



Generated May 10, 2025

June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1</p> <p>7:00 am Lane Swim - 7:00 - 7:55 a.m.</p> <p>7:00 am Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)</p> <p>8:00 am Aqua Fitness - 8:00- 8:45am</p> <p>8:00 am Lane Swim - 8:00 - 8:45 a.m.</p> <p>8:45 am Pickleball - Intermediate 8:45am-10:30am</p> <p>9:00 am Therapy Fitness - 9:00- 9:50am</p> <p>9:00 am Lane Swim - 9:00 - 9:55 a.m.</p> <p>10:00 am Lane Swim - 10:00 - 10:45 a.m.</p> <p>10:00 am Family Swim - 10:00 - 10:45 a.m. (Main Pool Only)</p> <p>10:45 am Pickleball - Intermediate / Advanced 10:45am- 12:30pm</p> <p>11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Therapy/Preschool Pool Only)</p> <p>1:15 pm Pickleball - Beginner /Intermediate 1:15pm-3:00pm</p> <p>2:00 pm Senior's Swim - 2:00 - 3:00</p>	<p>2</p> <p>6:00 am Lane Swim - 6:00 - 6:55 a.m.</p> <p>7:00 am Lane Swim - 7:00 - 7:55 a.m.</p> <p>8:00 am Lane Swim - 8:00 - 8:45 a.m.</p> <p>8:45 am Pickleball - Advanced 8:45am- 10:30am</p> <p>9:00 am Aqua Fitness - 9:00- 9:50am</p> <p>9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)</p> <p>10:00 am Family Swim - 10:00 - 11:00 a.m. (Therapy/Preschool Pool Only)</p> <p>10:45 am Pickleball - Intermediate 10:45am-12:30pm</p> <p>11:00 am Lane Swim - 11:00 a.m. - 12:00 p.m.</p> <p>11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only)</p> <p>12:00 pm Lane Swim - 12:00 - 12:45 p.m.</p> <p>1:15 pm Pickleball - Beginner 1:15pm- 3:00pm</p> <p>2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)</p>	<p>3</p> <p>8:00 am Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)</p> <p>10:00 am Family Gym/Open Gym - 10:00- 11:45am</p> <p>12:00 pm Badminton - 12:00-1:45pm</p> <p>1:00 pm Public Swim - 1:00 - 2:00 p.m. (Main Pool/Therapy & Preschool Pool)</p> <p>1:00 pm Lane Swim - 1:00 - 2:00 p.m.</p> <p>2:00 pm Open Gym -2:00- 3:45pm</p> <p>2:15 pm Lane Swim - 2:15 - 3:15 p.m.</p> <p>2:15 pm Public Swim - 2:15 - 3:15 p.m. (Main Pool/Therapy & Preschool Pool)</p>

				<p>p.m. (Main Pool or Therapy Pool)</p> <p>3:00 pm Lane Swim - 3:00 - 3:45 p.m.</p> <p>3:15 pm Parent and Tot Swims 3:15 - 4:00 p.m.</p> <p>3:15 pm Open Gym - 3:15-5:00pm</p> <p>3:45 pm Lane Swim - 3:45 - 4:30 p.m.</p> <p>7:00 pm Aqua Fitness - 7:00-7:50pm</p> <p>7:30 pm Volleyball Recreation/Beginner 7:30-9:15pm</p> <p>8:00 pm Lane Swim - 8:00 - 8:45 p.m.</p>	<p>3:00 pm Rehabilitation Swim - 3:00 - 4:00 p.m. (Therapy Pool)</p> <p>3:00 pm Lane Swim - 3:00 - 4:00 p.m.</p> <p>3:15 pm Open Gym - 3:15-5:00pm</p> <p>5:15 pm Open Gym - 5:15-7:00pm</p> <p>7:15 pm Recreation Pickleball 7:15-9:00pm</p>	
