



## Thursday, January 2, 2025

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### Lane Swim

Date and Time: Thursday, January 2 7:00 am - 8:00 am

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Rehabilitation Swim

Date and Time: Thursday, January 2 7:30 am - 8:30 am

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

This swim is run in our Therapy Pool where the water temperature is kept at 90 degrees. This therapeutic swim will allow you to work on rehabilitation, mobility, stretching and strengthening.

### Lane Swim

Date and Time: Thursday, January 2 8:00 am - 8:55 am

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Winter Wonderland Camp (Grades JK -2)

Date and Time: Thursday, January 2 8:00 am - 5:00 pm

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Campers will have a full day of crafts, games, sports and swimming. Please bring a swim suit, towel, running shoes and wear clothes to be active in and lunch and snacks. Campers may go outside to play at STSS Field or Riverside Park so please also wear temperature/weather appropriate outdoor clothing just in case. Campers should bring the following items to camp each day. -Snacks, lunch and water bottle -Swim suit and towel -Wear clothes they can be active in as well as running shoes -Bring warm clothes to go outside and play (weather permitting) Note: If your child requires a one-on-one support at school they will require a one-on-one support at camp. Please fill out the Accessibility Accommodation Plan form and Accessibility Volunteer Application form on our website. Call 613-966-4632 for details.

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

## Winter Wonderland Camp (Grades 3 -8)

Date and Time: Thursday, January 2 8:00 am - 5:00 pm

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Campers will have a full day of crafts, games, sports and swimming. Please bring a swim suit, towel, running shoes and wear clothes to be active in and lunch and snacks. Campers may go outside to play at STSS Field or Riverside Park so please also wear temperature/weather appropriate outdoor clothing just in case. Campers should bring the following items to camp each day. -Snacks, lunch and water bottle -Swim suit and towel -Wear clothes they can be active in as well as running shoes -Bring warm clothes to go outside and play (weather permitting) Note: If your child requires a one-on-one support at school they will require a one-on-one support at camp. Please fill out the Accessibility Accommodation Plan form and Accessibility Volunteer Application form on our website. Call 613-966-4632 for details.

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

## Lane Swim (1/2 pool)

Date and Time: Thursday, January 2 9:00 am - 10:00 am

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Family Swim (All Pools)

Date and Time: Thursday, January 2 9:00 am - 10:15 am

Address: 265 Cannifton Road, Belleville, ON

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

This swim is held in both pools. All children under 16 must be accompanied by an adult who will remain in the pool with them.

## Lane Swim (1/2 pool)

Date and Time: Thursday, January 2 10:00 am - 11:00 am

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Lane Swim (1/2 pool)

Date and Time: Thursday, January 2 10:00 am - 11:00 am

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Senior Shinny (50+)

Date and Time: Thursday, January 2 10:30 am - 11:20 am

Address: 265 Cannifton Road, Belleville, ON

This is a drop-in program for seniors (age 50+) who wish to participate in shinny hockey. Please bring a light and dark coloured jersey.

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Adult & Senior Shinny Code of Conduct:

- CSA approved helmets are MANDATORY
- Full hockey equipment is recommended
- All levels of hockey are welcome in this recreational program
- Body checking is not permitted
- Lifting or slap shots are not permitted
- Respect fellow players
- Fair and even shift play is required

## Public Swim (All Pools)

Date and Time: Thursday, January 2 10:30 am - 11:45 am

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately (unless specified). This is an open swim time with limited equipment.

For a hard copy, visit the customer service desk or [download the digital pdf](#).

## Lane Swim (1/2 pool)

Date and Time: Thursday, January 2 11:00 am - 12:00 pm

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Family Skating (helmets mandatory for all participants)

Date and Time: Thursday, January 2 11:30 am - 12:20 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

This is a drop-in recreational skating program for those who wish to practice their skating skills on a less busy ice surface. All skaters must follow the "Public Skating Code of Conduct". (Maximum of 50 skaters will be permitted). Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

CSA Approved helmets are MANDATORY for all family skate participants.

CSA Approved Skate aids will be permitted

## Family/Open Gym

Date and Time: Thursday, January 2 12:00 pm - 1:45 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

## Adult Shiny

Date and Time: Thursday, January 2 12:00 pm - 12:50 pm

Address: 265 Cannifton Road, Belleville, ON

This is a drop-in program for those who wish to participate in shinny hockey. Please bring a light and dark colored jersey.

