 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here](#).

### **Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)**

Date and Time: Wednesday, March 8 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Lane Swim - 11:00 a.m. - 12:00 p.m.**

Date and Time: Wednesday, March 8 11:00 a.m. - 12:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## **Thursday, March 9, 2023**

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### **Gymnasium Closed for Special Events**

Date and Time: Thursday, March 9 06:00 a.m. - 9:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

### **Youth Room (Various Dates/Times)**

Date and Time: Thursday, March 9 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Workout Studio (Various Dates/Times)**

Date and Time: Thursday, March 9 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

### **Preschool Programs (Various Programs/Date/Time)**

Date and Time: Thursday, March 9 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Children's Programs (Various Programs)**

Date and Time: Thursday, March 9 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Lane Swim - 7:00 - 7:55 a.m.**

Date and Time: Thursday, March 9 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## **Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)**

Date and Time: Thursday, March 9 07:00 a.m. - 8:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## **Lane Swim - 8:00 - 8:45 a.m.**

Date and Time: Thursday, March 9 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## **Lane Swim - 9:00 - 9:55 a.m.**

Date and Time: Thursday, March 9 09:00 a.m. - 9:55 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Lane Swim - 10:00 - 10:45 a.m.**

Date and Time: Thursday, March 9 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Family Swim - 10:00 - 10:45 a.m. (Main Pool Only)**

Date and Time: Thursday, March 9 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Public Swim - 11:15 a.m. - 12:30 p.m. (Therapy/Preschool Pool Only)**

Date and Time: Thursday, March 9 11:15 a.m. - 12:30 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately. This is an open swim time with limited equipment.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)**

Date and Time: Thursday, March 9 02:00 p.m. - 3:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

For ages 50+

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Lane Swim - 3:00 - 3:45 p.m.**

Date and Time: Thursday, March 9 03:00 p.m. - 3:45 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Parent and Tot Swims 3:15 - 4:00 p.m.**

Date and Time: Thursday, March 9 03:15 p.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Parent & Tot - This is a parent and tot swim time where the Therapy pool will be available to parents with babies and young children.

## Friday, March 10, 2023

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### Gymnasium Closed for Special Events

Date and Time: Friday, March 10 06:00 a.m. - 9:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### No Programs, Pool or Ice Rentals at the QSWC due to RV Show

Date and Time: Friday, March 10 06:00 a.m. - 11:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

For information on what's impacted, visit <https://www.quintesportsandwellnesscentre.ca/en/news/cancellation-reminders-for-march-6-to-13-2023.aspx>

### Quinte Sportsman Boat and RV Show

Date and Time: Friday, March 10 10:00 a.m. - 9:00 p.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Visit [Quinte Sportsman Boat and RV Show](#) website for more information.

## Saturday, March 11, 2023

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### No Programs, Pool or Ice Rentals at the QSWC due to RV Show

Date and Time: Saturday, March 11 06:00 a.m. - 11:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

For information on what's impacted, visit <https://www.quintesportsandwellnesscentre.ca/en/news/cancellation-reminders-for-march-6-to-13-2023.aspx>

### Gymnasium Closed for Special Events

Date and Time: Saturday, March 11 06:00 a.m. - 9:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### Quinte Sportsman Boat and RV Show

Date and Time: Saturday, March 11 09:00 a.m. - 8:00 p.m.



Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Visit [Quinte Sportsman Boat and RV Show](#) website for more information.

## Sunday, March 12, 2023

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### No Programs, Pool or Ice Rentals at the QSWC due to RV Show

Date and Time: Sunday, March 12 06:00 a.m. - 11:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

For information on what's impacted, visit <https://www.quintesportsandwellnesscentre.ca/en/news/cancellation-reminders-for-march-6-to-13-2023.aspx>

### Gymnasium Closed for Special Events

Date and Time: Sunday, March 12 06:00 a.m. - 9:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### Quinte Sportsman Boat and RV Show

Date and Time: Sunday, March 12 09:00 a.m. - 6:00 p.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Visit [Quinte Sportsman Boat and RV Show](#) website for more information.

## Monday, March 13, 2023

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### Lane Swim - 6:00 - 6:55 a.m.

Date and Time: Monday, March 13 06:00 a.m. - 6:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Youth Room (Various Dates/Times)

Date and Time: Monday, March 13 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

### Children's Programs (Various Programs)

Date and Time: Monday, March 13 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Preschool Programs (Various Programs/Date/Time)**

Date and Time: Monday, March 13 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Older Adult Health & Wellness Programs (Various Programs)**

Date and Time: Monday, March 13 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Adult Health & Wellness Programs (Various Programs)**

Date and Time: Monday, March 13 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Workout Studio (Various Dates/Times)**

Date and Time: Monday, March 13 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

### **Pickleball - Various Levels/Dates/Times**

Date and Time: Monday, March 13 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Drop-in Sports & Games - Various Levels/Dates/Times**

Date and Time: Monday, March 13 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Lane Swim - 7:00 - 7:55 a.m.**

Date and Time: Monday, March 13 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)**

Date and Time: Monday, March 13 08:00 a.m. - 9:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)**

Date and Time: Monday, March 13 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **50+ Centre Programs (Various Programs)**

Date and Time: Monday, March 13 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here](#).

