



Generated May 10, 2025

June 2023

		1 7:00 am Lane Swim - 7:00 - 7:55 a.m.	2 6:00 am Lane Swim	3
			6:00 am Lane Swim	
		- 7.00 - 7.33 a.m.	- 6:00 - 6:55 a.m.	8:00 am Rehabilitation
		7:00 am Rehabilitation Swim	7:00 am Lane Swim - 7:00 - 7:55 a.m.	Swim - 8:00 - 9:00 a.m.
		- 7:00 - 8:00 a.m. (Therapy Pool)	8:00 am Lane Swim - 8:00 - 8:45 a.m.	(Therapy Pool)
		8:00 am Aqua		10:00 am
		Fitness - 8:00- 8:45am	8:45 am Pickleball - Advanced 8:45am- 10:30am	Family Gym/Open Gym - 10:00-
		8:00 am Lane Swim	9:00 am Aqua	11:45am
		- 8:00 - 8:45 a.m.	Fitness - 9:00-	12:00 pm
		8:45 am Pickleball - Intermediate	9:50am	Badminton - 12:00-1:45pm
		8:45am-10:30am	9:00 am Family Swim - 9:00 - 10:00	1:00 pm
		9:00 am Therapy Fitness - 9:00-	a.m. (Main Pool Only)	Public Swim 1:00 - 2:00
		9:50am	• •	p.m. (Main
		9:00 am Lane Swim	10:00 am Family Swim - 10:00 -	Pool/Therapy & Preschool
		- 9:00 - 9:55 a.m.	11:00 a.m.	Pool)
		10:00 am Lane	(Therapy/Preschool Pool Only)	1:00 pm Lane
		Swim - 10:00 - 10:45 a.m.	10:45 am Pickleball	Swim - 1:00
			- Intermediate	2:00 p.m.
		10:00 am Family Swim - 10:00 -	10:45am-12:30pm	2:00 pm Ope Gym -2:00-
		10:45 a.m. (Main	11:00 am Lane	3:45pm
		Pool Only)	Swim - 11:00 a.m 12:00 p.m.	2:15 pm Lane
		10:45 am Pickleball - Intermediate /	11:15 am Public	Swim - 2:15
		Advanced 10:45am-	Swim - 11:15 a.m	3:15 p.m.
		12:30pm	12:30 p.m. (Main	2:15 pm Public Swim
		11:15 am Public	Pool Only)	2:15 - 3:15
		Swim - 11:15 a.m 12:30 p.m.	12:00 pm Lane Swim - 12:00 -	p.m. (Main
		(Therapy/Preschool	12:45 p.m.	Pool/Therapy & Preschool
		Pool Only)	1:15 pm Pickleball -	Pool)
		1:15 pm Pickleball -	Beginner 1:15pm-	
		Beginner /Intermediate 1:15pm-3:00pm	3:00pm 2:00 pm Senior's	
		2:00 pm Senior's Swim - 2:00 - 3:00	Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)	

				p.m. (Main Pool or Therapy Pool) 3:00 pm Lane Swim - 3:00 - 3:45 p.m. 3:15 pm Parent and Tot Swims 3:15 - 4:00 p.m. 3:15 pm Open Gym - 3:15-5:00pm 3:45 pm Lane Swim - 3:45 - 4:30 p.m. 7:00 pm Aqua Fitness - 7:00- 7:50pm 7:30 pm Volleyball Recreation/Beginner 7:30-9:15pm 8:00 pm Lane Swim - 8:00 - 8:45 p.m.	3:00 pm Rehabilitation Swim - 3:00 - 4:00 p.m. (Therapy Pool) 3:00 pm Lane Swim - 3:00 - 4:00 p.m. 3:15 pm Open Gym - 3:15-5:00pm 5:15 pm Open Gym - 5:15-7:00pm 7:15 pm Recreation Pickleball 7:15- 9:00pm	
4	5	6	7	8	9	10
8:00 am Rehabilitation	6:00 am Lane Swim - 6:00 - 6:55 a.m.	7:00 am Lane Swim - 7:00 - 7:55 a.m.	6:00 am Lane Swim - 6:00 - 6:55 a.m.	7:00 am Lane Swim - 7:00 - 7:55 a.m.	6:00 am Lane Swim - 6:00 - 6:55 a.m.	8:00 am Rehabilitation