4	5	6	7	8	9	10
8:00 am Rehabilitation	6:00 am Lane Swim - 6:00 - 6:55 a.m.	7:00 am Lane Swim - 7:00 - 7:55 a.m.	6:00 am Lane Swim - 6:00 - 6:55 a.m.	7:00 am Lane Swim - 7:00 - 7:55 a.m.	6:00 am Lane Swim - 6:00 - 6:55 a.m.	8:00 am Rehabilitation

Swim - 8:00 - 9:00 a.m. (Therapy Pool)	7:00 am Lane Swim - 7:00 - 7:55 a.m.	7:00 am Rehabilitation Swim - 7:00 - 8:45 a.m. (Therapy Pool)	7:00 am Lane Swim - 7:00 - 7:55 a.m.	7:00 am Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)	7:00 am Lane Swim - 7:00 - 7:55 a.m.	Swim - 8:00 - 9:00 a.m. (Therapy Pool)
8:00 am Lane Swim - 8:00 - 8:55 a.m.	8:00 am Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)	8:00 am Aqua Fitness - 8:00-8:45am	7:00 am Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)	8:00 am Aqua Fitness - 8:00-8:45am	8:00 am Lane Swim - 8:00 - 8:45 a.m.	10:00 am Family Gym/Open Gym - 10:00-11:45am
9:00 am Lane Swim - 9:00 - 10:00 a.m.	8:30 am Summer Program Registration open for City Residents/Taxpayers at 8:30 a.m.	8:00 am Lane Swim - 8:00 - 8:45 a.m.	8:00 am Lane Swim - 8:00 - 8:45 a.m.	8:00 am Lane Swim - 8:00 - 8:45 a.m.	9:00 am Aqua Fitness - 9:00-9:50am	12:00 pm Badminton - 12:00-1:45pm
9:00 am Family Swim - 9:00 - 10:15 a.m. (All Pools)	8:45 am Pickleball - Advanced 8:45am-10:30am	9:00 am Therapy Fitness - 9:00-9:50am	8:45 am Pickleball - Intermediate / Advanced 8:45am-10:30am	8:30 am Summer Program Registration open for Non-City Residents/Taxpayers at 8:30 a.m.	9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)	1:00 pm Public Swim - 1:00 - 2:00 p.m. (Main Pool/Therapy & Preschool Pool)
11:00 am Aqua Cross Training - 11:00-11:55am	9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)	10:00 am Lane Swim - 10:00 - 10:45 a.m.	9:00 am Aqua Fitness - 9:00-9:50am	8:45 am Pickleball - Intermediate 8:45am-10:30am	10:00 am Family Swim - 10:00 - 11:00 a.m. (Therapy/Preschool Pool Only)	1:00 pm Lane Swim - 1:00 - 2:00 p.m.
12:10 pm Aqua Mind & Body - 12:10-12:55pm	9:00 am Aqua Fitness - 9:00-9:50am	10:00 am Family Swim - 10:00 - 10:45 a.m. (Main Pool Only)	9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)	9:00 am Therapy Fitness - 9:00-9:50am	10:45 am Pickleball - Intermediate 10:45am-12:30pm	2:00 pm Open Gym -2:00-3:45pm
12:15 pm Family Gym/Open Gym - 12:15 - 2:00pm	10:00 am Aqua Fitness - 10:00-10:50am	10:00 am Joint Replacement Rehab (Therapy Fitness) - 10:00-10:45am	10:00 am Aqua Fitness - 10:00-10:50am	9:00 am Lane Swim - 9:00 - 9:55 a.m.	11:00 am Lane Swim - 11:00 a.m. - 12:00 p.m.	2:15 pm Lane Swim - 2:15 - 3:15 p.m.