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Adult & Senior Shinny Code of Conduct:

- CSA approved helmets are MANDATORY
- Full hockey equipment is recommended
- All levels of hockey are welcome in this recreational program
- Body checking is not permitted
- Lifting or slap shots are not permitted
- Respect fellow players
- Fair and even shift play is required

## Friday, January 3, 2025

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### Lane Swim

Date and Time: Friday, January 3 7:00 am - 8:00 am

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Rehabilitation Swim

Date and Time: Friday, January 3 7:30 am - 8:30 am

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

This swim is run in our Therapy Pool where the water temperature is kept at 90 degrees. This therapeutic swim will allow you to work on rehabilitation, mobility, stretching and strengthening.

### Lane Swim

Date and Time: Friday, January 3 8:00 am - 8:55 am

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Lane Swim

Date and Time: Friday, January 3 8:00 am - 8:45 am

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Winter Wonderland Camp (Grades 3 -8)

Date and Time: Friday, January 3 8:00 am - 5:00 pm

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Campers will have a full day of crafts, games, sports and swimming. Please bring a swim suit, towel, running shoes and wear clothes to be active in and lunch and snacks. Campers may go outside to play at STSS Field or Riverside Park so please also wear temperature/weather appropriate outdoor clothing just in case. Campers should bring the following items to camp each day. -Snacks, lunch and water bottle -Swim suit and towel -Wear clothes they can be active in as well as running shoes -Bring warm clothes to go outside and play (weather permitting) Note: If your child requires a one-on-one support at school they will require a one-on-one support at camp. Please fill out the Accessibility Accommodation Plan form and Accessibility Volunteer Application form on our website. Call 613-966-4632 for details.

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

## Winter Wonderland Camp (Grades JK -2)

Date and Time: Friday, January 3 8:00 am - 5:00 pm

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Campers will have a full day of crafts, games, sports and swimming. Please bring a swim suit, towel, running shoes and wear clothes to be active in and lunch and snacks. Campers may go outside to play at STSS Field or Riverside Park so please also wear temperature/weather appropriate outdoor clothing just in case. Campers should bring the following items to camp each day. -Snacks, lunch and water bottle -Swim suit and towel -Wear clothes they can be active in as well as running shoes -Bring warm clothes to go outside and play (weather permitting) Note: If your child requires a one-on-one support at school they will require a one-on-one support at camp. Please fill out the Accessibility Accommodation Plan form and Accessibility Volunteer Application form on our website. Call 613-966-4632 for details.

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

## Family Swim (All Pools)

Date and Time: Friday, January 3 9:00 am - 10:15 am

Address: 265 Cannifton Road, Belleville, ON

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

This swim is held in both pools. All children under 16 must be accompanied by an adult who will remain in the pool with them.

### **Lane Swim (1/2 pool)**

Date and Time: Friday, January 3 9:00 am - 10:00 am

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Lane Swim (1/2 pool)**

Date and Time: Friday, January 3 10:00 am - 11:00 am

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### **Public Swim (All Pools)**

Date and Time: Friday, January 3 10:30 am - 11:45 am

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately (unless specified). This is an open swim time with limited equipment.

For a hard copy, visit the customer service desk or [download the digital pdf.](#)

### **Lane Swim (1/2 pool)**

Date and Time: Friday, January 3 11:00 am - 12:00 pm

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Family/Open Gym

Date and Time: Friday, January 3 12:00 pm - 1:45 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

## Pickleball (Recreational)

Date and Time: Friday, January 3 2:00 pm - 3:45 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Recreation Pickleball – This time slot is dedicated for all levels of players. Pickleball is an extremely popular sport that combines elements of tennis, badminton, and table tennis. It is played on a court with a hard paddle and a whiffle ball where the goal of the game is to hit the ball back and forth until someone makes a mistake and points are received.

PLEASE NOTE: This is recreation pickleball and all players are to be respectful to one another, making the game enjoyable for everyone.

Pre-registration is required [online](#) or call 613-966-4632.

## Senior's Swim (All Pools)

Date and Time: Friday, January 3 2:00 pm - 3:00 pm

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

This swim is run in the Main Pool and in the Therapy Pool (unless specified). For ages 50+. Please book based on the pool you will be swimming in.

## Rehabilitation Swim

Date and Time: Friday, January 3 3:00 pm - 4:00 pm

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)



This swim is run in our Therapy Pool where the water temperature is kept at 90 degrees. This therapeutic swim will allow you to work on rehabilitation, mobility, stretching and strengthening.