Swim - 8:00 - 9:00 a.m. (Therapy Pool) 8:00 am Lane Swim - 8:00 - 8:55 a.m. 9:00 am Lane Swim - 9:00 -	7:00 am Lane Swim - 7:00 - 7:55 a.m. 8:00 am Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool) 8:30 am Summer Program	7:00 am Rehabilitation Swim - 7:00 - 8:45 a.m. (Therapy Pool) 8:00 am Aqua Fitness - 8:00-8:45am 8:00 am Lane Swim - 8:00 - 8:45 a.m.	7:00 am Lane Swim - 7:00 - 7:55 a.m. 7:00 am Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool) 8:00 am Lane Swim - 8:00 - 8:45 a.m.	7:00 am Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool) 8:00 am Aqua Fitness - 8:00- 8:45am 8:00 am Lane Swim	7:00 am Lane Swim - 7:00 - 7:55 a.m. 8:00 am Lane Swim - 8:00 - 8:45 a.m. 8:45 am Pickleball - Advanced 8:45am- 10:30am	Swim - 8:00 - 9:00 a.m. (Therapy Pool) 10:00 am Family Gym/Open Gym - 10:00- 11:45am
8:55 a.m. 9:00 am Lane	- 8:00 - 9:00 a.m. (Therapy Pool) 8:30 am Summer Program Registration open for City Residents/Taxpayers at 8:30 a.m. 8:45 am Pickleball - Advanced 8:45am- 10:30am 9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only) 9:00 am Aqua Fitness - 9:00- 9:50am 10:00 am Aqua Fitness - 10:00- 10:50am 10:45 am Pickleball - Intermediate 10:45am-12:30pm 11:00 am Lane Swim - 11:00 a.m 12:00 p.m. 11:15 am Public Swim - 11:15 a.m 12:30 p.m. (Main Pool Only) 12:00 pm Deep Water Aqua Fitness - 12:00-12:45pm 1:00 pm Arthritis & Fibromyalgia Aqua Fitness - 1:00- 1:50pm 1:15 pm Pickleball - Beginner 1:15pm- 3:00pm 2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool) 3:00 pm Lane Swim - 3:00 - 3:45 p.m. 3:00 pm Rehabilitation Swim - 3:00 - 4:30 p.m. (Therapy Pool) 3:30 pm Family Gym/Open Gym -	- 8:00-8:45am 8:00 am Lane Swim -	- 7:00 - 8:00 a.m. (Therapy Pool) 8:00 am Lane Swim	Fitness - 8:00- 8:45am	8:45 am Pickleball - Advanced 8:45am-	Family Gym/Open Gym - 10:00-
	3:30-5:15pm 3:45 pm Lane Swim - 3:45 - 4:30 p.m.		Swim - 3:45 - 4:30 p.m.	Fitness - 7:00- 7:50pm		
	8:00 pm Lane Swim - 8:00 - 8:45 p.m.		5:00 pm Recreation Pickleball 5:00- 6:45pm	7:30 pm Volleyball Recreation/Beginner 7:30-9:15pm		
			7:00 pm Badminton - 7:00-8:45pm	8:00 pm Lane Swim - 8:00 - 8:45 p.m.		
			8:00 pm Lane			

			Swim - 8:00 - 8:45 p.m.			
11	12	13	14	15	16	17
8:00 am	6:00 am Lane Swim	7:00 am Lane Swim -	6:00 am Lane Swim	7:00 am Lane Swim	6:00 am Lane Swim	8:00 am
Rehabilitation	- 6:00 - 6:55 a.m.	7:00 - 7:55 a.m.	- 6:00 - 6:55 a.m.	- 7:00 - 7:55 a.m.	- 6:00 - 6:55 a.m.	Rehabilitation
Swim - 8:00 - 9:00 a.m.	7:00 am Lane Swim	7:00 am Rehabilitation	7:00 am Lane Swim	7:00 am	7:00 am Lane Swim	Swim - 8:00 - 9:00 a.m.