### **Lane Swim - 11:00 a.m. - 12:00 p.m.**

Date and Time: Monday, March 13 11:00 a.m. - 12:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only)**

Date and Time: Monday, March 13 11:15 a.m. - 12:30 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately. This is an open swim time with limited equipment.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Tuesday, March 14, 2023

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### Youth Room (Various Dates/Times)

Date and Time: Tuesday, March 14 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

### Workout Studio (Various Dates/Times)

Date and Time: Tuesday, March 14 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Tuesday, March 14 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Pickleball - Various Levels/Dates/Times

Date and Time: Tuesday, March 14 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Adult Health & Wellness Programs (Various Programs)

Date and Time: Tuesday, March 14 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

## Older Adult Health & Wellness Programs (Various Programs)

Date and Time: Tuesday, March 14 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Preschool Programs (Various Programs/Date/Time)

Date and Time: Tuesday, March 14 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Children's Programs (Various Programs)

Date and Time: Tuesday, March 14 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Lane Swim - 7:00 - 7:55 a.m.

Date and Time: Tuesday, March 14 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Rehabilitation Swim - 7:00 - 8:45 a.m. (Therapy Pool)

Date and Time: Tuesday, March 14 07:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Lane Swim - 8:00 - 8:45 a.m.

Date and Time: Tuesday, March 14 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Lane Swim - 9:00 - 9:55 a.m.**

Date and Time: Tuesday, March 14 09:00 a.m. - 9:55 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **50+ Centre Programs (Various Programs)**

Date and Time: Tuesday, March 14 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here.](#)

### **Lane Swim - 10:00 - 10:45 a.m.**

Date and Time: Tuesday, March 14 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Family Swim - 10:00 - 10:45 a.m. (Main Pool Only)**

Date and Time: Tuesday, March 14 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## **Wednesday, March 15, 2023**

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### **Youth Room (Various Dates/Times)**

Date and Time: Wednesday, March 15 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

## Lane Swim - 6:00 - 6:55 a.m.

Date and Time: Wednesday, March 15 06:00 a.m. - 6:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Workout Studio (Various Dates/Times)

Date and Time: Wednesday, March 15 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

## Pickleball - Various Levels/Dates/Times

Date and Time: Wednesday, March 15 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

## Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Wednesday, March 15 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

## Children's Programs (Various Programs)

Date and Time: Wednesday, March 15 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

## Preschool Programs (Various Programs/Date/Time)

Date and Time: Wednesday, March 15 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

## Older Adult Health & Wellness Programs (Various Programs)

Date and Time: Wednesday, March 15 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Adult Health & Wellness Programs (Various Programs)**

Date and Time: Wednesday, March 15 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Lane Swim - 7:00 - 7:55 a.m.**

Date and Time: Wednesday, March 15 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)**

Date and Time: Wednesday, March 15 07:00 a.m. - 8:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Lane Swim - 8:00 - 8:45 a.m.**

Date and Time: Wednesday, March 15 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## **50+ Centre Programs (Various Programs)**

Date and Time: Wednesday, March 15 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here](#).

### **Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)**



Date and Time: Wednesday, March 15 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### Lane Swim - 11:00 a.m. - 12:00 p.m.

Date and Time: Wednesday, March 15 11:00 a.m. - 12:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Thursday, March 16, 2023

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### Youth Room (Various Dates/Times)

Date and Time: Thursday, March 16 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

### Workout Studio (Various Dates/Times)

Date and Time: Thursday, March 16 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Thursday, March 16 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Pickleball - Various Levels/Dates/Times

Date and Time: Thursday, March 16 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Adult Health & Wellness Programs (Various Programs)

Date and Time: Thursday, March 16 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Older Adult Health & Wellness Programs (Various Programs)**

Date and Time: Thursday, March 16 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Preschool Programs (Various Programs/Date/Time)**

Date and Time: Thursday, March 16 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Children's Programs (Various Programs)**

Date and Time: Thursday, March 16 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Lane Swim - 7:00 - 7:55 a.m.**

Date and Time: Thursday, March 16 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## **Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)**

Date and Time: Thursday, March 16 07:00 a.m. - 8:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us

### **Lane Swim - 8:00 - 8:45 a.m.**

Date and Time: Thursday, March 16 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Lane Swim - 9:00 - 9:55 a.m.**

Date and Time: Thursday, March 16 09:00 a.m. - 9:55 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **50+ Centre Programs (Various Programs)**

Date and Time: Thursday, March 16 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here.](#)

### **Family Skating - 9:00 - 9:50 a.m. (Helmets mandatory for all participants)**

Date and Time: Thursday, March 16 09:00 a.m. - 9:50 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a schedule and to register for our recreational skates, [click here.](#)

\$3.00 per person for all public skates. \$5.50 for shinny hockey and figure skating ticket ice.

Public Skating - Helmets are strongly recommended, no skating aids permitted.

Family Skating - Helmets are mandatory for all participants in this program.

Figure Skating Ticket Ice - Ice time is provided for figure skating practice only. Supervision by a coach is required if skaters are under 18. Coaches must register at customer service desk. Lifts and throws are not permitted. A maximum of 15 skaters are permitted on the ice at any given time. Pre-registration is required.