1:00 pm Lane Swim - 1:00 - 2:00 p.m.	10:45 am Pickleball - Intermediate 10:45am-12:30pm	11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Therapy/Preschool Pool Only)	11:00 am Lane Swim - 11:00 a.m. - 12:00 p.m.	10:00 am Lane Swim - 10:00 - 10:45 a.m.	11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only)	2:15 pm Public Swim - 2:15 - 3:15 p.m. (Main Pool/Therapy & Preschool Pool)
1:00 pm Public Swim - 1:00 - 2:00 p.m. (Main Pool/Therapy & Preschool Pool)	11:00 am Lane Swim - 11:00 a.m. - 12:00 p.m.	1:15 pm Pickleball - Beginner 1:15pm-3:00pm	11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only)	10:00 am Family Swim - 10:00 - 10:45 a.m. (Main Pool Only)	12:00 pm Lane Swim - 12:00 - 12:45 p.m.	
2:15 pm Public Swim - 2:15 - 3:15 p.m. (Main Pool/Therapy & Preschool Pool)	11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only)	2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)	12:00 pm Aqua Fitness - 12:00-12:45pm	10:45 am Pickleball - Intermediate / Advanced 10:45am-12:30pm	1:15 pm Pickleball - Beginner 1:15pm-3:00pm	
2:15 pm Lane Swim - 2:15 - 3:15 p.m.	12:00 pm Deep Water Aqua Fitness - 12:00-12:45pm	3:00 pm Lane Swim - 3:00 - 3:45 p.m.	1:00 pm Diaper Fit - 1:00-1:30pm	11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Therapy/Preschool Pool Only)	2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)	
2:15 pm Recreation Pickleball - 2:15-4:00pm	1:00 pm Arthritis & Fibromyalgia Aqua Fitness - 1:00-1:50pm	3:15 pm Parent and Tot Swims 3:15 - 4:00 p.m.	1:15 pm Pickleball - Advanced 1:15pm-3:00pm	1:15 pm Pickleball - Beginner /Intermediate 1:15pm-3:00pm	3:00 pm Rehabilitation Swim - 3:00 - 4:00 p.m. (Therapy Pool)	
4:15 pm Open Gym - 4:15-6:00pm	1:15 pm Pickleball - Beginner 1:15pm-3:00pm	3:30 pm Open Gym - 3:30-5:15pm	1:30 pm Parkinson's Aquatic Therapy Fitness - 1:30-2:00pm	2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)	3:15 pm Pickleball - Advanced 3:15-5:00pm	
6:30 pm Basketball 6:30-8:15pm	2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)	6:00 pm Aqua Fitness - 6:00-6:50pm	2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)	3:00 pm Lane Swim - 3:00 - 3:45 p.m.	5:15 pm Open Gym - 5:15-7:00pm	
	3:00 pm Lane Swim - 3:00 - 3:45 p.m.	6:30 pm Crokinole - 6:30-9:00pm	3:00 pm Rehabilitation Swim - 3:00 - 4:00 p.m. (Therapy Pool)	3:15 pm Parent and Tot Swims 3:15 - 4:00 p.m.	7:15 pm Recreation Pickleball 7:15-9:00pm	
	3:00 pm Rehabilitation Swim - 3:00 - 4:30 p.m. (Therapy Pool)	7:30 pm Table Tennis - 7:30-9:15pm	3:00 pm Lane Swim - 3:00 - 3:45 p.m.	3:15 pm Open Gym - 3:15-5:00pm		
	3:30 pm Family Gym/Open Gym - 3:30-5:15pm	7:30 pm Volleyball Intermediate/Advanced 7:30-9:15pm	3:30 pm Child and Youth Basketball - 3:30-4:45pm (10-17 years)	3:45 pm Lane Swim - 3:45 - 4:30 p.m.		
	3:45 pm Lane Swim - 3:45 - 4:30 p.m.	7:30 pm Public Swim - 7:30 - 8:55 p.m. (Main Pool or Therapy/Preschool Pool)	3:45 pm Lane Swim - 3:45 - 4:30 p.m.	7:00 pm Aqua Fitness - 7:00-7:50pm		
	8:00 pm Lane Swim - 8:00 - 8:45 p.m.	8:00 pm Lane Swim - 8:00 - 8:45 p.m.	5:00 pm Recreation Pickleball 5:00-6:45pm	7:30 pm Volleyball Recreation/Beginner 7:30-9:15pm		
			7:00 pm Badminton - 7:00-8:45pm	8:00 pm Lane Swim - 8:00 - 8:45 p.m.		
