



Generated January 19,  
2025

# January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
				7:00 am Lane Swim	7:00 am Lane Swim	10:00 am Family/Open Gym
				7:30 am Rehabilitation Swim	7:30 am Rehabilitation Swim	11:15 am Lane Swim
				8:00 am Lane Swim	8:00 am Lane Swim	12:00 pm Family/Open Gym
				8:00 am Winter Wonderland Camp (Grades JK -2)	8:00 am Lane Swim	12:30 pm Lane Swim (1/2 pool)
				8:00 am Winter Wonderland Camp (Grades 3 -8)	8:00 am Winter Wonderland Camp (Grades 3 -8)	12:30 pm Public Swim (All Pools)
				9:00 am Lane Swim (1/2 pool)	8:00 am Winter Wonderland Camp (Grades JK -2)	2:00 pm Public Swim (All Pools)
				9:00 am Family Swim (All Pools)	9:00 am Family Swim (All Pools)	2:00 pm Lane Swim (1/2 pool)
				10:00 am Lane Swim (1/2 pool)	9:00 am Lane Swim (1/2 pool)	
				10:00 am Lane Swim (1/2 pool)	10:00 am Lane Swim (1/2 pool)	
				10:30 am Senior Shinny (50+)	10:30 am Public Swim (All Pools)	
				10:30 am Public Swim (All Pools)	10:30 am Public Swim (All Pools)	
				11:00 am Lane Swim (1/2 pool)	11:00 am Lane Swim (1/2 pool)	
				11:30 am Family Skating (helmets mandatory for all participants)	11:00 am Lane Swim (1/2 pool)	
				12:00 pm Family/Open Gym	12:00 pm Family/Open Gym	
				12:00 pm Adult Shinny	2:00 pm Pickleball (Recreational)	
				12:30 pm Adult Recreational Skating (16+)	2:00 pm Senior's Swim (All Pools)	
				1:30 pm Free Public Skate Sponsored by Megan Morton, Realtor - eXp Realty Brokerage	3:00 pm Rehabilitation Swim	
					3:00 pm Lane Swim	
					4:00 pm Family/Open Gym	
					4:30 pm Public Swim (All Pools)	
					4:30 pm Lane Swim	

				2:00 pm Senior's Swim (All Pools) 2:00 pm Pickleball (Recreational) 3:00 pm Lane Swim 3:00 pm Rehabilitation Swim 4:00 pm Family/Open Gym 4:30 pm Public Swim (All Pools) 4:30 pm Lane Swim		
5 10:00 am Family/Open Gym 12:00 pm Family/Open Gym 12:30 pm Public Swim (All Pools) 2:00 pm Public Swim (All Pools) 2:00 pm Lane Swim (1/2 pool)	6 10:45 am Family/Open Gym 1:15 pm Pickleball (Recreational) 3:15 pm Open Gym	7 10:45 am Family/Open Gym 1:15 pm Pickleball (Recreational) 3:15 pm Open Gym	8 10:45 am Family/Open Gym 1:15 pm Pickleball (Recreational) 3:15 pm Open Gym	9 10:45 am Family/Open Gym 1:15 pm Pickleball (Recreational) 3:15 pm Open Gym	10 10:45 am Family/Open Gym 1:15 pm Pickleball (Recreational) 3:15 pm Open Gym 7:00 pm Belleville Senators vs. Wilkes-Barre/Scranton Penguins	11 10:00 am Family/Open Gym 12:00 pm Family/Open Gym
12 10:00 am Family/Open Gym 12:00 pm Family/Open Gym 3:00 pm Belleville Senators vs. Wilkes-Barre/Scranton Penguins	13	14	15	16	17	18
19	20	21	22	23	24 7:00 pm Belleville Senators vs. Hershey Bears	25 7:00 pm Belleville Senators vs. Hershey Bears
26	27	28	29 7:00 pm Belleville Senators vs. Hartford Wolf Pack	30	31	

<https://calendar.quintesportsandwellnesscentre.ca>