Adult Recreational Skating - Helmets are strongly recommended

Adult Shinny - Helmets are mandatory for this program

Senior Shinny - Helmets are mandatory for this program

For a hard copy or digital copy of the recreational skating schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Public Skating - 10:00 - 10:50 a.m. (Helmets strongly recommended)**

Date and Time: Thursday, March 16 10:00 a.m. - 10:50 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a schedule and to register for our recreational skates, [click here](#).

\$3.00 per person for all public skates. \$5.50 for shinny hockey and figure skating ticket ice.

Public Skating - Helmets are strongly recommended, no skating aids permitted.

Family Skating - Helmets are mandatory for all participants in this program.

Figure Skating Ticket Ice - Ice time is provided for figure skating practice only. Supervision by a coach is required if skaters are under 18. Coaches must register at customer service desk. Lifts and throws are not permitted. A maximum of 15 skaters are permitted on the ice at any given time. Pre-registration is required.

Adult Recreational Skating - Helmets are strongly recommended

Adult Shinny - Helmets are mandatory for this program

Senior Shinny - Helmets are mandatory for this program

For a hard copy or digital copy of the recreational skating schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Friday, March 17, 2023

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### Youth Room (Various Dates/Times)

Date and Time: Friday, March 17 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Lane Swim - 6:00 - 6:55 a.m.

Date and Time: Friday, March 17 06:00 a.m. - 6:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Workout Studio (Various Dates/Times)

Date and Time: Friday, March 17 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

### Pickleball - Various Levels/Dates/Times

Date and Time: Friday, March 17 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

## Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Friday, March 17 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

## Children's Programs (Various Programs)

Date and Time: Friday, March 17 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Preschool Programs (Various Programs/Date/Time)

Date and Time: Friday, March 17 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Older Adult Health & Wellness Programs (Various Programs)

Date and Time: Friday, March 17 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Adult Health & Wellness Programs (Various Programs)

Date and Time: Friday, March 17 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Lane Swim - 7:00 - 7:55 a.m.

Date and Time: Friday, March 17 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Lane Swim - 8:00 - 8:45 a.m.**

Date and Time: Friday, March 17 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **50+ Centre Programs (Various Programs)**

Date and Time: Friday, March 17 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here.](#)

### **Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)**

Date and Time: Friday, March 17 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Family Skating - 9:30 - 10:20 a.m. (Helmets mandatory for all participants)**

Date and Time: Friday, March 17 09:30 a.m. - 10:20 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a schedule and to register for our recreational skates, [click here.](#)

\$3.00 per person for all public skates. \$5.50 for shinny hockey and figure skating ticket ice.

Public Skating - Helmets are strongly recommended, no skating aids permitted.

Family Skating - Helmets are mandatory for all participants in this program.

Figure Skating Ticket Ice - Ice time is provided for figure skating practice only. Supervision by a coach is required if skaters are under 18. Coaches must register at customer service desk. Lifts and throws are not permitted. A maximum of 15 skaters are permitted on the ice at any given time. Pre-registration is required.

Adult Recreational Skating - Helmets are strongly recommended

Adult Shinny - Helmets are mandatory for this program

Senior Shinny - Helmets are mandatory for this program

For a hard copy or digital copy of the recreational skating schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Family Swim - 10:00 - 11:00 a.m. (Therapy/Preschool Pool Only)

Date and Time: Friday, March 17 10:00 a.m. - 11:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Saturday, March 18, 2023

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### Youth Room (Various Dates/Times)

Date and Time: Saturday, March 18 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Workout Studio (Various Dates/Times)

Date and Time: Saturday, March 18 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Saturday, March 18 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Adult Health & Wellness Programs (Various Programs)

Date and Time: Saturday, March 18 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Preschool Programs (Various Programs/Date/Time)

Date and Time: Saturday, March 18 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Children's Programs (Various Programs)

Date and Time: Saturday, March 18 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)

Date and Time: Saturday, March 18 08:00 a.m. - 9:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Belleville & District Kennel Club Dog Show

Date and Time: Saturday, March 18 08:00 a.m. - 7:00 p.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Visit [Belleville & District Kennel Club Dog Show](#) website for more information.

## Lane Swim - 1:00 - 2:00 p.m.

Date and Time: Saturday, March 18 01:00 p.m. - 2:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Public Swim - 1:00 - 2:00 p.m. (Main Pool/Therapy & Preschool Pool)

Date and Time: Saturday, March 18 01:00 p.m. - 2:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately. This is an open swim time with limited equipment.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Public Swim - 2:15 - 3:15 p.m. (Main Pool/Therapy & Preschool Pool)



Date and Time: Saturday, March 18 02:15 p.m. - 3:15 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately. This is an open swim time with limited equipment.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Lane Swim - 2:15 - 3:15 p.m.**

Date and Time: Saturday, March 18 02:15 p.m. - 3:15 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Public Skating - 4:30 - 5:20 p.m. (Helmets strongly recommended)**

Date and Time: Saturday, March 18 04:30 p.m. - 5:20 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a schedule and to register for our recreational skates, [click here.](#)

\$3.00 per person for all public skates. \$5.50 for shinny hockey and figure skating ticket ice.