			8:00 pm Lane			

				Swim - 8:00 - 8:45 p.m.			
11	12	13	14	15	16	17	
8:00 am Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)	6:00 am Lane Swim - 6:00 - 6:55 a.m.	7:00 am Lane Swim - 7:00 - 7:55 a.m.	6:00 am Lane Swim - 6:00 - 6:55 a.m.	7:00 am Lane Swim - 7:00 - 7:55 a.m.	6:00 am Lane Swim - 6:00 - 6:55 a.m.	8:00 am Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)	
8:00 am Lane Swim - 8:00 - 8:55 a.m.	7:00 am Lane Swim - 7:00 - 7:55 a.m.	7:00 am Rehabilitation Swim - 7:00 - 8:45 a.m. (Therapy Pool)	7:00 am Lane Swim - 7:00 - 7:55 a.m.	7:00 am Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)	7:00 am Lane Swim - 7:00 - 7:55 a.m.	10:00 am Family Gym/Open Gym - 10:00-11:45am	
9:00 am Family Swim - 9:00 - 10:15 a.m. (All Pools)	8:00 am Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)	8:00 am Aqua Fitness - 8:00-8:45am	7:00 am Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)	8:00 am Aqua Fitness - 8:00-8:45am	8:00 am Lane Swim - 8:00 - 8:45 a.m.	12:00 pm Badminton - 12:00-1:45pm	
9:00 am Lane Swim - 9:00 - 10:00 a.m.	8:45 am Pickleball - Advanced 8:45am-10:30am	8:00 am Lane Swim - 8:00 - 8:45 a.m.	8:00 am Lane Swim - 8:00 - 8:45 a.m.	8:00 am Lane Swim - 8:00 - 8:45 a.m.	8:45 am Pickleball - Advanced 8:45am-10:30am	1:00 pm Public Swim - 1:00 - 2:00 p.m. (Main Pool/Therapy & Preschool Pool)	
11:00 am Aqua Cross Training - 11:00-11:55am	9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)	9:00 am Therapy Fitness - 9:00-9:50am	8:45 am Pickleball - Intermediate / Advanced 8:45am-10:30am	8:45 am Pickleball - Intermediate 8:45am-10:30am	9:00 am Aqua Fitness - 9:00-9:50am	2:00 pm Open Gym -2:00-3:45pm	
12:10 pm Aqua Mind & Body - 12:10-12:55pm	9:00 am Aqua Fitness - 9:00-9:50am	9:00 am Lane Swim - 9:00 - 9:55 a.m.	9:00 am Aqua Fitness - 9:00-9:50am	9:00 am Therapy Fitness - 9:00-9:50am	9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)	2:15 pm Lane Swim - 2:15 - 3:15 p.m.	
12:15 pm Family Gym/Open Gym - 12:15 - 2:00pm	10:00 am Aqua Fitness - 10:00-10:50am	10:00 am Lane Swim - 10:00 - 10:45 a.m.	9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)	9:00 am Lane Swim - 9:00 - 9:55 a.m.	10:00 am Family Swim - 10:00 - 11:00 a.m. (Therapy/Preschool Pool Only)	2:15 pm Public Swim - 2:15 - 3:15 p.m. (Main Pool/Therapy & Preschool Pool)	
1:00 pm Lane Swim - 1:00 - 2:00 p.m.	10:45 am Pickleball - Intermediate 10:45am-12:30pm	10:00 am Family Swim - 10:00 - 10:45 a.m. (Main Pool Only)	10:00 am Joint Replacement Rehab (Therapy Fitness) - 10:00-10:45am	10:00 am Lane Swim - 10:00 - 10:45 a.m.	10:45 am Pickleball - Intermediate 10:45am-12:30pm		
1:00 pm Public Swim - 1:00 - 2:00 p.m. (Main Pool/Therapy & Preschool Pool)	11:00 am Lane Swim - 11:00 a.m. - 12:00 p.m.	11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Therapy/Preschool Pool Only)	10:00 am Aqua Fitness - 10:00-10:50am	10:00 am Family Swim - 10:00 - 10:45 a.m. (Main Pool Only)	11:00 am Lane Swim - 11:00 a.m. - 12:00 p.m.		