## Saturday, January 4, 2025

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### Family/Open Gym

Date and Time: Saturday, January 4 10:00 am - 11:45 am

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

### Lane Swim

Date and Time: Saturday, January 4 11:15 am - 12:15 pm

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

### Family/Open Gym

Date and Time: Saturday, January 4 12:00 pm - 1:45 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity. The gym will be split into a family friendly side and an open gym side. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

### Lane Swim (1/2 pool)

Date and Time: Saturday, January 4 12:30 pm - 1:30 pm

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Public Swim (All Pools)

Date and Time: Saturday, January 4 12:30 pm - 1:45 pm

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately (unless specified). This is an open swim time with limited equipment.

For a hard copy, visit the customer service desk or [download the digital pdf.](#)

## Public Swim (All Pools)

Date and Time: Saturday, January 4 2:00 pm - 3:15 pm

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately (unless specified). This is an open swim time with limited equipment.

For a hard copy, visit the customer service desk or [download the digital pdf.](#)

## Lane Swim (1/2 pool)

Date and Time: Saturday, January 4 2:00 pm - 3:00 pm

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Sunday, January 5, 2025

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### Family/Open Gym

Date and Time: Sunday, January 5 10:00 am - 11:45 am

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity.

Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

## Family/Open Gym

Date and Time: Sunday, January 5 12:00 pm - 1:45 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity. The gym will be split into a family friendly side and an open gym side. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

## Public Swim (All Pools)

Date and Time: Sunday, January 5 12:30 pm - 1:45 pm

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately (unless specified). This is an open swim time with limited equipment.

For a hard copy, visit the customer service desk or [download the digital pdf.](#)

## Public Swim (All Pools)

Date and Time: Sunday, January 5 2:00 pm - 3:15 pm

Address: 265 Cannifton Road, Belleville ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

Public Swim - all three pools are open but the main pool and therapy/preschool pool must be registered for separately (unless specified). This is an open swim time with limited equipment.

For a hard copy, visit the customer service desk or [download the digital pdf.](#)

## Lane Swim (1/2 pool)

Date and Time: Sunday, January 5 2:00 pm - 3:00 pm

Address: 265 Cannifton Rd., Belleville, ON K8N 4V8

Pre-registration is required [online](#) or call 613-966-4632. [Check out all of the available dates/times.](#)

The number of lane swims may vary depending on other programs. Lanes are shared with up to 4 people per lane.

## Monday, January 6, 2025

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### Family/Open Gym

Date and Time: Monday, January 6 10:45 am - 12:30 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

### Pickleball (Recreational)

Date and Time: Monday, January 6 1:15 pm - 3:00 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Recreation Pickleball – This time slot is dedicated for all levels of players. Pickleball is an extremely popular sport that combines elements of tennis, badminton, and table tennis. It is played on a court with a hard paddle and a whiffle ball where the goal of the game is to hit the ball back and forth until someone makes a mistake and points are received.

PLEASE NOTE: This is recreation pickleball and all players are to be respectful to one another, making the game enjoyable for everyone.

Pre-registration is required [online](#) or call 613-966-4632.

### Open Gym

Date and Time: Monday, January 6 3:15 pm - 5:00 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Open Gym is a time where participants of all ages can come to use the space for physical activity. The gym will be split into a family friendly side and an open gym side. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

## Tuesday, January 7, 2025

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## Family/Open Gym

Date and Time: Tuesday, January 7 10:45 am - 12:30 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

## Pickleball (Recreational)

Date and Time: Tuesday, January 7 1:15 pm - 3:00 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Recreation Pickleball – This time slot is dedicated for all levels of players. Pickleball is an extremely popular sport that combines elements of tennis, badminton, and table tennis. It is played on a court with a hard paddle and a whiffle ball where the goal of the game is to hit the ball back and forth until someone makes a mistake and points are received.

PLEASE NOTE: This is recreation pickleball and all players are to be respectful to one another, making the game enjoyable for everyone.

Pre-registration is required [online](#) or call 613-966-4632.

## Open Gym

Date and Time: Tuesday, January 7 3:15 pm - 5:00 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Open Gym is a time where participants of all ages can come to use the space for physical activity. The gym will be split into a family friendly side and an open gym side. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

## Wednesday, January 8, 2025

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## Family/Open Gym

Date and Time: Wednesday, January 8 10:45 am - 12:30 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

## Pickleball (Recreational)

Date and Time: Wednesday, January 8 1:15 pm - 3:00 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Recreation Pickleball – This time slot is dedicated for all levels of players. Pickleball is an extremely popular sport that combines elements of tennis, badminton, and table tennis. It is played on a court with a hard paddle and a whiffle ball where the goal of the game is to hit the ball back and forth until someone makes a mistake and points are received.

PLEASE NOTE: This is recreation pickleball and all players are to be respectful to one another, making the game enjoyable for everyone.