(Therapy Pool)	- 7:00 - 7:55 a.m.	Swim - 7:00 - 8:45 a.m. (Therapy Pool)	- 7:00 - 7:55 a.m.	Rehabilitation Swim - 7:00 - 8:00 a.m.	- 7:00 - 7:55 a.m.	(Therapy Pool)
8:00 am Lane Swim - 8:00 -	8:00 am Rehabilitation Swim	8:00 am Aqua Fitness	7:00 am Rehabilitation Swim	(Therapy Pool)	8:00 am Lane Swim - 8:00 - 8:45 a.m.	10:00 am
8:55 a.m.	- 8:00 - 9:00 a.m. (Therapy Pool)	- 8:00-8:45am	- 7:00 - 8:00 a.m. (Therapy Pool)	8:00 am Aqua Fitness - 8:00-	8:45 am Pickleball -	Family
9:00 am Family	8:45 am Pickleball -	8:00 am Lane Swim - 8:00 - 8:45 a.m.	8:00 am Lane Swim	8:45am	Advanced 8:45am- 10:30am	Gym/Open Gym - 10:00-
Swim - 9:00 - 10:15 a.m. (All	Advanced 8:45am-	9:00 am Therapy	- 8:00 - 8:45 a.m.	8:00 am Lane Swim	9:00 am Aqua	11:45am
Pools)	10:30am	Fitness - 9:00-9:50am	8:45 am Pickleball -	- 8:00 - 8:45 a.m.	Fitness - 9:00-	12:00 pm Badminton -
9:00 am Lane Swim - 9:00 -	9:00 am Family Swim - 9:00 - 10:00	9:00 am Lane Swim -	Intermediate / Advanced 8:45am-	8:45 am Pickleball - Intermediate	9:50am	12:00-1:45pm
10:00 a.m.	a.m. (Main Pool	9:00 - 9:55 a.m.	10:30am	8:45am-10:30am	9:00 am Family Swim - 9:00 - 10:00	1:00 pm
11:00 am Aqua	Only) 9:00 am Aqua	10:00 am Lane Swim - 10:00 - 10:45 a.m.	9:00 am Aqua Fitness - 9:00-	9:00 am Therapy Fitness - 9:00-	a.m. (Main Pool Only)	Public Swim - 1:00 - 2:00
Cross Training - 11:00-11:55am	Fitness - 9:00-	10:00 am Family	9:50am	9:50am	10:00 am Family	p.m. (Main
12:10 pm Aqua	9:50am	Swim - 10:00 - 10:45 a.m. (Main Pool Only)	9:00 am Family	9:00 am Lane Swim	Swim - 10:00 -	Pool/Therapy & Preschool
Mind & Body -	10:00 am Aqua Fitness - 10:00-	10:00 am Joint	Swim - 9:00 - 10:00 a.m. (Main	- 9:00 - 9:55 a.m.	11:00 a.m. (Therapy/Preschool	Pool)
12:10-12:55pm	10:50am	Replacement Rehab	Pool Only)	10:00 am Lane Swim - 10:00 -	Pool Only)	1:00 pm Lane Swim - 1:00 -
12:15 pm Family Gym/Open Gym -	10:45 am Pickleball - Intermediate	(Therapy Fitness) - 10:00-10:45am	10:00 am Aqua Fitness - 10:00-	10:45 a.m.	10:45 am Pickleball - Intermediate	2:00 p.m.
12:15 - 2:00pm	10:45am-12:30pm	11:15 am Public Swim	10:50am	10:00 am Family Swim - 10:00 -	10:45am-12:30pm	2:00 pm Open
1:00 pm Lane Swim - 1:00 -	11:00 am Lane	- 11:15 a.m 12:30 p.m.	11:00 am Lane	10:45 a.m. (Main	11:00 am Lane	Gym -2:00- 3:45pm
2:00 p.m.	Swim - 11:00 a.m 12:00 p.m.	(Therapy/Preschool	Swim - 11:00 a.m. - 12:00 p.m.	Pool Only)	Swim - 11:00 a.m 12:00 p.m.	2:15 pm Lane
1:00 pm Public Swim - 1:00 -	11:15 am Public	Pool Only)	11:15 am Public	10:45 am Pickleball - Intermediate /	11:15 am Public	Swim - 2:15 - 3:15 p.m.