2:15 pm Public Swim - 2:15 - 3:15 p.m. (Main Pool/Therapy & Preschool Pool)	11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only)	1:15 pm Pickleball - Beginner 1:15pm-3:00pm	11:00 am Lane Swim - 11:00 a.m. - 12:00 p.m.	10:45 am Pickleball - Intermediate / Advanced 10:45am-12:30pm	11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only)		
2:15 pm Public Swim - 2:15 - 3:15 p.m. (Main Pool/Therapy & Preschool Pool)	12:00 pm Deep Water Aqua Fitness - 12:00-12:45pm	2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)	11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only)	11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Therapy/Preschool Pool Only)	12:00 pm Lane Swim - 12:00 - 12:45 p.m.		
2:15 pm Lane Swim - 2:15 - 3:15 p.m.	1:00 pm Arthritis & Fibromyalgia Aqua Fitness - 1:00-1:50pm	3:00 pm Lane Swim - 3:00 - 3:45 p.m.	12:00 pm Aqua Fitness - 12:00-12:45pm	12:00 pm Aqua Fitness - 12:00-12:45pm	1:15 pm Pickleball - Beginner 1:15pm-3:00pm		
2:15 pm Recreation Pickleball - 2:15-4:00pm	1:15 pm Pickleball - Beginner 1:15pm-3:00pm	3:15 pm Parent and Tot Swims 3:15 - 4:00 p.m.	1:00 pm Diaper Fit - 1:00-1:30pm	1:15 pm Pickleball - Advanced 1:15pm-3:00pm	2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)		
4:15 pm Open Gym - 4:15-6:00pm	2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)	3:30 pm Open Gym - 3:30-5:15pm	1:15 pm Pickleball - Advanced 1:15pm-3:00pm	1:30 pm Parkinson's Aquatic Therapy Fitness - 1:30-2:00pm	3:00 pm Lane Swim - 3:00 - 3:45 p.m.		
6:30 pm Basketball 6:30-8:15pm	3:00 pm Lane Swim - 3:00 - 3:45 p.m.	6:00 pm Aqua Fitness - 6:00-6:50pm	1:30 pm Parkinson's Aquatic Therapy Fitness - 1:30-2:00pm	3:15 pm Parent and Tot Swims 3:15 - 4:00 p.m.	3:15 pm Open Gym - 3:15-5:00pm		
	3:00 pm Rehabilitation Swim - 3:00 - 4:30 p.m. (Therapy Pool)	6:30 pm Crokinole - 6:30-9:00pm	2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)	3:45 pm Lane Swim - 3:45 - 4:30 p.m.	5:15 pm Open Gym - 5:15-7:00pm		
	3:30 pm Family Gym/Open Gym - 3:30-5:15pm	7:30 pm Table Tennis - 7:30-9:15pm	3:00 pm Child and Youth Basketball - 3:30-4:45pm (10-17 years)	7:00 pm Aqua Fitness - 7:00-7:50pm	7:15 pm Recreation Pickleball 7:15-9:00pm		
	3:45 pm Lane Swim - 3:45 - 4:30 p.m.	7:30 pm Volleyball Intermediate/Advanced 7:30-9:15pm	3:00 pm Lane Swim - 3:00 - 3:45 p.m.	7:30 pm Volleyball Recreation/Beginner 7:30-9:15pm			
	8:00 pm Lane Swim - 8:00 - 8:45 p.m.	7:30 pm Public Swim - 7:30 - 8:55 p.m. (Main Pool or Therapy/Preschool Pool)	3:30 pm Child and Youth Basketball - 3:30-4:45pm (10-17 years)	8:00 pm Lane Swim - 8:00 - 8:45 p.m.			