Public Skating - Helmets are strongly recommended, no skating aids permitted.

Family Skating - Helmets are mandatory for all participants in this program.

Figure Skating Ticket Ice - Ice time is provided for figure skating practice only. Supervision by a coach is required if skaters are under 18. Coaches must register at customer service desk. Lifts and throws are not permitted. A maximum of 15 skaters are permitted on the ice at any given time. Pre-registration is required.

Adult Recreational Skating - Helmets are strongly recommended

Adult Shinny - Helmets are mandatory for this program

Senior Shinny - Helmets are mandatory for this program

For a hard copy or digital copy of the recreational skating schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Gymnasium Closed for Special Events**

Date and Time: Saturday, March 18 06:00 p.m. - 9:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

## **Sunday, March 19, 2023**

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### **Gymnasium Closed for Special Events**

Date and Time: Sunday, March 19 06:00 a.m. - 9:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### Youth Room (Various Dates/Times)

Date and Time: Sunday, March 19 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Children's Programs (Various Programs)

Date and Time: Sunday, March 19 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Preschool Programs (Various Programs/Date/Time)

Date and Time: Sunday, March 19 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Sunday, March 19 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Workout Studio (Various Dates/Times)

Date and Time: Sunday, March 19 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### Belleville & District Kennel Club Dog Show

Date and Time: Sunday, March 19 08:00 a.m. - 7:00 p.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Visit [Belleville & District Kennel Club Dog Show](#) website for more information.

### **Lane Swim - 8:00 - 8:55 a.m.**

Date and Time: Sunday, March 19 08:00 a.m. - 8:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)**

Date and Time: Sunday, March 19 08:00 a.m. - 9:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Lane Swim - 9:00 - 10:00 a.m.**

Date and Time: Sunday, March 19 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Family Swim - 9:00 - 10:15 a.m. (All pools)**

Date and Time: Sunday, March 19 09:00 a.m. - 10:15 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Public Swim - 1:00 - 2:00 p.m. (Main Pool/Therapy & Preschool Pool)**

Date and Time: Sunday, March 19 01:00 p.m. - 2:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately. This is an open swim time with limited equipment.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Lane Swim - 1:00 - 2:00 p.m.**

Date and Time: Sunday, March 19 01:00 p.m. - 2:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Lane Swim - 2:15 - 3:15 p.m.

Date and Time: Sunday, March 19 02:15 p.m. - 3:15 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Public Swim - 2:15 - 3:15 p.m. (Main Pool/Therapy & Preschool Pool)

Date and Time: Sunday, March 19 02:15 p.m. - 3:15 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately. This is an open swim time with limited equipment.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Monday, March 20, 2023

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### Workout Studio (Various Dates/Times)

Date and Time: Monday, March 20 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Monday, March 20 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Pickleball - Various Levels/Dates/Times

Date and Time: Monday, March 20 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Preschool Programs (Various Programs/Date/Time)

Date and Time: Monday, March 20 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Children's Programs (Various Programs)**

Date and Time: Monday, March 20 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Adult Health & Wellness Programs (Various Programs)**

Date and Time: Monday, March 20 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Older Adult Health & Wellness Programs (Various Programs)**

Date and Time: Monday, March 20 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Youth Room (Various Dates/Times)**

Date and Time: Monday, March 20 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Lane Swim - 6:00 - 6:55 a.m.**

Date and Time: Monday, March 20 06:00 a.m. - 6:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Lane Swim - 7:00 - 7:55 a.m.**

Date and Time: Monday, March 20 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)**

Date and Time: Monday, March 20 08:00 a.m. - 9:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)**

Date and Time: Monday, March 20 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Senior Shinny Hockey - 9:00 - 9:50 a.m. (Helmets are mandatory)**

Date and Time: Monday, March 20 09:00 a.m. - 9:50 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a schedule and to register for our recreational skates, [click here.](#)

\$3.00 per person for all public skates. \$5.50 for shinny hockey and figure skating ticket ice.

Public Skating - Helmets are strongly recommended, no skating aids permitted.

Family Skating - Helmets are mandatory for all participants in this program.

Figure Skating Ticket Ice - Ice time is provided for figure skating practice only. Supervision by a coach is required if skaters are under 18. Coaches must register at customer service desk. Lifts and throws are not permitted. A maximum of 15 skaters are permitted on the ice at any given time. Pre-registration is required.

Adult Recreational Skating - Helmets are strongly recommended

Adult Shinny - Helmets are mandatory for this program

Senior Shinny - Helmets are mandatory for this program

For a hard copy or digital copy of the recreational skating schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **50+ Centre Programs (Various Programs)**

Date and Time: Monday, March 20 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here](#).