2:00 p.m. (Main	Swim - 11:15 a.m 12:30 p.m. (Main	1:15 pm Pickleball - Beginner 1:15pm-	Swim - 11:15 a.m. - 12:30 p.m. (Main	Advanced 10:45am- 12:30pm	Swim - 11:15 a.m 12:30 p.m. (Main	2:15 pm
Pool/Therapy & Preschool Pool)	Pool Only)	3:00pm	Pool Only)	11:15 am Public	Pool Only)	Public Swim -
2:15 pm Public	12:00 pm Deep	2:00 pm Senior's Swim - 2:00 - 3:00	12:00 pm Aqua	Swim - 11:15 a.m	12:00 pm Lane	2:15 - 3:15 p.m. (Main
Swim - 2:15 - 3:15 p.m. (Main	Water Aqua Fitness - 12:00-12:45pm	p.m. (Main Pool or	Fitness - 12:00- 12:45pm	12:30 p.m. (Therapy/Preschool	Swim - 12:00 - 12:45 p.m.	Pool/Therapy & Preschool
Pool/Therapy &	1:00 pm Arthritis &	Therapy Pool)	1:00 pm Diaper Fit	Pool Only)	1:15 pm Pickleball -	Pool)
Preschool Pool)	Fibromyalgia Aqua Fitness - 1:00-	3:00 pm Lane Swim - 3:00 - 3:45 p.m.	- 1:00-1:30pm	1:15 pm Pickleball - Beginner	Beginner 1:15pm- 3:00pm	
2:15 pm Lane Swim - 2:15 -	1:50pm	3:15 pm Parent and	1:15 pm Pickleball - Advanced 1:15pm-	/Intermediate	2:00 pm Senior's	
3:15 p.m.	1:15 pm Pickleball - Beginner 1:15pm-	Tot Swims 3:15 - 4:00 p.m.	3:00pm	1:15pm-3:00pm 2:00 pm Senior's	Swim - 2:00 - 3:00 p.m. (Main Pool or	
2:15 pm Recreation	3:00pm	3:30 pm Open Gym -	1:30 pm Parkinson's Aquatic	Swim - 2:00 - 3:00	Therapy Pool)	
Pickleball - 2:15-	2:00 pm Senior's	3:30-5:15pm	Therapy Fitness -	p.m. (Main Pool or Therapy Pool)	3:00 pm	
4:00pm 4:15 pm Open	Swim - 2:00 - 3:00 p.m. (Main Pool or	6:00 pm Aqua Fitness - 6:00-6:50pm	1:30-2:00pm	3:00 pm Lane Swim	Rehabilitation Swim - 3:00 - 4:00 p.m.	
Gym - 4:15-	Therapy Pool)	6:30 pm Crokinole -	2:00 pm Senior's Swim - 2:00 - 3:00	- 3:00 - 3:45 p.m.	(Therapy Pool)	
6:00pm	3:00 pm Lane Swim - 3:00 - 3:45 p.m.	6:30-9:00pm	p.m. (Main Pool or Therapy Pool)	3:15 pm Parent and Tot Swims 3:15 -	3:00 pm Lane Swim - 3:00 - 4:00 p.m.	
6:30 pm Basketball 6:30-	3:00 pm	7:30 pm Table Tennis - 7:30-9:15pm	3:00 pm	4:00 p.m.	3:15 pm Open Gym	
8:15pm	Rehabilitation Swim - 3:00 - 4:30 p.m.	7:30 pm Volleyball	Rehabilitation Swim - 3:00 - 4:00 p.m.	3:15 pm Open Gym - 3:15-5:00pm	- 3:15-5:00pm	
	(Therapy Pool)	Intermediate/Advanced 7:30-9:15pm	(Therapy Pool)	3:45 pm Lane Swim	5:15 pm Open Gym - 5:15-7:00pm	
	3:30 pm Family	7:30 pm Public Swim	3:00 pm Lane	- 3:45 - 4:30 p.m.	7:15 pm Recreation	
	Gym/Open Gym - 3:30-5:15pm	- 7:30 - 8:55 p.m.	Swim - 3:00 - 3:45 p.m.	7:00 pm Aqua Fitness - 7:00-	Pickleball 7:15- 9:00pm	
	3:45 pm Lane Swim	(Main Pool or Therapy/Preschool	3:30 pm Child and	7:50pm	7.00pm	
	- 3:45 - 4:30 p.m.	Pool)	Youth Basketball - 3:30-4:45pm (10-17	7:30 pm Volleyball		
	8:00 pm Lane Swim - 8:00 - 8:45 p.m.	8:00 pm Lane Swim - 8:00 - 8:45 p.m.	years)	Recreation/Beginner 7:30-9:15pm		
		•	3:45 pm Lane Swim - 3:45 - 4:30	8:00 pm Lane Swim		
			p.m.	- 8:00 - 8:45 p.m.		