		8:00 pm Lane Swim - 8:00 - 8:45 p.m.	3:45 pm Lane Swim - 3:45 - 4:30 p.m.				
			5:00 pm Recreation				

			Pickleball 5:00-6:45pm 7:00 pm Badminton - 7:00-8:45pm 8:00 pm Lane Swim - 8:00 - 8:45 p.m.			
18 8:00 am Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool) 8:00 am Lane Swim - 8:00 - 8:55 a.m. 9:00 am Lane Swim - 9:00 - 10:00 a.m. 9:00 am Family Swim - 9:00 - 10:15 a.m. (All Pools) 11:00 am Aqua Cross Training - 11:00-11:55am 12:10 pm Aqua Mind & Body - 12:10-12:55pm 12:15 pm Family Gym/Open Gym - 12:15 - 2:00pm 1:00 pm Lane Swim - 1:00 - 2:00 p.m. 1:00 pm Public Swim - 1:00 - 2:00 p.m. (Main Pool/Therapy & Preschool Pool) 2:15 pm Public Swim - 2:15 - 3:15 p.m. (Main Pool/Therapy & Preschool Pool) 2:15 pm Lane Swim - 2:15 - 3:15 p.m. 4:15 pm Open Gym - 4:15-6:00pm 6:30 pm Basketball 6:30-8:15pm	19 6:00 am Lane Swim - 6:00 - 6:55 a.m. 7:00 am Lane Swim - 7:00 - 7:55 a.m. 8:00 am Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool) 8:45 am Pickleball - Advanced 8:45am-10:30am 9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only) 9:00 am Aqua Fitness - 9:00-9:50am 10:00 am Aqua Fitness - 10:00-10:50am 10:45 am Pickleball - Intermediate 10:45am-12:30pm 11:00 am Lane Swim - 11:00 a.m. - 12:00 p.m. 11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only) 12:00 pm Deep Water Aqua Fitness - 12:00-12:45pm 1:00 pm Arthritis & Fibromyalgia Aqua Fitness - 1:00-1:50pm 1:15 pm Pickleball - Beginner 1:15pm-3:00pm 2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool) 3:00 pm Lane Swim - 3:00 - 3:45 p.m. 3:00 pm Rehabilitation Swim - 3:00 - 4:30 p.m. (Therapy Pool) 3:30 pm Family Gym/Open Gym - 3:30-5:15pm 3:45 pm Lane Swim - 3:45 - 4:30 p.m.	20 7:00 am Lane Swim - 7:00 - 7:55 a.m. 7:00 am Rehabilitation Swim - 7:00 - 8:45 a.m. (Therapy Pool) 8:00 am Aqua Fitness - 8:00-8:45am 8:00 am Lane Swim - 8:00 - 8:45 a.m. 9:00 am Therapy Fitness - 9:00-9:50am 9:00 am Lane Swim - 9:00 - 9:55 a.m. 10:00 am Lane Swim - 10:00 - 10:45 a.m. 10:00 am Family Swim - 10:00 - 10:45 a.m. (Main Pool Only) 10:00 am Joint Replacement Rehab (Therapy Fitness) - 10:00-10:45am 11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Therapy/Preschool Pool Only) 2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool) 3:00 pm Lane Swim - 3:00 - 3:45 p.m. 3:15 pm Parent and