### Lane Swim - 11:00 a.m. - 12:00 p.m.

Date and Time: Monday, March 20 11:00 a.m. - 12:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Tuesday, March 21, 2023

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### Youth Room (Various Dates/Times)

Date and Time: Tuesday, March 21 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Workout Studio (Various Dates/Times)

Date and Time: Tuesday, March 21 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

### Pickleball - Various Levels/Dates/Times

Date and Time: Tuesday, March 21 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Tuesday, March 21 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Older Adult Health & Wellness Programs (Various Programs)

Date and Time: Tuesday, March 21 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Adult Health & Wellness Programs (Various Programs)**

Date and Time: Tuesday, March 21 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Children's Programs (Various Programs)**

Date and Time: Tuesday, March 21 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Preschool Programs (Various Programs/Date/Time)**

Date and Time: Tuesday, March 21 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## **Lane Swim - 7:00 - 7:55 a.m.**

Date and Time: Tuesday, March 21 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## **Rehabilitation Swim - 7:00 - 8:45 a.m. (Therapy Pool)**

Date and Time: Tuesday, March 21 07:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)



### **Lane Swim - 8:00 - 8:45 a.m.**

Date and Time: Tuesday, March 21 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Lane Swim - 9:00 - 9:55 a.m.**

Date and Time: Tuesday, March 21 09:00 a.m. - 9:55 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **50+ Centre Programs (Various Programs)**

Date and Time: Tuesday, March 21 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here.](#)

### **Lane Swim - 10:00 - 10:45 a.m.**

Date and Time: Tuesday, March 21 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Family Swim - 10:00 - 10:45 a.m. (Main Pool Only)**

Date and Time: Tuesday, March 21 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## **Wednesday, March 22, 2023**

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### **Youth Room (Various Dates/Times)**

Date and Time: Wednesday, March 22 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Lane Swim - 6:00 - 6:55 a.m.

Date and Time: Wednesday, March 22 06:00 a.m. - 6:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Workout Studio (Various Dates/Times)

Date and Time: Wednesday, March 22 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

### Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Wednesday, March 22 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Pickleball - Various Levels/Dates/Times

Date and Time: Wednesday, March 22 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Preschool Programs (Various Programs/Date/Time)

Date and Time: Wednesday, March 22 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Children's Programs (Various Programs)

Date and Time: Wednesday, March 22 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Adult Health & Wellness Programs (Various Programs)

Date and Time: Wednesday, March 22 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Older Adult Health & Wellness Programs (Various Programs)

Date and Time: Wednesday, March 22 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Lane Swim - 7:00 - 7:55 a.m.

Date and Time: Wednesday, March 22 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)

Date and Time: Wednesday, March 22 07:00 a.m. - 8:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Lane Swim - 8:00 - 8:45 a.m.

Date and Time: Wednesday, March 22 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## 50+ Centre Programs (Various Programs)

Date and Time: Wednesday, March 22 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here](#).

### **Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)**

Date and Time: Wednesday, March 22 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Lane Swim - 11:00 a.m. - 12:00 p.m.**

Date and Time: Wednesday, March 22 11:00 a.m. - 12:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## **Thursday, March 23, 2023**

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### **Youth Room (Various Dates/Times)**

Date and Time: Thursday, March 23 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Workout Studio (Various Dates/Times)**

Date and Time: Thursday, March 23 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

### **Pickleball - Various Levels/Dates/Times**

Date and Time: Thursday, March 23 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Drop-in Sports & Games - Various Levels/Dates/Times**

Date and Time: Thursday, March 23 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

## Older Adult Health & Wellness Programs (Various Programs)

Date and Time: Thursday, March 23 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Adult Health & Wellness Programs (Various Programs)

Date and Time: Thursday, March 23 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Children's Programs (Various Programs)

Date and Time: Thursday, March 23 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Preschool Programs (Various Programs/Date/Time)

Date and Time: Thursday, March 23 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Lane Swim - 7:00 - 7:55 a.m.

Date and Time: Thursday, March 23 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)

Date and Time: Thursday, March 23 07:00 a.m. - 8:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Lane Swim - 8:00 - 8:45 a.m.**

Date and Time: Thursday, March 23 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Lane Swim - 9:00 - 9:55 a.m.**

Date and Time: Thursday, March 23 09:00 a.m. - 9:55 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **50+ Centre Programs (Various Programs)**

Date and Time: Thursday, March 23 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here.](#)

### **Lane Swim - 10:00 - 10:45 a.m.**

Date and Time: Thursday, March 23 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Family Swim - 10:00 - 10:45 a.m. (Main Pool Only)**

Date and Time: Thursday, March 23 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### Youth Room (Various Dates/Times)

Date and Time: Friday, March 24 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Lane Swim - 6:00 - 6:55 a.m.

Date and Time: Friday, March 24 06:00 a.m. - 6:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Workout Studio (Various Dates/Times)

Date and Time: Friday, March 24 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

### Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Friday, March 24 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Pickleball - Various Levels/Dates/Times

Date and Time: Friday, March 24 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### Preschool Programs (Various Programs/Date/Time)

Date and Time: Friday, March 24 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Children's Programs (Various Programs)

Date and Time: Friday, March 24 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Adult Health & Wellness Programs (Various Programs)

Date and Time: Friday, March 24 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Older Adult Health & Wellness Programs (Various Programs)

Date and Time: Friday, March 24 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Lane Swim - 7:00 - 7:55 a.m.

Date and Time: Friday, March 24 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Lane Swim - 8:00 - 8:45 a.m.

Date and Time: Friday, March 24 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## 50+ Centre Programs (Various Programs)

Date and Time: Friday, March 24 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here](#).



## Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)

Date and Time: Friday, March 24 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Family Swim - 10:00 - 11:00 a.m. (Therapy/Preschool Pool Only)

Date and Time: Friday, March 24 10:00 a.m. - 11:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Figure Skating Ticket Ice - 11:00 - 11:50 a.m.

Date and Time: Friday, March 24 11:00 a.m. - 11:50 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a schedule and to register for our recreational skates, [click here](#).

\$3.00 per person for all public skates. \$5.50 for shinny hockey and figure skating ticket ice.

Public Skating - Helmets are strongly recommended, no skating aids permitted.

Family Skating - Helmets are mandatory for all participants in this program.

Figure Skating Ticket Ice - Ice time is provided for figure skating practice only. Supervision by a coach is required if skaters are under 18. Coaches must register at customer service desk. Lifts and throws are not permitted. A maximum of 15 skaters are permitted on the ice at any given time. Pre-registration is required.

Adult Recreational Skating - Helmets are strongly recommended

Adult Shinny - Helmets are mandatory for this program

Senior Shinny - Helmets are mandatory for this program

For a hard copy or digital copy of the recreational skating schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Saturday, March 25, 2023

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### Youth Room (Various Dates/Times)

Date and Time: Saturday, March 25 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Workout Studio (Various Dates/Times)**

Date and Time: Saturday, March 25 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

### **Drop-in Sports & Games - Various Levels/Dates/Times**

Date and Time: Saturday, March 25 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Adult Health & Wellness Programs (Various Programs)**

Date and Time: Saturday, March 25 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Children's Programs (Various Programs)**

Date and Time: Saturday, March 25 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Preschool Programs (Various Programs/Date/Time)**

Date and Time: Saturday, March 25 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)**

Date and Time: Saturday, March 25 08:00 a.m. - 9:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## **BMHA House League Year End Tourney**

Date and Time: Saturday, March 25 08:00 a.m. - 6:00 p.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Visit [BMHA Website](#) for more information.

## **Lane Swim - 1:00 - 2:00 p.m.**

Date and Time: Saturday, March 25 01:00 p.m. - 2:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## **Public Swim - 1:00 - 2:00 p.m. (Main Pool/Therapy & Preschool Pool)**

Date and Time: Saturday, March 25 01:00 p.m. - 2:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately. This is an open swim time with limited equipment.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## **Open Gym - 2:00 - 3:45 p.m.**

Date and Time: Saturday, March 25 02:00 p.m. - 3:45 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

## **Public Swim - 2:15 - 3:15 p.m. (Main Pool/Therapy & Preschool Pool)**

Date and Time: Saturday, March 25 02:15 p.m. - 3:15 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately. This is an open swim time with limited equipment.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## **Lane Swim - 2:15 - 3:15 p.m.**

Date and Time: Saturday, March 25 02:15 p.m. - 3:15 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## **Belleville Senators vs. Milwaukee Admirals**

Date and Time: Saturday, March 25 07:00 p.m. - 10:00 p.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Visit [Belleville Senators](#) website for more information.

## **Sunday, March 26, 2023**

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### **Preschool Programs (Various Programs/Date/Time)**

Date and Time: Sunday, March 26 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

### **Children's Programs (Various Programs)**

Date and Time: Sunday, March 26 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

### **Drop-in Sports & Games - Various Levels/Dates/Times**

Date and Time: Sunday, March 26 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Workout Studio (Various Dates/Times)**

Date and Time: Sunday, March 26 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### **Youth Room (Various Dates/Times)**

Date and Time: Sunday, March 26 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Lane Swim - 8:00 - 8:55 a.m.**

Date and Time: Sunday, March 26 08:00 a.m. - 8:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)**

Date and Time: Sunday, March 26 08:00 a.m. - 9:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **BMHA House League Year End Tourney**

Date and Time: Sunday, March 26 08:00 a.m. - 6:00 p.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Visit [BMHA Website](#) for more information.

### **Lane Swim - 9:00 - 10:00 a.m.**

Date and Time: Sunday, March 26 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Family Swim - 9:00 - 10:15 a.m. (All pools)**

Date and Time: Sunday, March 26 09:00 a.m. - 10:15 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Public Swim - 1:00 - 2:00 p.m. (Main Pool/Therapy & Preschool Pool)**

Date and Time: Sunday, March 26 01:00 p.m. - 2:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately. This is an open swim time with limited equipment.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Lane Swim - 1:00 - 2:00 p.m.**

Date and Time: Sunday, March 26 01:00 p.m. - 2:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Open Gym - 1:30 - 3:15 p.m.**

Date and Time: Sunday, March 26 01:30 p.m. - 3:15 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### **Lane Swim - 2:15 - 3:15 p.m.**

Date and Time: Sunday, March 26 02:15 p.m. - 3:15 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Public Swim - 2:15 - 3:15 p.m. (Main Pool/Therapy & Preschool Pool)**

Date and Time: Sunday, March 26 02:15 p.m. - 3:15 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately. This is an open swim time with limited equipment.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## **Monday, March 27, 2023**

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### **Youth Room (Various Dates/Times)**

Date and Time: Monday, March 27 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

## Lane Swim - 6:00 - 6:55 a.m.

Date and Time: Monday, March 27 06:00 a.m. - 6:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Workout Studio (Various Dates/Times)

Date and Time: Monday, March 27 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

## Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Monday, March 27 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

## Pickleball - Various Levels/Dates/Times

Date and Time: Monday, March 27 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

## Children's Programs (Various Programs)

Date and Time: Monday, March 27 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

## Preschool Programs (Various Programs/Date/Time)

Date and Time: Monday, March 27 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

## Adult Health & Wellness Programs (Various Programs)

Date and Time: Monday, March 27 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Older Adult Health & Wellness Programs (Various Programs)

Date and Time: Monday, March 27 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Lane Swim - 7:00 - 7:55 a.m.