			5:00 pm Recreation			

			Pickleball 5:00- 6:45pm			
			7:00 pm Badminton - 7:00-8:45pm			
			8:00 pm Lane Swim - 8:00 - 8:45 p.m.			
18	19	20	21	22	23	24
8:00 am Rehabilitation Swim - 8:00 -	6:00 am Lane Swim - 6:00 - 6:55 a.m.	7:00 am Lane Swim - 7:00 - 7:55 a.m.	6:00 am Lane Swim - 6:00 - 6:55 a.m.	7:00 am Lane Swim - 7:00 - 7:55 a.m.	6:00 am Lane Swim - 6:00 - 6:55 a.m.	
9:00 a.m. (Therapy Pool)	7:00 am Lane Swim - 7:00 - 7:55 a.m.	7:00 am Rehabilitation Swim - 7:00 - 8:45 a.m. (Therapy Pool)	7:00 am Lane Swim - 7:00 - 7:55 a.m.	7:00 am Rehabilitation Swim - 7:00 - 8:00 a.m.	7:00 am Lane Swim - 7:00 - 7:55 a.m.	
8:00 am Lane Swim - 8:00 - 8:55 a.m. 9:00 am Lane Swim - 9:00 -	8:00 am Rehabilitation Swim - 8:00 - 9:00 a.m. (Therapy Pool) 8:45 am Pickleball -	8:00 am Aqua Fitness - 8:00-8:45am 8:00 am Lane Swim - 8:00 - 8:45 a.m.	7:00 am Rehabilitation Swim - 7:00 - 8:00 a.m. (Therapy Pool) 8:00 am Lane Swim	(Therapy Pool) 8:00 am Aqua Fitness - 8:00- 8:45am	8:00 am Lane Swim - 8:00 - 8:45 a.m. 9:00 am Aqua Fitness - 9:00- 9:50am	
10:00 a.m. 9:00 am Family Swim - 9:00 -	Advanced 8:45am- 10:30am 9:00 am Family	9:00 am Therapy Fitness - 9:00-9:50am 9:00 am Lane Swim -	- 8:00 - 8:45 a.m. 9:00 am Aqua Fitness - 9:00-	8:00 am Lane Swim - 8:00 - 8:45 a.m. 9:00 am Therapy	9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool	
10:15 a.m. (All Pools) 11:00 am Aqua Cross Training - 11:00-11:55am	Swim - 9:00 - 10:00 a.m. (Main Pool Only) 9:00 am Aqua Fitness - 9:00-	9:00 - 9:55 a.m. 10:00 am Lane Swim - 10:00 - 10:45 a.m. 10:00 am Family	9:50am 9:00 am Family Swim - 9:00 - 10:00 a.m. (Main Pool Only)	Fitness - 9:00- 9:50am 9:00 am Lane Swim - 9:00 - 9:55 a.m. 10:00 am Lane	Only) 10:00 am Family Swim - 10:00 - 11:00 a.m. (Therapy/Preschool	
12:10 pm Aqua Mind & Body - 12:10-12:55pm	9:50am 10:00 am Aqua Fitness - 10:00- 10:50am	Swim - 10:00 - 10:45 a.m. (Main Pool Only) 10:00 am Joint	10:00 am Aqua Fitness - 10:00- 10:50am	Swim - 10:00 - 10:45 a.m. 10:00 am Family	Pool Only) 11:00 am Lane Swim - 11:00 a.m 12:00 p.m.	