Tot Swims 3:15 - 4:00 p.m. 6:00 pm Aqua Fitness - 6:00-6:50pm 6:30 pm Crokinole - 6:30-9:00pm 7:30 pm Public Swim - 7:30 - 8:55 p.m. (Main Pool or Therapy/Preschool Pool) 8:00 pm Lane Swim - 8:00 - 8:45 p.m.	21 6:00 am Lane Swim - 6:00 - 6:55 a.m. 7:00 am Lane Swim - 7:00 - 7:55 a.m. 7:00 am Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool) 8:00 am Lane Swim - 8:00 - 8:45 a.m. 9:00 am Aqua Fitness - 9:00-9:50am 9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only) 10:00 am Aqua Fitness - 10:00-10:50am 11:00 am Lane Swim - 11:00 a.m. - 12:00 p.m. 11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only) 12:00 pm Aqua Fitness - 12:00-12:45pm 1:00 pm Diaper Fit - 1:00-1:30pm 1:30 pm Parkinson's Aquatic Therapy Fitness - 1:30-2:00pm 2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool) 3:00 pm Rehabilitation Swim - 3:00 - 4:00 p.m. (Therapy Pool) 3:00 pm Lane Swim - 3:00 - 3:45 p.m. 3:45 pm Lane Swim - 3:45 - 4:30 p.m. 8:00 pm Lane Swim - 8:00 - 8:45 p.m.	22 7:00 am Lane Swim - 7:00 - 7:55 a.m. 7:00 am Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool) 8:00 am Aqua Fitness - 8:00-8:45am 8:00 am Lane Swim - 8:00 - 8:45 a.m. 9:00 am Therapy Fitness - 9:00-9:50am 9:00 am Lane Swim - 9:00 - 9:55 a.m. 10:00 am Lane Swim - 10:00 - 10:45 a.m. 10:00 am Family Swim - 10:00 - 10:45 a.m. (Main Pool Only) 11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Therapy/Preschool Pool Only) 2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool) 3:00 pm Lane Swim - 3:00 - 3:45 p.m. 3:15 pm Parent and Tot Swims 3:15 - 4:00 p.m. 3:45 pm Lane Swim - 3:45 - 4:30 p.m. 7:00 pm Aqua Fitness - 7:00-7:50pm 8:00 pm Lane Swim - 8:00 - 8:45 p.m.	23 6:00 am Lane Swim - 6:00 - 6:55 a.m. 7:00 am Lane Swim - 7:00 - 7:55 a.m. 8:00 am Lane Swim - 8:00 - 8:45 a.m. 9:00 am Aqua Fitness - 9:00-9:50am 9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only) 10:00 am Family Swim - 10:00 - 11:00 a.m. (Therapy/Preschool Pool Only) 11:00 am Lane Swim - 11:00 a.m. - 12:00 p.m. 11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only) 12:00 pm Lane Swim - 12:00 - 12:45 p.m. 2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool) 3:00 pm Rehabilitation Swim - 3:00 - 4:00 p.m. (Therapy Pool) 3:00 pm Lane Swim - 3:00 - 4:00 p.m.	24

	8:00 pm Lane Swim - 8:00 - 8:45 p.m.					