Date and Time: Monday, March 27 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)

Date and Time: Monday, March 27 08:00 a.m. - 9:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Spring Registration Opens for City Residents/Taxpayers

Date and Time: Monday, March 27 08:30 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Registration opens at 8:30 a.m. in person, on the telephone while speaking to a customer service representative or online at <https://www.quintesportsandwellnesscentre.ca/en/register-for-programs/easy-ways-to-register.aspx>

## Senior Shiny Hockey - 9:00 - 9:50 a.m. (Helmets are mandatory)

Date and Time: Monday, March 27 09:00 a.m. - 9:50 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8



Pre-registration is required [online](#) or call 613-966-4632. For a schedule and to register for our recreational skates, [click here](#).

\$3.00 per person for all public skates. \$5.50 for shinny hockey and figure skating ticket ice.

Public Skating - Helmets are strongly recommended, no skating aids permitted.

Family Skating - Helmets are mandatory for all participants in this program.

Figure Skating Ticket Ice - Ice time is provided for figure skating practice only. Supervision by a coach is required if skaters are under 18. Coaches must register at customer service desk. Lifts and throws are not permitted. A maximum of 15 skaters are permitted on the ice at any given time. Pre-registration is required.

Adult Recreational Skating - Helmets are strongly recommended

Adult Shinny - Helmets are mandatory for this program

Senior Shinny - Helmets are mandatory for this program

For a hard copy or digital copy of the recreational skating schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)

Date and Time: Monday, March 27 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## 50+ Centre Programs (Various Programs)

Date and Time: Monday, March 27 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here](#).

## Tuesday, March 28, 2023

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### Youth Room (Various Dates/Times)

Date and Time: Tuesday, March 28 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### Workout Studio (Various Dates/Times)

Date and Time: Tuesday, March 28 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### **Pickleball - Various Levels/Dates/Times**

Date and Time: Tuesday, March 28 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Drop-in Sports & Games - Various Levels/Dates/Times**

Date and Time: Tuesday, March 28 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Older Adult Health & Wellness Programs (Various Programs)**

Date and Time: Tuesday, March 28 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Adult Health & Wellness Programs (Various Programs)**

Date and Time: Tuesday, March 28 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Preschool Programs (Various Programs/Date/Time)**

Date and Time: Tuesday, March 28 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Children's Programs (Various Programs)**

Date and Time: Tuesday, March 28 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Lane Swim - 7:00 - 7:55 a.m.**

Date and Time: Tuesday, March 28 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Rehabilitation Swim - 7:00 - 8:45 a.m. (Therapy Pool)**

Date and Time: Tuesday, March 28 07:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Lane Swim - 8:00 - 8:45 a.m.**

Date and Time: Tuesday, March 28 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Lane Swim - 9:00 - 9:55 a.m.**

Date and Time: Tuesday, March 28 09:00 a.m. - 9:55 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **50+ Centre Programs (Various Programs)**

Date and Time: Tuesday, March 28 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here](#).

### **Lane Swim - 10:00 - 10:45 a.m.**

Date and Time: Tuesday, March 28 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Family Swim - 10:00 - 10:45 a.m. (Main Pool Only)**

Date and Time: Tuesday, March 28 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## **Wednesday, March 29, 2023**

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### **Youth Room (Various Dates/Times)**

Date and Time: Wednesday, March 29 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here.](#)

For program descriptions, visit the [QSWC website.](#)

### **Lane Swim - 6:00 - 6:55 a.m.**

Date and Time: Wednesday, March 29 06:00 a.m. - 6:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Workout Studio (Various Dates/Times)**

Date and Time: Wednesday, March 29 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

### **Drop-in Sports & Games - Various Levels/Dates/Times**

Date and Time: Wednesday, March 29 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Pickleball - Various Levels/Dates/Times**

Date and Time: Wednesday, March 29 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Children's Programs (Various Programs)**

Date and Time: Wednesday, March 29 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Preschool Programs (Various Programs/Date/Time)**

Date and Time: Wednesday, March 29 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Adult Health & Wellness Programs (Various Programs)**

Date and Time: Wednesday, March 29 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Older Adult Health & Wellness Programs (Various Programs)**

Date and Time: Wednesday, March 29 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Lane Swim - 7:00 - 7:55 a.m.**

Date and Time: Wednesday, March 29 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)**

Date and Time: Wednesday, March 29 07:00 a.m. - 8:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Lane Swim - 8:00 - 8:45 a.m.**

Date and Time: Wednesday, March 29 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **50+ Centre Programs (Various Programs)**