12:15 pm Family Gym/Open Gym - 12:15 - 2:00pm	10:30am 10:45 am Pickleball - Intermediate 10:45am-12:30pm	Replacement Rehab (Therapy Fitness) - 10:00-10:45am 11:15 am Public Swim	11:00 am Lane Swim - 11:00 a.m. - 12:00 p.m.	Swim - 10:00 - 10:45 a.m. (Main Pool Only)	11:15 am Public Swim - 11:15 a.m 12:30 p.m. (Main	
1:00 pm Lane Swim - 1:00 - 2:00 p.m.	11:00 am Lane Swim - 11:00 a.m 12:00 p.m.	- 11:15 a.m 12:30 p.m. (Therapy/Preschool	11:15 am Public Swim - 11:15 a.m. - 12:30 p.m. (Main Pool Only)	11:15 am Public Swim - 11:15 a.m 12:30 p.m. (Therapy/Preschool	Pool Only) 12:00 pm Lane Swim - 12:00 -	
1:00 pm Public Swim - 1:00 - 2:00 p.m. (Main Pool/Therapy & Preschool Pool)	11:15 am Public Swim - 11:15 a.m 12:30 p.m. (Main Pool Only)	Pool Only) 2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)	12:00 pm Aqua Fitness - 12:00- 12:45pm 1:00 pm Diaper Fit - 1:00-1:30pm	Pool Only) 2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)	12:45 p.m. 2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or Therapy Pool)	
2:15 pm Public Swim - 2:15 - 3:15 p.m. (Main Pool/Therapy & Preschool Pool)	12:00 pm Deep Water Aqua Fitness - 12:00-12:45pm 1:00 pm Arthritis &	3:00 pm Lane Swim - 3:00 - 3:45 p.m. 3:15 pm Parent and Tot Swims 3:15 - 4:00	1:30 pm Parkinson's Aquatic Therapy Fitness -	3:00 pm Lane Swim - 3:00 - 3:45 p.m. 3:15 pm Parent and	3:00 pm Rehabilitation Swim - 3:00 - 4:00 p.m. (Therapy Pool)	
2:15 pm Lane Swim - 2:15 - 3:15 p.m.	Fibromyalgia Aqua Fitness - 1:00- 1:50pm 1:15 pm Pickleball -	p.m. 6:00 pm Aqua Fitness - 6:00-6:50pm	1:30-2:00pm 2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or	Tot Swims 3:15 - 4:00 p.m. 3:45 pm Lane Swim - 3:45 - 4:30 p.m.	3:00 pm Lane Swim - 3:00 - 4:00 p.m.	
4:15 pm Open Gym - 4:15- 6:00pm 6:30 pm	Beginner 1:15pm- 3:00pm 2:00 pm Senior's Swim - 2:00 - 3:00 p.m. (Main Pool or	6:30 pm Crokinole - 6:30-9:00pm 7:30 pm Public Swim - 7:30 - 8:55 p.m.	Therapy Pool) 3:00 pm Rehabilitation Swim - 3:00 - 4:00 p.m. (Therapy Pool)	7:00 pm Aqua Fitness - 7:00- 7:50pm 8:00 pm Lane Swim		
Basketball 6:30- 8:15pm	Therapy Pool) 3:00 pm Lane Swim - 3:00 - 3:45 p.m.	(Main Pool or Therapy/Preschool Pool) 8:00 pm Lane Swim -	3:00 pm Lane Swim - 3:00 - 3:45 p.m.	- 8:00 - 8:45 p.m.		
	3:00 pm Rehabilitation Swim - 3:00 - 4:30 p.m. (Therapy Pool)	8:00 - 8:45 p.m.	3:45 pm Lane Swim - 3:45 - 4:30 p.m.			
	3:30 pm Family Gym/Open Gym - 3:30-5:15pm		8:00 pm Lane Swim - 8:00 - 8:45 p.m.			
	3:45 pm Lane Swim - 3:45 - 4:30 p.m.					

25 26 6.00 m Lane Swim -6.00 -6.55 a.m. 7,00 am Lane Swim -7.00 -7.55 a.m. 7,00 am Rehabilitation Swim -8.00 -9.04 am Family Swim -9.00 -19.00 am Family Swim -9.00 -19.00 am Family Swim -9.00 -9.55 a.m. 10.00 -10.45 a.m. (Therapy Peod) Goly) 11.00 am Lane Swim -9.00 -9.55 a.m. 10.00 -10.45 a.m. (Insteady Peod) 11.15 am Peblic Swim -11.15 am -12.20 p.m. (Main Peod Only) 11.15 am Peblic Swim -11.15 am -12.30 p.m. (Main Peod Only) 2.00 pm Semior's Swim -2.00 -3.00 pm Lane Swim -3.00 -3.45 p.m. 3.00 pm Lane Swim -7.30 pm Lane Swim -7
5:30 p.m.