Pre-registration is required [online](#) or call 613-966-4632.

## Open Gym

Date and Time: Wednesday, January 8 3:15 pm - 5:00 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Open Gym is a time where participants of all ages can come to use the space for physical activity. The gym will be split into a family friendly side and an open gym side. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

## Thursday, January 9, 2025

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### Family/Open Gym

Date and Time: Thursday, January 9 10:45 am - 12:30 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

## Pickleball (Recreational)

Date and Time: Thursday, January 9 1:15 pm - 3:00 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Recreation Pickleball – This time slot is dedicated for all levels of players. Pickleball is an extremely popular sport that combines elements of tennis, badminton, and table tennis. It is played on a court with a hard paddle and a whiffle ball where the goal of the game is to hit the ball back and forth until someone makes a mistake and points are received.

PLEASE NOTE: This is recreation pickleball and all players are to be respectful to one another, making the game enjoyable for everyone.

Pre-registration is required [online](#) or call 613-966-4632.

## Open Gym

Date and Time: Thursday, January 9 3:15 pm - 5:00 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Open Gym is a time where participants of all ages can come to use the space for physical activity. The gym will be split into a family friendly side and an open gym side. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

## Friday, January 10, 2025

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### Family/Open Gym

Date and Time: Friday, January 10 10:45 am - 12:30 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

## Pickleball (Recreational)

Date and Time: Friday, January 10 1:15 pm - 3:00 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Recreation Pickleball – This time slot is dedicated for all levels of players. Pickleball is an extremely popular sport

port that combines elements of tennis, badminton, and table tennis. It is played on a court with a hard paddle and a whiffle ball where the goal of the game is to hit the ball back and forth until someone makes a mistake and points are received.

PLEASE NOTE: This is recreation pickleball and all players are to be respectful to one another, making the game enjoyable for everyone.

Pre-registration is required [online](#) or call 613-966-4632.

## Open Gym

Date and Time: Friday, January 10 3:15 pm - 5:00 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Open Gym is a time where participants of all ages can come to use the space for physical activity. The gym will be split into a family friendly side and an open gym side. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

## Belleville Senators vs. Wilkes-Barre/Scranton Penguins

Date and Time: Friday, January 10 7:00 pm - 10:00 pm

Address: 265 Cannifton Road, Belleville, ON

Belleville Senators vs. Wilkes-Barre/Scranton Penguins @ CAA Arena

## Saturday, January 11, 2025

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### Family/Open Gym

Date and Time: Saturday, January 11 10:00 am - 11:45 am

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

### Family/Open Gym

Date and Time: Saturday, January 11 12:00 pm - 1:45 pm



Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity. The gym will be split into a family friendly side and an open gym side. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

## Sunday, January 12, 2025

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### Family/Open Gym

Date and Time: Sunday, January 12 10:00 am - 11:45 am

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

### Family/Open Gym

Date and Time: Sunday, January 12 12:00 pm - 1:45 pm

Address: 265 Cannifton Road, Belleville, ON K8N 4V8

Family Gym / Open Gym is a time where participants of all ages can come to use the space for physical activity. The gym will be split into a family friendly side and an open gym side. Equipment will be available for participants to use such as basketballs, volleyballs, and floorball equipment (no nets allowed). Access to equipment may be limited based on the number of registrations.

Pre-registration is required [online](#) or call 613-966-4632.

### Belleville Senators vs. Wilkes-Barre/Scranton Penguins

Date and Time: Sunday, January 12 3:00 pm - 6:00 pm

Address: 265 Cannifton Road, Belleville, ON

Belleville Senators vs. Wilkes-Barre/Scranton Penguins @ CAA Arena

## Friday, January 24, 2025

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## **Belleville Senators vs. Hershey Bears**

Date and Time: Friday, January 24 7:00 pm - 10:00 pm

Address: 265 Cannifton Road, Belleville, ON

Belleville Senators vs. Hersey Bears @ CAA Arena

## **Saturday, January 25, 2025**

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### **Belleville Senators vs. Hershey Bears**

Date and Time: Saturday, January 25 7:00 pm - 10:00 pm

Address: 265 Cannifton Road, Belleville, ON

Belleville Senators vs. Hersey Bears @ CAA Arena

## **Wednesday, January 29, 2025**

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### **Belleville Senators vs. Hartford Wolf Pack**

Date and Time: Wednesday, January 29 7:00 pm - 10:00 pm

Address: 265 Cannifton Road, Belleville, ON

Belleville Senators vs. Hartford Wolf Pack

<https://calendar.quintesportsandwellnesscentre.ca>