Date and Time: Wednesday, March 29 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here.](#)

### **Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)**

Date and Time: Wednesday, March 29 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Lane Swim - 11:00 a.m. - 12:00 p.m.**

Date and Time: Wednesday, March 29 11:00 a.m. - 12:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## **Thursday, March 30, 2023**

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### **Youth Room (Various Dates/Times)**

Date and Time: Thursday, March 30 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Workout Studio (Various Dates/Times)**

Date and Time: Thursday, March 30 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

### **Pickleball - Various Levels/Dates/Times**

Date and Time: Thursday, March 30 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Drop-in Sports & Games - Various Levels/Dates/Times**

Date and Time: Thursday, March 30 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

### **Older Adult Health & Wellness Programs (Various Programs)**

Date and Time: Thursday, March 30 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Adult Health & Wellness Programs (Various Programs)**

Date and Time: Thursday, March 30 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Preschool Programs (Various Programs/Date/Time)**

Date and Time: Thursday, March 30 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Children's Programs (Various Programs)

Date and Time: Thursday, March 30 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Lane Swim - 7:00 - 7:55 a.m.

Date and Time: Thursday, March 30 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)

Date and Time: Thursday, March 30 07:00 a.m. - 8:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

Rehabilitation Swim - Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

## Lane Swim - 8:00 - 8:45 a.m.

Date and Time: Thursday, March 30 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times](#).

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Spring Registration Opens for Non-City Residents/Taxpayers

Date and Time: Thursday, March 30 08:30 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Registration opens at 8:30 a.m. in person, on the telephone while speaking to a customer service representative or online at <https://www.quintesportsandwellnesscentre.ca/en/register-for-programs/easy-ways-to-register.aspx>

## Lane Swim - 9:00 - 9:55 a.m.



Date and Time: Thursday, March 30 09:00 a.m. - 9:55 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **50+ Centre Programs (Various Programs)**

Date and Time: Thursday, March 30 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here](#).

### **Lane Swim - 10:00 - 10:45 a.m.**

Date and Time: Thursday, March 30 10:00 a.m. - 10:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## **Friday, March 31, 2023**

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### **Youth Room (Various Dates/Times)**

Date and Time: Friday, March 31 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Lane Swim - 6:00 - 6:55 a.m.**

Date and Time: Friday, March 31 06:00 a.m. - 6:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Workout Studio (Various Dates/Times)**

Date and Time: Friday, March 31 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

## Drop-in Sports & Games - Various Levels/Dates/Times

Date and Time: Friday, March 31 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

## Pickleball - Various Levels/Dates/Times

Date and Time: Friday, March 31 06:00 a.m.

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

**Pre-booking is required.** You can book either by calling 613-966-4632, [registering online](#) or in person.

## Children's Programs (Various Programs)

Date and Time: Friday, March 31 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Preschool Programs (Various Programs/Date/Time)

Date and Time: Friday, March 31 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Adult Health & Wellness Programs (Various Programs)

Date and Time: Friday, March 31 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

## Older Adult Health & Wellness Programs (Various Programs)

Date and Time: Friday, March 31 06:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a list of all programs available and to register, [click here](#).

For program descriptions, visit the [QSWC website](#).

### **Lane Swim - 7:00 - 7:55 a.m.**

Date and Time: Friday, March 31 07:00 a.m. - 7:55 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Lane Swim - 8:00 - 8:45 a.m.**

Date and Time: Friday, March 31 08:00 a.m. - 8:45 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **50+ Centre Programs (Various Programs)**

Date and Time: Friday, March 31 09:00 a.m. - 4:00 p.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. A 50+ Centre Membership is required. \$5.00/per year.

Learn more and register by [clicking here.](#)

### **Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)**

Date and Time: Friday, March 31 09:00 a.m. - 10:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Family Swim - 10:00 - 11:00 a.m. (Therapy/Preschool Pool Only)**

Date and Time: Friday, March 31 10:00 a.m. - 11:00 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Family Swim - All children under the age of 16 must be with an adult who remains in the pool with them.

For a hard copy or digital copy of the recreational swimming schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

### **Figure Skating Ticket Ice - 11:00 - 11:50 a.m.**

Date and Time: Friday, March 31 11:00 a.m. - 11:50 a.m.

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. For a schedule and to register for our recreational skates, [click here.](#)

\$3.00 per person for all public skates. \$5.50 for shinny hockey and figure skating ticket ice.

Public Skating - Helmets are strongly recommended, no skating aids permitted.

Family Skating - Helmets are mandatory for all participants in this program.

Figure Skating Ticket Ice - Ice time is provided for figure skating practice only. Supervision by a coach is required if skaters are under 18. Coaches must register at customer service desk. Lifts and throws are not permitted. A maximum of 15 skaters are permitted on the ice at any given time. Pre-registration is required.

Adult Recreational Skating - Helmets are strongly recommended

Adult Shinny - Helmets are mandatory for this program

Senior Shinny - Helmets are mandatory for this program

For a hard copy or digital copy of the recreational skating schedule, visit the customer service desk or email us at [rccsgeneral@belleville.ca](mailto:rccsgeneral@belleville.ca)

<https://calendar.quintesportsandwellnesscentre.ca>