25	<p>26</p> <p>6:00 am Lane Swim - 6:00 - 6:55 a.m.</p> <p>7:00 am Lane Swim - 7:00 - 7:55 a.m.</p> <p>8:00 am Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool)</p> <p>9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)</p> <p>11:00 am Lane Swim - 11:00 a.m. - 12:00 p.m.</p> <p>11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only)</p> <p>2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)</p> <p>3:00 pm Lane Swim - 3:00 - 3:45 p.m.</p> <p>3:00 pm Rehabilitation Swim - 3:00 - 4:30 p.m. (Therapy Pool)</p> <p>3:45 pm Lane Swim - 3:45 - 4:30 p.m.</p> <p>8:00 pm Lane Swim - 8:00 - 8:45 p.m.</p>	<p>27</p> <p>7:00 am Lane Swim - 7:00 - 7:55 a.m.</p> <p>7:00 am Rehabilitation Swim - 7:00 - 8:45 a.m. (Therapy Pool)</p> <p>8:00 am Lane Swim - 8:00 - 8:45 a.m.</p> <p>9:00 am Lane Swim - 9:00 - 9:55 a.m.</p> <p>10:00 am Lane Swim - 10:00 - 10:45 a.m.</p> <p>10:00 am Family Swim - 10:00 - 10:45 a.m. (Main Pool Only)</p> <p>11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Therapy/Preschool Pool Only)</p> <p>2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)</p> <p>3:00 pm Lane Swim - 3:00 - 3:45 p.m.</p> <p>3:15 pm Parent and Tot Swims 3:15 - 4:00 p.m.</p> <p>6:30 pm Crokinole - 6:30-9:00pm</p> <p>7:30 pm Public Swim - 7:30 - 8:55 p.m. (Main Pool or Therapy/Preschool Pool)</p> <p>8:00 pm Lane Swim - 8:00 - 8:45 p.m.</p>	<p>28</p> <p>6:00 am Lane Swim - 6:00 - 6:55 a.m.</p> <p>7:00 am Lane Swim - 7:00 - 7:55 a.m.</p> <p>7:00 am Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)</p> <p>8:00 am Lane Swim - 8:00 - 8:45 a.m.</p> <p>9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)</p> <p>11:00 am Lane Swim - 11:00 a.m. - 12:00 p.m.</p> <p>11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only)</p> <p>2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)</p> <p>3:00 pm Rehabilitation Swim - 3:00 - 4:00 p.m. (Therapy Pool)</p> <p>3:00 pm Lane Swim - 3:00 - 3:45 p.m.</p> <p>3:45 pm Lane Swim - 3:45 - 4:30 p.m.</p> <p>8:00 pm Lane Swim - 8:00 - 8:45 p.m.</p>	<p>29</p> <p>7:00 am Lane Swim - 7:00 - 7:55 a.m.</p> <p>7:00 am Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool)</p> <p>8:00 am Lane Swim - 8:00 - 8:45 a.m.</p> <p>9:00 am Lane Swim - 9:00 - 9:55 a.m.</p> <p>10:00 am Lane Swim - 10:00 - 10:45 a.m.</p> <p>10:00 am Family Swim - 10:00 - 10:45 a.m. (Main Pool Only)</p> <p>11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Therapy/Preschool Pool Only)</p> <p>2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)</p> <p>3:00 pm Lane Swim - 3:00 - 3:45 p.m.</p> <p>3:15 pm Parent and Tot Swims 3:15 - 4:00 p.m.</p> <p>3:45 pm Lane Swim - 3:45 - 4:30 p.m.</p> <p>8:00 pm Lane Swim - 8:00 - 8:45 p.m.</p>	<p>30</p> <p>6:00 am Lane Swim - 6:00 - 6:55 a.m.</p> <p>7:00 am Lane Swim - 7:00 - 7:55 a.m.</p> <p>7:30 am Lane Swim (Kinsmen) - 7:30 - 9:00 a.m.</p> <p>8:00 am Lane Swim - 8:00 - 8:45 a.m.</p> <p>9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)</p> <p>10:00 am Family Swim - 10:00 - 11:00 a.m. (Therapy/Preschool Pool Only)</p> <p>11:00 am Lane Swim - 11:00 a.m. - 12:00 p.m.</p> <p>11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only)</p> <p>12:00 pm Lane Swim - 12:00 - 12:45 p.m.</p> <p>12:00 pm Lane Swim (Kinsmen) - 12:00 - 1:30 p.m.</p> <p>1:30 pm Public Swim (Kinsmen) - 1:30 - 2:55 p.m.</p> <p>2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)</p> <p>3:00 pm Rehabilitation Swim - 3:00 - 4:00 p.m. (Therapy Pool)</p> <p>3:00 pm Lane Swim - 3:00 - 4:00 p.m.</p> <p>3:00 pm Public Swim (Kinsmen) - 3:00 - 4:25 p.m.</p> <p>4:30 pm Lane Swim (Kinsmen) - 4:30 - 5:30 p.m.</p> <p>5:30 pm Public Swim (Kinsmen) - 5:30 - 7:30 p.m.</p>	